



KES COLLEGE'S RESPONSE TO EXTERNAL EVALUATION COMMITTEE'S REPORT
IN REGARDS TO THE PROGRAMME OF STUDY

**“Beauty Therapy And Beauty Therapy Units Management (4
Years/240 ECTS, BSc)”**

April 2019

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Response of KES College to External Evaluation Committee's Report

1. INTRODUCTION

1.1 *The staff peer-review is coordinated by the Education Officer (who must be a PhD holder) and there is currently a vacancy for this post (page 5).*

Actions taken by KES college

The College informs the CY.Q.A.A that it has already proceeded to the appointment of an Education Officer holding a PhD in Education who has officially undertake her duties and responsibilities since February 1, 2019.

1.2. *The 200.1 was written in English and in sufficient detail. However, there have been some minor translation errors on the document (from Greek to English) which were pointed out by the EEC (page 6).*

Actions taken by KES college

All the errors that have been pointed out by EEC in the English translation of the Application have been corrected.

2. FINDINGS OF THE EXTERNAL EVALUATION COMMITTEE

ORGANIZATION OF TEACHING WORK

2.1. *The EEC noticed that the teaching hours were only in the morning and students did not have classes in the afternoon. The student rep (part of the ECC) pointed out that this is not aligned with BSc teaching hours at the University of Cyprus where students attend morning and afternoon. The EEC can confirm that this is not aligned with BSc standards at an international level either (page 6).*

Actions taken by KES college

The College organizes morning and/or afternoon classes. Therefore, the teaching time of the courses of each Program may be either in the morning or in the afternoon. Also, provision is made to offer the courses of each group on specific days of the week so as to be more convenient for students who may wish to study on a part-time basis.

TEACHING

2.2. *It was clarified that the Chemistry, Physics, Cosmetology modules do not include lab classes where students conduct experiments and collect data; instead, there are demonstrations of selected experiments by the teaching staff.*

The EEC would like to suggest that science modules such as Chemistry, Physics, Cosmetology are accompanied by few simple practical classes where the students can collect data. Eg. pH titrations, formulation of emulsions, preparation of creams (semisolid emulsions) etc, considering that KES College has suitable science labs (page 7).

Actions taken by KES college

Based on the recommendation of the EEC, the Department of Curriculum Design in collaboration with the Program of Study Coordinator proceeded to the review of the content of the curricula of the courses "CHEM 103 / Principles of Chemistry", "PHYS 101 / Principles of Physics" and "CHEM 105 / Cosmetology" by adding laboratory content related to simple practical activities.

In Annex "1", the curricula of the Program's courses are presented. Please see the additions made as they listed in the curricula of the above courses. Additions are indicated in yellow highlighted colour.

In Annex 2 the newly modified structure of the program is presented, which it mainly concerns the change of course codes where those were made.

- 2.3. *The EEC recommended that the "Thesis" module on the 4th year of studies should be revised to include Practical on the Course Type, so as to be aligned with the BSc level requirement for a final year research project module (page 7).*

Actions taken by KES college

The Department of Curriculum Design in collaboration with the Coordinator of the Program has proceeded to the necessary changes in the curriculum of the course "PROJ409 /Thesis" after the establishment of the EEC and the Practical part has been included in the course type.

Please see "Annex 1" for the additions made as they listed in the curricula of the above courses. Additions are indicated in yellow highlighted colour.

TEACHING PERSONNEL

- 2.4. *The EEC has been informed that staff who teach at HE institutions must have at least one qualification higher than the one they teach. Based on this law, the EEC noticed that 4 of the staff are educated only at BSc level and therefore they are not qualified to teach at the same (BSc) level (page 7).*

KES College's position

Based on the "Higher Education Institutions Law 1996 to 2013" Article 16 (2): "The teaching personnel of each private school, by a percentage of not less than 70%, must hold a recognized academic qualification which is one level higher than the level of the program they teach. The remaining 30% may hold an equal or equivalent professional qualification"

The percentage of the teaching personnel of the particular Program which has equal professional qualifications is up to 15% and therefore falls within the scope of the existing legislation.

STUCTURE AND CONTENT OF THE PROGRAM OF STUDIES

- 2.5. *The EEC noticed discrepancies on the module titles, teaching periods and week numbers between the submitted 200.1 document for Evaluation and the advertising brochure 2018/19. The correct titles must be clarified to the EEC and must be corrected to appear consistently in all documents. For example:*
- Semester 3: The module title is "Endocrinology" on the brochure and "Aesthetic Endocrinology" on the 200.1 doc. Looking on the module descriptor there is no reference of Aesthetic endocrinology. Also there are different teaching periods/ECTS values: 3/5 on the brochures and 2/3 on the 200.1 document.*
 - Semester 5: The module "Health and Safety at work" has similar discrepancies.*
 - Semester 7: the module "Botanology" etc, etc*
- The EEC recommends that the Program team checks carefully ALL modules in the brochure and the 200.1 doc and explains to the EEC which are the correct ones, as there are mistakes*

in most of them (not only those listed above).

The Manicure Pedicure module is on Semester 5 on the brochure and on Semester 3 on the 200.1 doc. This has an implication on the coherence of the syllabus (σ.8)

KES College's position

The differences identified by the EEC regarding the names of the courses and the teaching periods between the submitted application and the Study Guide 2018-2019 (to which it is subsequently referred to) are due to the fact that the submitted application presents a new, improved version of the Program which will be implemented **after** the approval of the CY.Q.A.A. In the Study Guide the current version of the Program which is currently implemented is presented.

- 2.6.** *On Dermatology I, there should be more detail on nail disorders (eg viral, yeast, bacterial infections) to ensure students are aware of the risks involved and therefore of the correct procedures that must be followed for manicure and pedicure (page 8).*

Actions taken by KES college

The curriculum of the course "MEDI105 Dermatology I" has been modified to include the above recommendations.

Please see "Annex 1" for the additions made as they listed in the curricula of the above courses. Additions are indicated in yellow highlighted colour.

- 2.7** *All modules should indicate "Prerequisite" and "Required" as evidence of the coherence of the syllabus (page 8).*

Actions taken by KES college

The College has added prerequisite courses to courses where it was indicated.

Please see "Annex 1" for the curricula of the courses that prerequisite courses were added. Additions appear in the "Prerequisites" field in yellow highlighted colour.

RESEARCH WORK AND SYNERGIES WITH TEACHING

- 2.8.** *The KES College has a Research Centre. This is a new initiative and all projects are currently being funded internally by the College. There has been an effort to start collaborations with relevant companies. eg 21 students were actively involved in a survey project (300 questionnaires) with a makeup company (page 10).*

KES College's position

Based on the above recommendation of the EEC, the College informs that, in addition to the internal funding of the research activities, there are also funds from external funding such as companies / organizations interested in specific applied research topics relevant to the activities of the research project.

The KES Research Center collaborates with KES College, but remains an independent research organization.

- 2.9** *The Director of the Research Centre explained to the EEC that there is an intention to create a synergy with Teaching on the BSc. This synergy can be incorporated to the Thesis module on year 4. This will enable all staff supervising Thesis projects to be supported by the Research Centre.*

Actions taken by KES College

The supervising staff will have the support of the KES Research Center and the data collected in the context of the Center's research programs will be made available to students for use during their work on the basis of its operating regulations.

The Director of the KES Research Center, explained to the EEC that it is intended to create a synergy with the teaching personnel of the under evaluation Program of Study. Synergy can be incorporated into the "PROJ409 THESIS" course of the 8th semester of the fourth year of the Program. This will allow all members of the teaching personnel supervising the dissertations to have support from the KES Research Center.

- 2.10** *Statistical analysis skills (SPSS) should be incorporated on the IT module to enable students to analyse their collected data*

Actions taken by KES College

The curriculum of the course "PROJ322 Research Methodology" (in the application referred to as "PRCT322 Research Methodology") has been modified by adding the basic knowledge and skills needed for the use of the SPSS Statistical Program, while the teaching hours of the course were increased from two to three (please see Annex "2").

Please see in Annex "1" the modified curriculum of the course "PROJ322 Research Methodology".

- 2.11** *The bibliography of the module could be enriched with peer-reviewed publications from journals, alongside the existing list of book sources.*

Actions taken by KES College

The bibliography of the course "PROJ322 Research Methodology" has been enriched both a by the literature on applied statistics in relation to paragraph 2.10 above, and by publications in the following scientific journals, which are accessible to all interested parties:

- International Journal of Cosmetic Science - Wiley Online Library
- JCD Journal of Cosmetic Dermatology - Wiley Online Library
- Phytotherapy Research - Wiley Online Library

3. CONCLUSIONS AND SUGGESTIONS OF THE EXTERNAL EVALUATION COMMITTEE

Weaknesses

- 3.1. *The module titles/teaching periods/weeks must be corrected as explained at Section 2 (page 12).*

Actions taken by KES College

Please see paragraph 2.5 above

- 3.2. *All modules should indicate "Prerequisite" and "Required" as evidence of the coherence of the syllabus (page 12).*

Actions taken by KES College

Please see paragraph 2.7 above

- 3.3. *Staff teaching at BSc level having insufficient qualifications (page 12).*

Actions taken by KES College

Please see paragraph 2.4 above

- 3.4. *Inconsistent CVs; a consistent CV template must be adopted. (page 12)*

Actions taken by KES College

All Curriculum Vitae of the Curriculum Staff are submitted in Annex 3, on the newly approved document for CVs of the CY Q.A.A

4. QUALITY STANDARDS AND INDICATORS

- 4.1.** *The EEC went through all CVs of the teaching staff of the BSc and noticed that there were limited examples of publications within the discipline of beauty therapy (page 18).*

Actions taken by KES College

With the operation of the KES Research Center and the motives that are given to the teaching personnel so as to engage themselves in research activities, new research projects will be constantly emerging which will also lead to relevant publications.

- 4.2.** *Please see the EEC's comments on Section 2 [σημείωση: η αναφορά γίνεται για τα προαπαιτούμενα μαθήματα] (page 20).*

Actions taken by KES College

Please see paragraph 2.7 above

ANNEX 1 – COURSE DESCRIPTION

a) List of courses

| No. | Code | Course | Page number |
|-------------------|---------|--|-------------|
| Semester 1 | | | |
| 1. | MEDI100 | Anatomy | 12 |
| 2. | MEDI106 | Physiology | 15 |
| 3. | MEDI105 | Dermatology I | 18 |
| 4. | PHYS101 | Principles of Physics | 20 |
| 5. | BTHA100 | Face Morphology and Colour | 23 |
| 6. | CHEM103 | Principles of Chemistry | 25 |
| 7. | BTHA101 | Facial Aesthetics I | 28 |
| Semester 2 | | | |
| 8. | BTHA106 | Facial Aesthetics II | 31 |
| 9. | BTHA107 | Body Aesthetics I | 33 |
| 10. | MEDI108 | Dermatology II | 35 |
| 11. | BTHA109 | Depilatory Methods I | 37 |
| 12. | MEDI112 | First Aid | 39 |
| 13. | CHEM105 | Cosmetology | 41 |
| 14. | COMP303 | Basic Concepts and Applications of Computers | 44 |

List of courses (continued)

| No. | Code | Course | Page number |
|-------------------|---------|--|-------------|
| Semester 3 | | | |
| 15. | MGMT200 | Fundamentals of Management | 46 |
| 16. | BTHA202 | Facial Aesthetics III | 48 |
| 17. | BTHA205 | Body Aesthetics II | 50 |
| 18. | BTHA206 | Kinesiology | 52 |
| 19. | BTHA201 | Cosmetic Endocrinology | 84 |
| 20. | BTHA207 | Make-Up | 56 |
| 21. | BTHA304 | Manicure and Pedicure | 58 |
| Semester 4 | | | |
| 22. | MRKT204 | Basic Principles of Marketing | 60 |
| 23. | BTHA212 | Body Aesthetics III | 62 |
| 24. | MEDI203 | Dermatology III | 64 |
| 25. | MEDI206 | Nosology | 66 |
| 26. | BTHA214 | Depilatory Methods II | 68 |
| 27. | BTHA217 | Hygiene | 70 |
| 28. | BTHA216 | Stress and Their Management Techniques | 72 |

List of courses (continued)

| No. | Code | Course | Page number |
|-------------------|---------|---------------------------------|-------------|
| Semester 5 | | | |
| 29. | BTHA300 | Aromatherapy | 74 |
| 30. | BTHA303 | Professional-Theatrical Make-Up | 76 |
| 31. | BTHA305 | Reflexology | 79 |
| 32. | BTHA110 | Organization of Beauty Units | 81 |
| 33. | ENGL206 | English Terminology | 83 |
| 34. | HESF302 | Health and Safety at Work | 85 |
| Semester 6 | | | |
| 35. | PROJ322 | Research Methodology | 88 |
| 36. | PSOC302 | Psychology | 90 |
| 37. | HRMG302 | Human Resource Management | 92 |
| 38. | BTHA310 | Nutrition - Dietetics | 94 |
| 39. | BTHA200 | Aesthetic Gymnastics | 97 |
| 40. | BTHA308 | Cosmetic Surgery | 99 |
| 41. | BTHA309 | Basic Principles of Laser/IPL | 101 |
| 42. | ETHI301 | Professional Ethics | 103 |

List of courses (continued)

| No. | Code | Course | Page number |
|-------------------|---------|--------------------------------------|-------------|
| Semester 7 | | | |
| 43. | BTHA402 | SPA Treatments | 106 |
| 44. | BTHA401 | LASER/IPL Applications in Aesthetics | 108 |
| 45. | ENTR300 | Entrepreneurship | 120 |
| 46. | BTHA405 | Herbal Therapy | 112 |
| 47. | MGMT404 | Business Strategy | 114 |
| 48. | ACCT401 | Basic Principles of Accounting | 116 |
| Semester 8 | | | |
| 49. | PRCT403 | Practical Training | 118 |
| 50. | PROJ409 | Thesis | 124 |

b) Course syllabi

1.

| | | | | | |
|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Anatomy | | | | |
| Course Code | MEDI100 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Dr. Markitani Constantina | | | | |
| ECTS | 5 | Lectures / week | 3 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Anatomy is a thorough understanding of the construction of the human body and knowledge of the structure of cells, tissues and organs and anatomical relationship between them which will make the students capable to outline and understand the effects of aesthetic applications mainly to the supportive and muscular system. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the terminology of anatomy. ▪ Identify the need of anatomy in relation with the beauty therapist profession. ▪ Identify the structure of the cells, tissues and organs and their relationship ▪ Have the basic knowledge for the systems of the human body. ▪ Know the human body muscles and especially those within the knowledge of the beauty therapy. | | | | |
| Prerequisites | | Required | | | |
| Course Content | Structures of the cell. The main types of tissues in the body: epithelial tissue, skeletal tissue, muscular tissue, nervous tissue. Skeletal system: types of bones, skeleton of the head, vertebrae, shoulder girdle, thoracic cage, pelvic girdle, skeleton of upper limbs, skeleton of lower limbs. Generally about connective tissue and articulations, various types of articulations of human skeleton. Muscular system: types of muscle, various attachment of the muscles, muscles of the head, muscles of the neck, muscles of the trunk, muscles of the upper limbs, muscles of the lower limbs. Neurological system: Central nervous system: brain, spinal cord. Peripheral nervous system. Autonomic nervous system: sympathetic, parasympathetic. Endocrine system: endocrine glands and hormones, pituitary gland, Thyroid gland, parathyroids glands, adrenal glands, pancreas, thymos, ovaries, | | | | |

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| | <p>testes. Respiratory system: organs of respiratory system (nose, nasal cavity, larynx, pharynx, bronchi etc). Circulatory system: blood, erythrocytes, leucocytes, platelets. Heart, blood vessels (arteries and veins), capillaries. Lymphatic system: lymph, lymphatic tissues, lymph nodes.</p> <p>Digestive system: organs of digestive system (mouth, epiglottis, oesophagus, pharynx, stomach, large and small intestine, liver etc).</p> <p>Urinary system: organs of urinary system (kidneys, bladder, urethra etc).</p> <p>Reproductive system: organs of male reproductive system (testes, epididymis, seminal vesicle, prostate gland, penis), organs of female reproductive system (ovaries, fallopian tube, uterus, vagina, vulva).</p> <p>Structure of the breast. Organs of the senses: skin, nose, eye, ear, tongue. For the teaching of the above visual aids will be used (projectors, anatomical atlases, human skeleton, models of human organs).</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Μαρκιτανή, Κωνσταντίνα (2018) Ανατομία Ανθρώπινου Σώματος, KES College. 2. Aldersey-Williams, Huge (2017) Ανατομίες: το ανθρώπινο σώμα, τα μέρη του και οι ιστορίες που διηγούνται, Ροπή, ISBN:978-618-5289-07-2. 3. Lieberman, Daniel E. (2015) Η ιστορία του ανθρώπινου σώματος: υγεία, ασθένεια και φυσική επιλογή, το νέο επίπεδο εξελικτικής ιατρικής, Κάτοπτρο, ISBN: 978-618-5111-41-0. 4. Παρασκευάς, Γεώργιος Κ. (2008), Ανατομία του ανθρώπου, University Studio Press, Θεσσαλονίκη, ISBN: 9789601216645. 5. Τσούνιας, Δημήτρης (2007) Στοιχεία ανατομίας και φυσιολογίας του ανθρώπου, Ιατρικές Εκδόσεις Λίτσας, ISBN: 978-960-372-114-7. 6. Gest, Thomas R. (2016), Συνοπτική έγχρωμη ανατομία: Ράχη, άνω άκρο και κάτω άκρο, Παρισιάνου Α.Ε., ISBN 978-960-583-057-1. 7. Καμμάς, Αντώνης (2010), Μαθήματα ανατομικής, Βήτα Ιατρικές Εκδόσεις, ISBN 978-960-452-107-4. <p>English</p> <ol style="list-style-type: none"> 1. Vaughn, Philip (2016) Anatomy and Physiology: made easy: a concise learning guide to master the fundamentals, Create Space Independent Publishing, ISBN: 978-1534635319. 2. Saladin, Kenneth (2018) Anatomy and Physiology: the unity of form and function, 7th edition, McGraw- Hill Education, ISBN: 978-0073403717. 3. Kapit, Wynn (2014) The Anatomy, 4th edition, Pearson, ISBN: 978-03218320116. 4. Marieb, Elaine N. , Hoehn, Katja N. (2012) Human Anatomy and Physiology, 9th edition, Pearson, ISBN: 978-0321743268. |

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| | <p>5. Hull, Ruth (2009), Anatomy and physiology: For beauty and complementary therapies, The write idea, Cambridge, ISBN: 978-0-9559011-1-9.</p> <p>6. Tucker, Louise (2009), An introductory guide to Anatomy and Physiology, Ems publishing, London, ISBN: 9781903348284</p> <p>7. Connor, Jeanine (2006), Anatomy and physiology for therapists, Heinemann, Oxford, ISBN: 978-0-435449-40-7.</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Physiology | | | | |
| Course Code | MEDI106 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Dr. Markitani Constantina | | | | |
| ECTS | 5 | Lectures / week | 3 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Physiology is to deeply understand the physiological processes of the human body and the physiological functions of the cells, the organs and the main systems of human bodies, which will give the capability to the students to outline and understand the effects of beauty treatments of a person in relation to his/her physiology. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to explain the function of the cell and the process of division. • Knows the functions of the main tissues of the human body. • Have the basic knowledge of the physiology of the main systems of the human body (circulatory, digestive, muscular, endocrine, respiratory, neurological etc.) and of the sensory organs. • Be able to compare the physiological functions of the human body with the corresponding applications of beauty therapy. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p>Functional organisation of human body. Functions of the cell, process of cell division (mitosis, miosis). Exchange of nutrients in the cell. Functions of the main types of tissues in the body. Functions of the skeleton, postural deformities. Functions of different types of muscles, functions of various attachments of muscles, muscle contraction, formation of lactic acid (causes and effects), functions of the various muscles in the body. Functions of various parts of neurological system, functions of the central, the peripheral and autonomic nervous system, functions of brain and the spinal cord, functions of spinal and cranial nerves, creation of nerves impulses, effects of stress on the nervous system. Effects of hormones secretion in the body (hyper secretion, hypo secretion). Functions of various organs of the respiratory system, external respiration, process and mechanism of breathing (inhalation, expiration), internal respiration, the way of exchange gases. Chemical control of the respiration. Functions of pulmonary circulation. Function of the circulatory system, function of the</p> | | | | |

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| | <p>blood and its component. Function of the vessels of the body (arteries, veins, capillaries). Function of the various parts of the heart and the vessels entering and leaving the heart. Blood pressure. Factors which produce and maintain the blood pressure. Measurement of the blood pressure, high blood pressure, low blood pressure. Functions of the lymphatic system. Formation, composition and function of the lymph. Functions of the organs of the digestive system, function of digestion, process of absorption of nutrients. Functions of the organs of the urinary system, process of filtration, production and composition of urine. Function of male and female reproductive system, menstrual cycle, function of the breast. Functions of the sensory organs.</p> <p>For the teaching of the above visual aids will be used (projectors, anatomical atlases, human skeleton, models of human organs).</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Βαρσαμίδης, Κωνσταντίνος (2016) Φυσιολογία του ανθρώπου, UniversityStudioPress, Θεσσαλονίκη, ISBN: 978-960-12-2269-1. 2. Χανιώτης, Φραγκίσκος Ι. (2009), Φυσιολογία, Ιατρικές Εκδόσεις Λίτσας, Αθήνα, ISBN: 978-960-372-1239. 3. McGeon, J.G. (2008) Συνοπτική φυσιολογία του ανθρώπου, Ιατρικές Εκδόσεις Π. Χ. Πασχαλίδης, ISBN: 978-960-399-665-1. 4. Schmid, RobertF. (2010) Συνοπτική φυσιολογία του ανθρώπου, Εκδόσεις Π. Χ. Πασχαλίδης, ISBN: 978-960-489-078-1. 5. Τσούνιας, Δημήτρης (2007) Στοιχεία ανατομίας και φυσιολογίας του ανθρώπου, Ιατρικές Εκδόσεις Λίτσας, ISBN: 978-960-372-114-7. |

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| | <p>English</p> <ol style="list-style-type: none"> 1. Connor, Jeanine (2006), Anatomy and physiology for therapists, Heinemann, Oxford, ISBN: 978-0-435449-40-7. 2. Tucker, Louise (2009), An introductory guide to Anatomy and Physiology, Ems publishing, London, ISBN: 9781903348284. 3. Saladin, Kenneth (2018) Anatomy and Physiology: the unity of form and fuction, 7th edition, McGraw- Hill Education, ISBN: 978-0073403717. 4. Guyton, Arthur C (2006), Textbook of Medical Physiology, Elsevier Saunders, Philadelphia, ISBN: 0-7216-0240-1. 5. Hall, John E. (2016) Guyton and Hall Textbook of Medical Physiology, 13th edition, Saunders, ISBN: 9781455770052. 6. Ody, Erin, Norris, Maggie A. (2017) Anatomy and physiology for dummies, 3rd edition, ISBN: 978-1119345235. 7. McKinley, Michael, O'Loughlin, Valerie, Bidle, Theresa (2016) Anatomy and Physiology: an integrated approach, McGraw- Hill Education, ISBN: 978-0073054612. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

3.

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|-------------------------------|---|-----------------|---|---------------------|
| Course Title | Dermatology I | | | |
| Course Code | MEDI105 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | |
| Teacher's Name | Dr. Pallouras Christos | | | |
| ECTS | 3 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Dermatology I is to make the students acquainted with the complex structure of the skin and the functions performed by its accessories. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand and be able to describe the structure of skin. ▪ Be able to interpret the role of cells, and accessories of the skin. ▪ Know how skin perfusion is produced. ▪ Understands the importance of the innervation of the skin. ▪ Understand the physiological functions of the skin and justify their importance to the health of human beings. ▪ Be able to distinguish skin disorders. ▪ Determine the absorptive capacity of the skin. | | | |
| Prerequisites | | Required | | |
| Course Content | <p>Anatomy, histology of skin (epidermis, dermis, subcutaneous layer). Anatomy, histology of its parts: hair, nails, glands-sebaceous, sweat (responds, secretes), mass. Vascularity (blood supply), and innervation of the skin- specific neural receptors. Physiology of the skin, function of the skin, immunology of the skin. Diseases of the nails (fungal infections, psoriasis, lichen bacterial infections). The action of sunlight on the skin. Melaninogenesi. Intrinsic aging--photoaging (mechanism, clinical picture, treatment). Nail Diseases (fungi, moss, lichen). Hair disorders (androgenetic alopecia in men and women)</p> | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment | | | |
| Bibliography | Greek | | | |

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| | <ol style="list-style-type: none"> 1. Νικολαΐδου, Ηλέκτρα (2006), Εισαγωγή στη δερματολογία, Παπαζήση, Αθήνα, ISBN: 960-02-1934-6. 2. Συλλογικό Έργο (2010) Έγχρωμος Άτλας κοσμητικής Δερματολογίας, Παρισιάνου Α.Ε., Αθήνα, ISBN: 978-960-394-690-8. 3. Gawkrödger, David J. (2003), Δερματολογία, Παρισιάνου Α.Ε., ISBN 960394064X. 4. Παπαγαρυφάλλου, Ιωάννης Δ. (2012) Επιλεκτική δερματολογία – Αφροδισιολογία του εξωτερικού ιατρείου, Εκδόσεις Ροτόντα, ISBN: 978-960-6894-44-2. 5. Robin Graham - Brown, Johnny Bourke (2010), Έγχρωμος άτλας δερματολογίας, Εκδόσεις Ροτόντα, ISBN 978-960-6894-09-1. <p>English</p> <ol style="list-style-type: none"> 1. Bologna, Jean L., Schaffer, Julie V. (2014) Dermatology essentials, Saunders, ISBN: 978-1455708413. 2. Oakley, Amanda (2017) Dermatology: made easy, Scion Publishing Ltd, ISBN: 978-1907904820. 3. Soutor, Carol, Hordinsky, Maria (2013) Clinical Dermatology, McGraw-Hill Education, ISBN: 978-0071769150. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

4.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Principles of Physics | | | | |
| Course Code | PHYS101 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Paridi Kalliopi | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Principles of Physics is to help students acquire basic knowledge of physics in topics such as heat, electricity and electromagnetism. Such knowledge will help the students understand how the current and the radiation affects the human body, to choose and handle with safety the various specialized electrical machines and in the future be able to monitor and understand the developments in their profession. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to explain the heat propagation, the constriction and dilation, and apply thermodynamic axioms. • Understand the electromagnetic spectrum analysis and explain the optical waves phenomena. ▪ Know the basic concepts of electrology and the composition of direct current (DC) circuits to help understanding the subsequent specialization concepts. • Recognize and evaluate the risks arising from the use of electrical current or various radiations. • Know the principle of operation, the handling of aesthetic equipments and the correct use of equipment for different treatments. • Gain a basic knowledge of alternating current (AC) and its characteristics. • Perform basic electrical measurements on simple electrical circuits • Have the basic knowledge of currents and radiation used in Aesthetics • Know the properties of currents and the radiation used in Aesthetics. • Know the effectiveness and the treatments for every equipment | | | | |
| Prerequisites | | Required | | | |

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| Course Content | <p>Heat, temperature, heat dilation, distribution of heat with contact and with transfer, internal energy, thermodynamic axioms, <i>transfer and distribution of heat</i>, heat balance of Biosystems.</p> <p>The light and the electromagnetic spectrum, reflection, scattering, diffusion and diffraction of <i>the</i> light, polarization of light, ultraviolet and infrared radiation, region of electromagnetic spectrum.</p> <p>Introduction to electricity. Structure of atom. Electric charge. Movement of charge. Current, Ammeter. Voltage, Unit, Voltmeter. Electricity sources, examples. Resistance, ohmmeter. Free electrons, good and bad conductors of electricity. Electric circuit. Ohm's law. Application of Ohm's law in simple numerical examples. Circuits in series, in parallel and series – parallel. Control of current, rheostat. Control of voltage potentiometer. Density of current.</p> <p>Voltage, Electromotive force, Sources, Voltage Module, Voltmeter, Electrical Resistance, Ohmmeter, Conductors and Insulators. Electric circuit, Ohm law, series circuit, parallel and mixed. Simple Numerical Examples, Current Power Control, Rheostat, Voltage Control, Potentiometer, Current density, Voltage Wiring sources.</p> <p>Electricity, Power, Units of Measurements, Numerical Examples, Kilowatt (kWh), Payment in the EAC (Electricity Authority Cyprus). Joule's Law, Heat Energy, Kilocalorie (kcal), Short Circuit. Calculating plug fuse rating, Change of fuse. Wiring a plug according to Wire Color Code. Dangers of Electricity, Electric Shocks, Precautions.</p> <p>Basic Electrical Installation Accessories, Use of Each Accessory. Electrical Current Conduction in Liquids, Magnetism, Natural and Artificial Magnets, Poles, Attraction and Repulsion, Geomagnetic Field, Magnetic Compass. Electromagnetism, Magnetic Field of a Straight Line, Electromagnets.</p> <p>Electromagnetic Induction, Voltage Generation (DEM). Principle of a Generator, Principle of a Motor.</p> <p>Production of Alternating Current Its Features (cycle, period, frequency, R.M.S value). Skin effect. Transformer, Function and Use. Capacitor, Coil.</p> <p>Behavior in Direct and Alternating Current. Diode, Rectifiers, Simple Rectifier Circuit. Simple and Double Rectifier Circuits (Conversion of AC into DC), Use of Circuits. Smoothing - Filter. Types of Currents used in Beauty Therapy.</p> <p><u>Demonstration of Beauty Therapy Machines</u></p> <p>Demonstration of currents used in Beauty Therapy, Biological effects when electric current flow through the body.</p> <p>Galvanic current, Galvanic current device, Device Operation, Operation buttons, Treatments, Iontophoresis and Desincrustation. Faradic current, Faradic current device, Device Operation, Treatments. Radiation, wave length, visible spectrum. Ultraviolet and Infrared Radiation, Properties,</p> |
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| | Treatments, Percussions. Infrared and Ultraviolet radiation device. Diathermy devices, High Frequency Current, Properties. Microcurrent, Treatments. LASER Radiations, production, properties, percussions, Laser and I.P.L (Intensive Pulse Light) demonstration. European standards for Beauty Therapy appliances, Regulations, Essential Equipment for Beauty Therapy Labs and SPA. |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Χατζήμιχαήλ, Αντώνης (2012) Ηλεκτρολογία - Φυσική επιστήμη για αισθητικούς, KES College, ISBN: 978-9963-2852-3-5. 2. Τζαφλίδου, Μαργαρίτα (2010), Ιατρική Φυσική: Βιοηλεκτρισμός, Οπτική, Θερμότητα – Ψύχος, Εκδόσεις Gutenberg, Αθήνα, ISBN: 9789600113419. 3. Ρήγα Μαρία, Σοφία Γρηγόρη (2006), Αισθητική Ηλεκτροθεραπεία, Εκδόσεις Αθ. Σταμούλης, Αθήνα, ISBN: 9606516295. 4. Watson, T. (2011), Ηλεκτροθεραπεία, Ιατρικές Εκδόσεις Π. Χ. Πασχαλίδης, ISBN 978-960-489-034-7. 5. Πρίκας, Αθανάσιος (2008) Φυσική γενική και σύγχρονη: μηχανική, κυματική-οπτική, θερμοδυναμική, ηλεκτρομαγνητισμός, σύγχρονη φυσική, Θεσσαλονίκη, Ζήτη, ISBN: 978-960-456-099-8. <p>English</p> <ol style="list-style-type: none"> 1. Ellse, Mark (2000), Electricity and thermal physics, 2nd revised edition, Oxford University Press, ISBN: 0-17-448298-1. 2. Pierse, Arthur (2017) Vurg's Physics: physics made simple, Independently Publishing, ISBN: 978-1520968926. 3. Pytel, Andrew, Kiusalaas, Jaan (2017) Engineering mechanics: dynamics-SI Version, 3rd edition, Cengage Learning, ISBN: 978-0495295631. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

5.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Face Morphology and Colour | | | | |
| Course Code | BTHA100 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Shiarly Markella | | | | |
| ECTS | 4 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Face Morphology and Colour is the students understand the of morphology of the human face and correct the natural beauty or facial defects through the technique and harmony of the colours | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Identify the facial types ▪ Know the morphology of the face and apply make-up leading to the symmetry of the face. ▪ Acquire basic knowledge of colours and their combinations in order to successfully apply make-up. ▪ Understand that through the application of shadings to the face and neck improve its proportions. ▪ Know the colours of make-up. ▪ Be able to choose the right colours of makeup depending of the rules (time, color type, age, social event). ▪ Be able to choose the appropriate materials, tools and products in applying make- up | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Facial morphology (shape, volume, symmetry and facial contour, eyebrow shape, eye shape, eye colour, nose shape, lip shape, chin shape, skin type and colour, hair colour). Definition of makeup, Makeup colours, Basic principles of colours combination, colour application. Harmonic balance of facial lines. Shading to the surface of the face and neck. Features of the nose, the neck, the forehead, the eyes, the lips, the eyelids and the chin. Techniques for correction and confront of facial features, the colours and their categories, methods of colour mixing. Make-up Products and Tools.</p> <p><u>Practical Part</u></p> <p>Recognition of facial types, Preparation for applying makeup, Study of facial features, Application of shadings to the surface of the face, Correction</p> | | | | |

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| | of facial contour with the aim of make-up products. Selection and Application of make-up products, Application of basic principles for the color combination. |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2018), Μορφολογία Προσώπου και Χρώμα, KES College. 2. Σπύρου, Ευρούλα (2018), Διαδικασία Μακιγιάζ, KES College. 3. Δικαιούλια, Ελένη (2008), Τεχνική ψιμυθίωσης προσώπου και σώματος, Εκδόσεις Παπαζήση, Αθήνα, ISBN: 978-960-02-2267-8. 4. Τσιγώνια-Ευλογία, Αλεξάνδρα (2002), Προσωπολογία η τεχνική του μακιγιάζ, Παπαζήση, Αθήνα, ISBN: 960-02-1618-5. 5. Άννα Σαββίδου (2014), Μορφολογία Ιδιότητες Προσώπου, Εκδόσεις Σοφία, ISBN: 978-960-6706-71-4. <p>English</p> <ol style="list-style-type: none"> 1. Potter-Dixon, Lisa (2017) The Make-up manual, Ryland, Peter and Small Ltd, ISBN: 978-1849758048. 2. Ririnui, Jana (2011), Makeup is art: Professional techniques for creating original looks, Carlton books, ISBN: 9781847326201. 3. Conway, Julia (2004) Make-up Artistry: for professional qualifications, Heinemann, ISBN: 978-0435453305. 4. Morris, Rae, Chee, Steven (2008) Makeup: the ultimate guide, Apple Press, ISBN: 978-1845432665. 5. Eldridge, Lisa (2015) Face Paint: The Story of Makeup, Harry N. Abrams, ISBN: 978-1419717663. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Principles of Chemistry | | | | |
| Course Code | CHEM103 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Theocharous Spyros | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Principles of Chemistry is the students to acquire basic knowledge of inorganic and organic chemistry in relation always with the sector of Beauty Therapy. The subject introduces the students to the world of chemistry and provides them with the essential knowledge so that they comprehend the chemistry of cosmetics. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to describe the structural particles of matter (molecules, atoms, protons, neutrons, electrons) • Be able to distinguish the chemical substances in chemical elements, chemical compounds and mixtures. • Be able to describe the periodic table and reports the conclusions that can export seeing the place of chemical element. • Define what is the covalence and the activity. • Define the three states of matter and describe resemblances and the differences from each other. • Comprehend when the phenomenon of constriction and dilation happens. • Recognize which are the products and which are the reactives in a chemical reaction while the one way and bidirectional reactions. • Be able to explain what is the importance of temperature in a chemical reaction. • Recognize and name the acids and the bases and their attributes. • Define what is pH and describe with which ways we can measure it. • Perform electrolysis experiments • Explain the results of experiment of electrolysis. | | | | |

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| | <ul style="list-style-type: none"> • Be able to name the organic compounds and recognize the various categories • Perform titration experiments, calculate the concentration of the unknown solution and construct the neutralization curve. |
| Prerequisites | Required |
| Course Content | <p>The atom and his structure, atom theories, chemical elements, chemical compounds, mixture, periodic table, metals – non metals, valence, activity, states of matter, melt, freeze, boil, sublimation, constriction - dilation, chemical reactions, exothermic and endothermic reactions, radicals, oxidation - reduction, acids, bases, salts, pH, reaction of neutralization, molecules, covalent and ionic bond, bonds of hydrogen, experiment of electrolysis, potable water, distillate and hard water, pasteurization, organic chemistry terms, vitamins.</p> <p>Demonstration of experiments for the ascertainment of electric conductivity of chloride sodium solution, ascertainment of electric conductivity of solution of sugar, melting of paraffin of (candle), boiling of water, sublimation of iodine, combustion of liquid gas and detection of produced water and carbon dioxide. Combustion of paraffin, observation of produced soot that proves the existence of atmospheric air. Choice some materials (salt, soda, sugar, sand, oil, alcohol, acetone) and examination of their solubility in water. Dissolution of a) of $KMnO_4$ and b) a drop of ink in water, production of solutions of indicators with extract of plant substances (red cabbage, tea etc). Addition of lemon juice, vinegar and weak hydrochloric acid in this extracts. Determination of pH those water solutions with use of pH paper, Effect of solutions of weak acids in soda, marble and in some metals (zinc, iron etc).</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Θεοχάρους, Σπύρος Λ. (2018) Η Χημεία των Καλλυντικών, Σπύρος Λ. Θεοχάρους. 2. Θεοχάρους, Σπύρος Λ. (2013) Εργαστηριακός οδηγός χημείας και κοσμητολογίας: κλάδος αισθητικής, KES College, Λευκωσία, ISBN: 978-9963285266. 3. Θεοχάρους, Σπύρος Λ. (2009) Το επιστημονικό εγχειρίδιο μιας αισθητικού: Χημεία- Κοσμητολογία- Ηλεκτροτεχνία εφαρμογές, Λευκωσία, ISBN: 978-9963-9647-0-3 4. Σπηλιόπουλος, Ιωακείμ (2010) Εργαστηριακές τεχνικές και πειράματα οργανικής χημείας, Σταμούλης Α.Ε., ISBN:978-960-351-836-5. 5. Σπηλιόπουλος, Ιωακείμ (2008) Βασική οργανική χημεία, Σταμούλης Α.Ε., ISBN:978-960-351-751-1. 6. Ebbing, Darrell D., Gammon, Steven D., (2014) Σύγχρονη Γενική Χημεία: αρχές και εφαρμογές, 10η έκδοση, Εκδόσεις Τραυλός, ISBN 978-618-5061-02-9. |

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| | <p>7. Μανουσάκης, Γεώργιος (2016) Γενική και ανόργανη χημεία, Εκδόσεις Κυριακίδη Μονοπρόσωπη ΙΚΕ, ISBN 978-960-599-009-1.</p> <p>8. McMurry, John (2015) Οργανική Χημεία, Πανεπιστημιακές Εκδόσεις Κρήτης, ISBN: 978-960-524-054-7.</p> <p>English</p> <p>1. Graham, Patrick (2017) Organic Chemistry: a very short introduction, Oxford University Press, ISBN: 978-0198759775.</p> <p>2. Timberlake, Karen (2015) Chemistry: an introduction to general, organic and biological chemistry, Global Edition, 12th edition, Pearson, ISBN: 978-1292061320.</p> <p>3. McMurry, John (2010), Fundamentals of general, organic, and biological chemistry, Pearson Prentice Hall, Upper Saddle River, NJ, ISBN: 978-0-13-815228-4.</p> <p>4. Housecroft, Catherine E (2006), Chemistry: An introduction to organic, inorganic, and physical chemistry, Pearson Prentice Hall, Harlow, England, ISBN: 0-13-1257567-4.</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

7.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Facial Aesthetics I | | | | |
| Course Code | BTHA101 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 1 st Semester | | | | |
| Teacher's Name | Sideri Andri | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Facial Aesthetics I is that the students should get a sufficient fundamentals in theory and practical knowledge which are essential to get information and skills needed for the facial care. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to organize the working area properly in order to be suitable for the care of the face, fully equipped to follow the rules of operation, hygiene, safety and sterilization. • Be able to apply in a responsible way the appropriate preparations for the care of the face • Be able to consult with the client to gain the ability to collect information for the personal and medical client history, be able to identify, analyze the skin and choose the appropriate treatment according to each problem. • Know the first step in any skincare that is the simple cleansing and be able to apply all the stages of it. • Know about the properties and characteristics of various products will be used and to select the appropriate, according to care, the client preferences and the desired result. • Be able to apply different methods of exfoliation, manual or mechanical, which are appropriate for the client skin type and condition. • Be able to use in the right way the various means for heating the skin, knowing always the proper time of application according to the client skin type. • Be able to open the pores of the skin in the right way and extract sebum (use of tissues to opening the open comedones and use of needle to opening the closed comedones). • Be able to select and always apply the appropriate mask type being | | | | |

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| | <p>aware of the indications, contraindications and method of application.</p> <ul style="list-style-type: none"> • Be able to use the appropriate sunscreens cosmetics according to the phototype of each client |
| Prerequisites | Required |
| Course Content | <p><u>Theoretical Part</u> Recording of the client's personal data, medical history and contra-indications. Simple cleansing, purpose of simple facial cleansing, selecting and applying of basic cleansing, tonic and moisturizing products. Clinical diagnosis and skin analysis (normal, oily, dry, mixed, etc.). Various conditions that affect the skin (dehydration, sensitivity, broken capillaries, premature aging etc.). Application of exfoliation methods (scrub, biological, herbal, AHA, etc.), Indications and contra-indications, precautions, method of application. Uses of brush, description, indications, contra-indications, method of application. Methods of heating and dilation of the pores of the skin, hot towels, steamers, steamers with ozone, indications and contra-indications, method of application.</p> <p>Method of open, open and close comedones for the sebum extraction. Facial Masks, indications and contra indications, application per category (clay, creams, peel off, thermal, etc.) Clinical applications of sunscreen products on I, II, III, IV, V Photo type skin.</p> <p><u>Practical Part</u> Application of theoretical part of the lesson. Precautions, application of various methods of hygiene and sterilization (thermal, autoclave, etc.), applications of simple cleansing, clinical diagnosis and skin analysis with the uses of magnifier and other accessories, application of exfoliation, uses of steamer and ozone steamer, opening the pores and sebum extraction, uses of facial masks, uses of sunscreen products.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιδέρη-Γιαλλουράκη, Άντρη (2018) Αισθητική προσώπου I, KES College. 2. Πατζίκα, Τιμοθέα (2013) Εισαγωγή στην αισθητική επιστήμη: εγχειρίδιο εφαρμοσμένης αισθητικής, Εκδόσεις Παπαζήση, ISBN: 978-960-02-2899-1. 3. Γουλά, Δήμητρα (2013), Τι γεύση έχουν τα καλλυντικά σας, Διόπτρα, ISBN 978-960-364-544-3. 4. Νικολάου, Ελένη (2002), Αισθητική προσώπου: Σε 110 ερωτήσεις – απαντήσεις, Εκδόσεις Τυπωθήτω, ISBN: 960-402-026-9 <p>English</p> |

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| | <ol style="list-style-type: none"> 1. Foulston, Jane (2016) The art and science of beauty therapy: a complete guide for beauty specialists, 4th edition revised, EMS Publishing, ISBN: 978-1903348383. 2. Engel, Renee (2017) Beauty sick: how to cultural obsession with appearance hurts girls and women, Harper, ISBN: 978-0062469779. 3. Cressy, Susan (2010) Beauty Therapy: fact file student book, 5th edition, Heinemann. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

8.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Facial Aesthetics II | | | | |
| Course Code | BTHA106 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Sideri Andri | | | | |
| ECTS | 6 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Facial Aesthetics II is that the students should recognize skin diseases and disorders and apply the aesthetics methods for successful management of them. They should apply all massage techniques, enhance the appearance of eyelashes and eyebrows by choosing the correct colour of the tint and give the suitable eyebrow shape for enhancing the client's facial characteristics. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the meaning of acne, its disorders, and also the various types of it. ▪ Know the appropriate precautions for treating the acne from the beauty therapist, always to improve the overall image of it. ▪ Be able to apply all facial massage techniques. ▪ Be able to apply the appropriate eyelash and eyebrow tint according to skin colour and to give the appropriate eyebrow shape for the features of the client's face. | | | | |
| Prerequisites | BTHA101- Facial Aesthetics I | Required | | | |
| Course Content | <p><u>Theoretical Part</u> Acne meaning, diseases and disorders of acne (comedones, papules, pustules). Clinical types of acne (common acne/vulgaris, cystic, rosechea, etc.), Evaluation of Acne by endocrinologist, Assessment Treatment and beauty therapist cooperation with Dermatologist, Methods of Contribution and Treatment of Acne from beauty therapist, Indications, Contraindications, Precautions, Adverse contra-actions to treatment, frequency of application, method of application. Facial massage, products, indications, contraindications and method of application. Eyebrow and eyelash tint, products, indications, contraindications and method of application. Eyebrow shape, method of application.</p> <p><u>Practical Part</u> Apply of theoretical part of the lesson. Precautions. Apply different methods of hygiene and sterilisation (thermal, autoclave, etc.). Clinical</p> | | | | |

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| | diagnosis, assessment and treatment of acne by using different procedures for the treatment. Facial massage. Eyebrow and eyelashes tint. Eyebrow shape. |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιδέρη-Γιαλλουράκη, Άντρη (2018) Αισθητική προσώπου I, KES College. 2. Gerson, Joel (2002), Αισθητική, Τέχνη και επιστήμη αισθητική: Εργαστηριακός οδηγός, Εκδοτικός Όμιλος Ίων, ISBN: 960-411-272-4. 3. Βαρβαρέσου, Αθανασία. (2011), Ειδική Κοσμητολογία, Εκδόσεις Καυκάς, Αθήνα, ISBN: 978-960-6650-49-9 4. Γουλά, Δήμητρα (2013), Τι γεύση έχουν τα καλλυντικά σας, Διόπτρα, ISBN 978-960-364-544-3. <p>English</p> <ol style="list-style-type: none"> 1. Foulston, Jane (2016) The art and science of beauty therapy: a complete guide for beauty specialists, 4th edition revised, EMS Publishing, ISBN: 978-1903348383. 2. Engel, Renee (2017) Beauty sick: how to cultural obsession with appearance hurts girls and women, Harper, ISBN: 978-0062469779. 3. Cressy, Susan (2010) Beauty Therapy: fact file student book, 5th edition, Heinemann. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

9.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Body Aesthetics I | | | | |
| Course Code | BTHA107 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Vasiliadou Erasmia | | | | |
| ECTS | 6 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Body Aesthetics I is that the students will get the knowledge in relation to the techniques and the therapeutic results of massage, for the improvement of the body and mind health and to apply them in practice. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Know all cleansing, sterilization and disinfection methods. • Be able to prepare working area prior to massage treatment. • Be able to use the suitable cosmetic products for each body treatment application. • Know body exfoliation methods. • Understand the effects and the significance of body massage. • Understand the Indications and Contra Indications of massage. • Understand the effects of massage and perform the manipulations of the massage technique to treat the various dysfunctions of the human body. • Distinguish the different types of cellulite and its treatment. • Know the skin types. • Understand the causes of obesity and its consequences. • Understand the handling of equipment. • Know the theory of Heat and its different forms. • Use thermo blanket and know the indication of the treatment. • Be able to apply manual body massage. • Be able to choose the correct handlings according to the client's needs. | | | | |
| Prerequisites | MEDI100- Anatomy | Required | | | |
| | MEDI106 - Physiology | | | | |
| Course Content | <u>Theoretical Part</u> History of massage. Introduction to body massage. Aim and importance of massage in today's Therapeutic Practise, Working Environment, | | | | |

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| | <p>Organization and Adaption. Salon Hygiene. Personal Hygiene. Disinfection - Sterilization. Body cosmetic products. Technique of massage. Classification of massage. Indication and Contra indication of massage. Cellulite – Treatment and Diagnosis. Obesity – Treatment and Diagnosis. Causes of Obesity. Heat therapy. Heat – Radiation, Infrared Radiation. Thermo blanket. Body Treatments (Thalassotherapy, Cryotherapy, Thermo mask).</p> <p><u>Practical Part</u></p> <p>Correct use and application of cosmetic products for the body, Adaption and Preparation massage area, Application and classification of massage movements, Technique of massage, Application of body treatments, Obesity (slimming) massage, Cellulite massage, Thalassotherapy, Cryotherapy, Heat therapy, Thermo Mask, Evaluation of treatment results.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2018) Μάλαξη Σώματος, KES College. 2. Καράτση, Παναγιώτα (2014) Μέθοδοι ευεξίας και χαλάρωσης στην αισθητική σώματος, Εκδόσεις Πανεπιστημίου Μακεδονίας, ISBN: 978-960-8396-86-9. 3. Πατζικά, Τιμοθέα (2013) Εισαγωγή στην αισθητική επιστήμη: εγχειρίδιο εφαρμοσμένης αισθητικής, Εκδόσεις Παπαζήση, ISBN: 978-960-02-2899-1. <p>English</p> <ol style="list-style-type: none"> 1. Tucker, Louise (2016) An introductory guide to massage, 3rd revised edition, EMS publishing, London, ISBN: 978-1903348352. 2. Braun, Mary Beth (2008), Introduction to massage therapy, Wolters Kluwer, Baltimore, ISBN: 978-0-7817-7374-4. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

10.

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|-------------------------------|--|-----------------|---|---------------------|
| Course Title | Dermatology II | | | |
| Course Code | MEDI108 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | |
| Teacher's Name | Dr. Pallouras Christos | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Dermatology II is to make students able to know the basic lesions of the skin, so as to be able to distinguish what should not interfere, which of them are contagious, and what precautions should be taken. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Know the primary and secondary lesions of the skin. • Understand the factors contributing to the creation of acne. • Be able to distinguish the different types of acne and apply various treatments available. • Recognize exogenous and endogenous dermatitis and can describe the clinical picture. • Understand the fungal infections of the skin and the relative clinical manifestations. | | | |
| Prerequisites | MEDI105 - Dermatology I | Required | | |
| Course Content | Primary and secondary skin lesions. Acne: different types of acne (Common acne/Vulgaris, lightning, baby acne, cosmetic acne, rosacea, acne Mallorca). Factors contributing to the creation of acne. Differential diagnosis and treatments (deep cleaning, use of keratolytic substances, use of antioxidants. Dermatitis: exogenous (irritant contact dermatitis, allergic contact dermatitis), endogenous (atopic dermatitis, seborrheic dermatitis, eczema dysidrosiko, nomismatoeides). Symptoms, clinical presentation, treatment. <i>pityriasis rosea</i> , psoriasis (occurring, clinical picture, treatment). Superficial fungal skin (types, clinical manifestations, treatment). | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment | | | |
| Bibliography | Greek | | | |

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| | <ol style="list-style-type: none"> 1. Νικολαΐδου, Ηλέκτρα (2006), Εισαγωγή στη δερματολογία, Παπαζήση, Αθήνα, ISBN: 960-02-1934-6. 2. Gawkrödger, David J. (2003), Δερματολογία, Παρισιάνου Α.Ε., ISBN 960394064X. 3. Παπαγαρυφάλλου, Ιωάννης Δ. (2012) Επιλεκτική δερματολογία – Αφροδισιολογία του εξωτερικού ιατρείου, Εκδόσεις Ροτόντα, ISBN: 978-960-6894-44-2. 4. Συλλογικό Έργο (2010) Έγχρωμος Άτλας κοσμητικής Δερματολογίας, Παρισιάνου Α.Ε., Αθήνα, ISBN: 978-960-394-690-8. 5. Robin Graham - Brown, Johnny Bourke (2010), Έγχρωμος άτλας δερματολογίας, Εκδόσεις Ροτόντα, ISBN 978-960-6894-09-1. 6. Davey, Patrick (2006), Παθολογία με μια Ματιά, Επιστημονικές Εκδόσεις Παρισιάνου Α.Ε., Αθήνα, ISBN: 960-394-399-1. <p>English</p> <ol style="list-style-type: none"> 1. Rutter, Paul (2017), Community pharmacy: symptoms, diagnosis and treatment, 4th edition, Elsevier, ISBN: 978-0702069970. 2. Waterfield, Jon (2008) Community Pharmacy handbook, Pharmaceutical Press, ISBN: 978-0853697169. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

11.

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|-------------------------------|--|-----------------|----------|---------------------|---|
| Course Title | Depilatory Methods I | | | | |
| Course Code | BTHA109 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Spyrou Evroulla | | | | |
| ECTS | 4 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Depilatory Methods I is that the students will understand the structure and function of hair follicle and learn the correct procedure of depilation in order to treat unwanted hair growth. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to prepare to apply a correct depilation procedure. • Know Hygiene and safety rules and their importance. • Understand the anatomy and physiology of hair and hair follicle and the stages of hair growth. • Understand the results of a correct treatment and to choose a correct depilation method. • Recognize contra - indications that restrict treatment. • Be able to correct application of depilation procedure. • Be able to follow the suitable precautions during treatment. | | | | |
| Prerequisites | MEDI106 - Physiology MEDI105 - Dermatology I | | Required | | |
| Course Content | <p><u>Theoretical Part</u> Physiology of hair, Anatomy of hair, History of hair, Stages and causes of hair growth, Factors affecting hair growth cycle, Hormonal reaction to hair growth, Excessive hair growth, Hirsutism, Temporary and Permanent methods of hair removal, Sugaring, <i>Hot wax</i>, Cold wax, Depilatory creams, Honey wax, Patch Test, Indications and Contra- Indications of depilation, General preparation, Sterilization and Hygiene of working area, Safety rules for depilation treatment.</p> <p><u>Practical Part</u> Waxing: Depilatory creams, Halawa, Warm wax, Cold wax.</p> | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work | | | | |

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| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2018) Αποτρίχωση, KES College. 2. Λεονταρίδου, Ιωάννα Χ. (2010) Μέθοδοι αποτρίχωσης: Τριχοσμηγματικός Θύλακας: ανάπτυξη τριχών: αυξημένη τρίχωση γυναικών, UniversityStudioPress, ISBN: 978-960-12-1968-4. 3. Γκρέκ Ιωάννα (2005), Αισθητικά προβλήματα από ενδοκρινολογικά νοσήματα, Βήτα Ιατρικές εκδόσεις, Αθήνα, ISBN: 960-8071-83-6 . <p>English</p> <ol style="list-style-type: none"> 1. Gior, Fino (2005), Modern electrolysis: Excess hair, its causes and treatments - including laser, Hair Publishing, inc, New York, ISBN: 0-8735-01413-5. 2. Morris, Gill (2012) Practical Electrolysis: the official guide to electro-epilation, Cengage Learning, ISBN: 978-1408054973. 3. Baumann, Leslie (2009) Cosmetic Dermatology: Principles and practice, 2nd edition, McGraw-Hill Education, ISBN: 978-0071490627. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

12.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | First Aid | | | | |
| Course Code | MEDI112 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Dr. Papadopoulos Elias | | | | |
| ECTS | 3 | Lectures / week | 1 | Laboratories / week | 1 |
| Course Purpose and Objectives | The aim of the subject First Aid is that the students will get the necessary theoretical and practical knowledge of First Aid. Proper consolidation of this knowledge will make them capable of future application of this knowledge obtained, to think and act correctly in emergency situations to injuries or accidents. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Know the human skeleton, the basic joints and soft tissues of the body. • Know the circulatory system of the human body, how it works and the kinds of bleeding and the mechanism of blood clotting. • Consolidate all the basic principles and practical knowledge of first aid through a combination of theory and practice. • Understand the necessity of education and the legal framework of first aid. • Be aware of how to act in emergency situations. • Know how we can control breathing and circulation, the technique with which to open the airways and then the right actions to a successful cardiopulmonary resuscitation. • Estimate a burn according to the degree and nature of the burn and give the correct first aid. • Know how to protect from severe burns. • Know the causes of heat exhaustion, heat stroke and hypothermia, and their symptoms. Actions to treat heat stroke. • Take preventive measures to avoid transition to a state of extreme heat stroke. • Be able to take appropriate action in cases of drowning and apply "Heimlich" technique. • Understand how to treat a patient when in loss of consciousness | | | | |

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| | <p>in order to avoid causing him more harm.</p> <ul style="list-style-type: none"> • Know all types of bandages and compresses. • Know how to apply the recovery position. | | | | |
| Prerequisites | <table border="1"> <tr> <td>MEDI100 - Anatomy</td> <td>Required</td> </tr> <tr> <td>MEDI106 - Physiology</td> <td></td> </tr> </table> | MEDI100 - Anatomy | Required | MEDI106 - Physiology | |
| MEDI100 - Anatomy | Required | | | | |
| MEDI106 - Physiology | | | | | |
| Course Content | <p><u>Theoretical Part</u> First Aid, Action in case of Emergency, Breathing Support and Circulation Opening of breathing airways, Aspiration of foreign bodies in trachea, Tracheal obstruction from tongue, «Heimlik» Handling, Breathing Support, Artificial Breathing, Circulation Support, External Chest Compression, Method with one recoverer, Method with two recoveres, Bronchial asthma, Asthma attacks, Hyperventilation, Thermal burns, Chemical burns, Electrical burns, Heat Exhaustion - Heat Stroke, Hypothermia, External bleeding, Internal bleeding, Shock, Choking, Unconsciousness, Diagnosis of the types of injuries, Types of Injuries, Bandages, Compresses, Contraindications.</p> <p><u>Practical Part</u> Series of practical techniques following the theoretical part of the class</p> | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment. | | | | |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. St. Ambulance Association (2010), Πρώτες βοήθειες: Οδηγός αντιμετώπισης ατυχημάτων στο σπίτι, την εργασία και τις διακοπές, Ιατρικές Εκδόσεις Λίτσας, Αθήνα, ISBN: 978-960-372-125-3. 2. Πορφυριάδου, Ανθή (2015) Πρώτες Βοήθειες, Αφοί Κυριακίδη Εκδόσεις Α.Ε., ISBN: 978-960-302-020-9. 3. Ιατράκης, Γεώργιος Μ. (2016), Πρώτες βοήθειες: Επείγουσες καταστάσεις, Δεσμός, ISBN 978-618-5046-21-7. <p>English</p> <ol style="list-style-type: none"> 1. Canterbury, Dave (2017) Bushcraft first aid: a field guide to wilderness emergency care, Adams Media, ISBN: 978-1507202342. 2. Rosser, Mo (2005) Sports therapy: An introduction to theory and practice, Hodder Arnold, London, ISBN: 0-340-67320-6. | | | | |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% | | | | |
| Language | Greek | | | | |

13.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Cosmetology | | | | |
| Course Code | CHEM105 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Dr. Pieridou Galatia | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Cosmetology is the apprehension by the students of the knowledge that is related with the types, production, the maintenance, the circulation, the use and the attributes of cosmetics. Besides, the subject has as aim the creation of basic dexterities that encompasses elementary laboratorial parameters that are related with the cosmetics preparations. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Comprehend the theoretical base of Surfactant substances, rheology, solutions, ointments, creams and emulsions. • Comprehend the basic significances that are related with the skin-cosmetics and cosmoceuticals products. • Know the categories of colours that are used in the cosmetic products. • Be able to state the methods and instruments for production of cosmetic preparations. • Know the legislation for the distribution of cosmetic products. • Recognize the basic instruments and control of cosmetics • Recognize and determine the types of emulsions, ointments, creams and solutions. • Be able to apply and use of basic cosmetic products in the daily practice. • Acquire basic skills through laboratory exercise associated with cosmetic formulations. | | | | |
| Prerequisites | CHEM103 - Principles of Chemistry | Required | | | |
| Course Content | Surfactant substances. Emulsions-emulsifier. Solubility, small-emulsion. Rheology. Conservation of cosmetic products, Oxidation-antioxidant for the protection of cosmetic product, Categories of colours that are used in the cosmetic products, Packing of cosmetic products, Methods of production of cosmetic products, Instruments of production of cosmetic products, Legislation on the distribution of cosmetic products, Products | | | | |

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| | <p>of cleaning, hydration and lenitive products, Products for the teeth and the oral cavity, Sun protection products, skin-cosmetics, Cosmoceuticals, Systems of transport of drastic substances in the skin. Plant components (extracts, ethereal oils, dilution etc.) that are used in the cosmetic products. Biological cosmetics.</p> <p>Demonstration of experiments with the usual instruments and devices that are used in a Laboratory of cosmetology. Production of solutions and performance of reactions. Determination the type of Emulsions. Solubilization - dissolvers. Active Acidity-colorimetric and pH-meter Determination of cosmetic products. Determination of melting point. Segregation of Mixtures. Determination of hard water. Determination of water in the cosmetic products. Control of rheology Attributes of cosmetics. Determination of viscosity. Labeling of Components in the Cosmetic Products and Name of Components in the synthesis. Production of cleaning Emulsion. Production of liquid cleaning products. Production of day creams for dry skins. Production of day creams for oily skins. Production of night creams. Production of hands creams. Production of Emulsion for body. Production of bleaches creams. Production of anti age creams</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical Work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Θεοχάρους, Σπύρος Λ. (2018), Η Χημεία των Καλλυντικών, KES College. 2. Θεοχάρους, Σπύρος Λ. (2013) Εργαστηριακός οδηγός χημείας και κοσμητολογίας, KES College, ISBN: 978-9963285266. 3. Συλλογικό έργο (2016) Εφαρμοσμένη Κοσμητολογία: Δερματοκαλλυντικά, Παρισιάνου Α.Ε., Αθήνα, ISBN: 978-960-583-151-6. 4. Estrade, Marie-Noelle, (2010), Κοσμητολογία: Η συμβουλή του φαρμακοποιού, Φαρμακευτικός Κόσμος, Αθήνα, ISBN: 9789609874113. 5. Βαρβαρέσου, Αθανασία (2011), Ειδική κοσμητολογία, Εκδόσεις Καύκας, ISBN: 9789606650499. 6. Ευθύμιος Τιριβας, Αθανασία Βαρβαρέσου, Σπυριδων Παπαγεωργίου (2013), Βασικές Αρχές Κοσμητολογίας, Παρισιάνου Α.Ε., ISBN : 978-960-394-920-6. <p>English</p> <ol style="list-style-type: none"> 1. Ferguson's Careers in focus (2008) Cosmetology, 4th revised edition, Facts on file Inc, New York, ISBN: 978-0816072172. 2. Baumann, Leslie (2009)Cosmetic Dermatology: Principles and practice, 2nd edition, McGraw-Hill Education, ISBN: 978-0071490627. |

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| Assessment | <ul style="list-style-type: none">• Class participation 10%• Assignments 10%• Intermediate Written Examination 30%• Final Written Examination 50% |
| Language | Greek |

14.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Basic Concepts and Applications of Computers | | | | |
| Course Code | COMP303 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 1 st Year / 2 nd Semester | | | | |
| Teacher's Name | Pradjioti Sophia | | | | |
| ECTS | 3 | Lectures / week | 1 | Laboratories / week | 1 |
| Course Purpose and Objectives | The aim of the subject Basic Concepts and Applications of Computers is to make the students capable of understanding the main concepts of IT and be able to operate computers in correct manner. Learn and use some basic computer applications such as word processing, spreadsheets, internet and e-mail. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Understands the components of a personal computer in relation to hardware, software, data storage, memory function, and network utility. • Work effectively on a computer, manages and organizes files and folders. • Be able to create, copy and move text, create tables and images in a document. • Be able to create and use basic mathematical and logical operations with the use of formulas and functions in a spreadsheet. • Be able to use a web browser to find information in the internet and use the available tools of an engine research. • Be able to use e-mail software to send and receive e-mails with attachments. • Be able to send and receive emails, to attach files to messages. • Be able to organize and manage folders and files with in an email software. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Theoretical Part</u> Basic Concepts of Information Technology, Use PC to operate and manage folders and files, use a word processor, a spreadsheet and internet browser applications.</p> <p><u>Practical Part</u> Use theory in a Computer lab through practical exercises and workshops</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical Work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Γουλιθίδης, Χρήστος (2013) Βασικές έννοιες πληροφορικής και επικοινωνιών, Κλειδάριθμος, Αθήνα, ISBN: 978-960-461-533-9. 2. Χρίστου Χρίστος (2011), Το ολοκληρωμένο Βιβλίο Διδασκαλίας ECDL: the complete teaching coursebook, Pancyplan Services Lts., Λάρνακα, ISBN: 9963-8880-2-X. 3. Ξαρχάκος, Κωνσταντίνος Ι. (2011) Πλήρης οδηγός για το δίπλωμα ECDL: Syllabus 5, Άβακας, Αθήνα, ISBN: 978-960-6789-12-0. <p>English</p> <ol style="list-style-type: none"> 1. Severance, Charles, Blumenberg, Sue,[etc] (2015) Introduction to networking: how to internet works, Createspace Independent Publishing, ISBN: 978-1511654944. 2. McNeil, Patrick (2010) The web designer's idea book: More of the best themes, trends and styles in website desing, How Books, Cincinnati, Ohio, ISBN: 978- 1600619724. 3. Shelly, Gary B. (2008) Windows internet explorer 7: Introductory concepts and techniques, Thomson, USA, ISBN: 978-0-619-20216-3. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

15.

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|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Fundamentals of Management | | | | |
| Course Code | MGMT200 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2nd Year/ 3rd Semester | | | | |
| Teacher's Name | Kalatha Andria | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Fundamentals of Management is to introduce students to the various concepts of management including supervision, foundations of decision making and planning, human resource management and general concepts related to people management. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Know basic principles of human resource management and development. • Know the basic functions of the business. • Understands the administrative structure of the business and its operation. • Understands the information of the business environment and how they affect its operation. • Know of the importance of programming and control and its necessary tools. • Develop skills in leadership issues. | | | | |
| Prerequisites | | Required | | | |
| Course Content | Managers and Management, The Management Environment, Foundations of Decision Making, Foundations of Planning, Organizational Structure and Culture, Managing Human Resources, Managing Change and Innovation, Foundations of Individual Behavior, Understanding Groups and Managing Work Teams, Motivating and Rewarding Employees, Leadership and Trust, Communication and Interpersonal Skills, Foundations of Control, Operations Management. | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Project | | | | |
| Bibliography | Greek | | | | |

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| | <ol style="list-style-type: none"> 1. Πάσχος, Γεώργιος Α., Γιοβάνης, Νικόλαος Ε. (2015) Διοίκηση Επιχειρήσεων, Εχέδωρος Εκδοτική, ISBN: 978-960-9971-8-8. 2. Πολύζος, Νικόλαος Μ. (2014) Διοίκηση και οργάνωση υπηρεσιών υγείας, Κριτική, ISBN: 978-960-218-942-9. 3. Τζωρτζάκης, Κώστας (2007), Οργάνωση & διοίκηση: Το μάνατζμεντ της νέας εποχής, Rosili, Αθήνα, ISBN: 978-960-7745217. 4. Cameron, Wilcox D. (2014) Δημόσιες σχέσεις: στρατηγικές και τακτικές, 10η έκδοση, Εκδοτικός Όμιλος ΙΩΝ, ISBN: 978-960-508-153-9. <p>English</p> <ol style="list-style-type: none"> 1. Bovee, Courtland L. (2010), Business communication today, Prentice Hall, Upper Saddle River, N.J., ISBN: 9780138155391. 2. Stephen P. Robbins, David A. De Cenzo (2011), Fundamentals of Management , 7th edition, Pearson/Prentice Hall , ISBN: 978-0136109822. 3. Guffey, Mary Ellen (2010), Essentials of Business Communication, South - Western/ Cengage Learning, Mason, OH, ISBN: 9780324588002. 4. Kurtz, David L. (2009), Contemporary Business 2009, South - Western Cengage Learning, Mason, OH, ISBN: 978-0-470-42580-0. 5. Daft, Richard L. (2008), Management, South - Western Cengage Learning, Mason, OH, ISBN: 978-0-324-53770-3. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

16.

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|-------------------------------|---|-----------------|----------|---------------------|---|
| Course Title | Facial Aesthetics III | | | | |
| Course Code | BTHA202 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | | |
| Teacher's Name | Vasiliadou Erasmia | | | | |
| ECTS | 6 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Facial Aesthetics III is that the students should be able to use the electricity with safety and always taking the appropriate precautions while applying electrical treatments for treating various skin problems. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Keep safety regulations regarding to electrical treatments. ▪ Understand and identify contraindications which need medical approval or restrict the application of electrical treatment. ▪ Be able to apply various sensitivity tests before the use of electrical equipments. ▪ Be able to apply safely various electrical treatments and methods that will give to the client and his/her skin what they want and need to have the desired results. | | | | |
| Prerequisites | BTHA101 - Facial Aesthetics I BTHA106 - Facial Aesthetics II | | Required | | |
| Course Content | <p><u>Theoretical Part</u> Electricity, General Principles, Safety and precautions. Results of the electric current passes in tissue. Sensitivity tests to electrical treatments, cosmetics current applications. Galvanism: desincrustation and iontophoresis. High frequency: direct and indirect. Faradism (muscle electrostimulation). Microcurrent. Vacuum suction. Infrared radiation treatment. Microdermabrasion. Mesotherapy, Hydradermie. Indications, contraindications, precautions. Applications of electrical treatments.</p> <p><u>Practical Part</u> Application of the theoretical part of the lesson. Precautions. Application of various methods of hygiene and sterilisation (thermal, autoclave, etc.)</p> | | | | |

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| | compliance of safety regulations regarding to electrical treatments. Applying various sensitivity tests before using electrical equipment. Application of galvanic iontophoresis and desincrustation, direct and indirect high-frequency faradic electrostimulation, microcurrent, vacuum suction, mesotherapy, hydradermie, microdermabrasion, and infrared radiation. |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιδέρη-Γιαλλουράκη, Αντρη (2018) Αισθητική προσώπου I, KES College. 2. Ρήγα, Μαρία (2006), Αισθητική Ηλεκτροθεραπεία, Αθ. Σταμούλης, Αθήνα, ISBN: 9603516295. 3. Gerson, Joel (2002), Αισθητική, Τέχνη και επιστήμη αισθητική: Εργαστηριακός οδηγός, Εκδοτικός Όμιλος Ίων, ISBN: 960-411-272-4. <p>English</p> <ol style="list-style-type: none"> 1. Rosser, Mo (2006), Body therapy and facial work: Electrical treatments for beauty therapists, Hodder and Stoughton, Sevenoaks, ISBN: 9780340926055. 2. Cressy, Susan (2010) Beauty Therapy: fact file student book, 5th edition, Heinemann. 3. Foulston, Jane (2016) The art and science of beauty therapy: a complete guide for beauty specialists, 4th edition revised, EMS Publishing, ISBN: 978-1903348383. 4. Engel, Renee (2017) Beauty sick: how to cultural obsession with appearance hurts girls and women, Harper, ISBN: 978-0062469779. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

17.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Body Aesthetics II | | | | |
| Course Code | BTHA205 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | | |
| Teacher's Name | Filippidou Antonia | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Body Aesthetics II is the students will get the knowledge in recognizing the problematic area of the body, make correct diagnosis and application of body electrotherapy treatments within safety. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to follow all rules of hygiene and safety of electrical treatments. ▪ Understand body types. ▪ Be able identify common figure faults. ▪ Know basic muscles of the body. ▪ Be able to identify the clients' problem and the causes evoking to the problem based on the information taken from the clients history. ▪ Be able to apply the correct treatment according to the clients problems and need. ▪ Be able to apply correctly mechanical massage and vacuum <i>suction</i> treatment to the body. ▪ Be able to give home care advices to the client including eating habits, exercises, way of life, products used to help the treatment result. ▪ Understand the types of fat. ▪ Be able to update the client's record card whenever needed. | | | | |
| Prerequisites | BTHA107 – Body Aesthetics I | Required | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Clients record card, Body Diagnosis, Morphology of the body, Anatomical positioning problems, Test of muscle strength, Types of fat, Body types, Body measurements, Factors effecting body, Mechanical massage, G5 Applicator Heads, Vacuum Suction treatment.</p> <p><u>Practical Part</u></p> <p>Body diagnosis and recognition of problem, Vacuum Suction Technique, Mechanical massage – Technique. Correct use of applicator heads for</p> | | | | |

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| | Mechanical Massage. Manage problems by using the appropriate techniques. |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Φιλιππίδου, Αντωνία (2018), Θεραπείες Σώματος, KES College. 2. Σιδέρη-Γιαλλουράκη, Άντρη (2017) Αισθητική-Ηλεκτροθεραπεία: σημειώσεις, KES College, Λευκωσία, ISBN 978-9963-734-061. 3. Ρήγα Μαρία, Γρηγόρη Σοφία (2006), Αισθητική ηλεκτροθεραπεία, εκδ. Σταμούλης, Αθήνα, ISBN: 960-035-1629-5. 4. Καράτση, Παναγιώτα (2014) Μέθοδοι ευεξίας και χαλάρωσης στην αισθητική σώματος, Εκδόσεις Πανεπιστημίου Μακεδονίας, ISBN: 978-960-8396-86-9. 5. Πατζίκα, Τιμοθέα (2013) Εισαγωγή στην αισθητική επιστήμη: εγχειρίδιο εφαρμοσμένης αισθητικής, Εκδόσεις Παπαζήση, ISBN: 978-960-02-2899-1. <p>English</p> <ol style="list-style-type: none"> 1. Tucker, Louise (2016) An introductory guide to massage, 3rd revised edition, EMS publishing, London, ISBN: 978-1903348352. 2. Braun, Mary Beth (2008), Introduction to massage therapy, Wolters Kluwer, Baltimore, ISBN: 978-0-7817-7374-4. 3. Fritz, Sandy (2009), Mosby's fundamentals of therapeutic massage, Mosby – Elsevier, Missouri, ISBN: 978-0323-04861-3. 4. Rosser, Mo (2006), Body therapy and facial work: Electrical treatments for beauty therapists, Hodder and Stoughton, Sevenoaks, ISBN: 9780340926055. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

18.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Kinesiology | | | | |
| Course Code | BTHA206 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | | |
| Teacher's Name | Costa Ioannou Froso | | | | |
| ECTS | 2 | Lectures / week | 1 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Kinesiology is the acquaint, familiarize and learning from the beauty therapy students the Musculoskeletal System and the Human Movement. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand the subject of Kinesiology. ▪ Possess the basic concepts of mass, weight and volume. ▪ Know the basic concepts of muscular strength and muscular torque as they affect human movement. ▪ Deepen knowledge of the levers are used by the human body. ▪ Know the axes of movement to the body. ▪ Understand the levels of movement to the body ▪ Know the classification of movements. ▪ Understands the motion paths of the body parts. | | | | |
| Prerequisites | MEDI100 - Anatomy | Required | | | |
| | MEDI106 - Physiology | | | | |
| Course Content | The object of Kinesiology is the study of human movement in all activities of our life. The term of Kinesiology, concepts: Mass, Weight, Volume, Muscular strength and torque. Body levers, Motion levels, axle motion and orbital motion. Supporting system, Functions of bones, joints and range of their movements, Skeletal Muscles, Muscle Tissue, Stiated Muscles, Expanse, Elasticity, Contractility. Muscle classification, Classification according to motion, Stretching and abductors, adductors, Internal and External rotation, sorting according to function (Primary, Stabilising, Compensatory, Competitors), Types of muscle contraction, Truck flexion, Truck shift, Movements of glinovrational joint, movement of elbow, wrist and fingers joints, hip joints, knee joints, ankle joints, bending area, lateral head flexion, muscles and movements of head. | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Χλώρου, Ευαγγελία Γ. (2014), Αισθητική Κινησιολογία: Το σύστημα P.E.S., Παρισσιανού Α.Ε., ISBN: 9789603949978. 2. Τουλιάντος, Γιώργος Ν. (2015) Επιστημονική προσέγγιση και ιατρική πρόληψη στη μυϊκή ανάπτυξη, Αστάρτη, Αθήνα, ISBN: 978-960-263-177-5. 3. Πουλμέντης Πέτρος (2007), Βιολογική μηχανική- εργονομία, εκδ. Αφοί Καπόπουλοι, Αθήνα, ISBN: 978-960-523-003-6. <p>English</p> <ol style="list-style-type: none"> 1. Frost, Robert (2013) Applied Kinesiology: a training manual and reference book of basic principles and practices, North Atlantic Books, ISBN: 978-1583946121. 2. Stephen Wallace (2011) Introduction to Kinesiology: The Science of Human Physical Activity, Cognella, ISBN: 978-1609278014. 3. Paul Jackson Mansfield, Donald A. Neumann (2009) Essentials of Kinesiology for the Physical Therapist Assistant, Mosby, 1 edition, ISBN: 978-0323036160. 4. Shirl J. Hoffman (2009) Introduction to Kinesiology: Studying Physical Activity, Human Kinetics, 3rd edition, ISBN: 978-0736076135. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

19.

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|-------------------------------|--|-----------------|---|---------------------|
| Course Title | Cosmetic Endocrinology | | | |
| Course Code | BTHA201 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | |
| Teacher's Name | Dr. Polydorou Polydoros | | | |
| ECTS | 3 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Cosmetic Endocrinology is for the students to learn the basic organs, tissues and cells which via hormone production regulate the functions of the organism. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand what endocrinology involves, which systems of the body it affects and why it is important in beauty therapy. ▪ Get to know the functions of the endocrine system at the level that this affects the metabolism, the development, the nutrition and the appearance of the person. ▪ Know certain groups of cells, tissues or organs that regulate various functions of the organism. ▪ Recognize the level of interaction between the nervous and endocrine system in the organism's functions. | | | |
| Prerequisites | MEDI100 - Anatomy MEDI106 - Physiology | Required | | |
| Course Content | Introduction to Endocrinology, Gland, Hormone, Hormone types and mode of action, Hypothalamus-Pituitary-Adrenal/Ovaries/Thyroid Axis, Pituitary, Acromegaly, Hyperprolactinaemia, Ovaries, Menstrual cycle/Hormone levels referral, Premenstrual syndrome, Hirsutism, Acne, Polycystic Ovaries Syndrome, Menopause, Adrenals, Congenital Adrenal Hyperplasia, Cushing's syndrome, ACTH, Cortizol, Androgens, Addison's disease, Thyroid gland, Hyperthyroidism, Hypothyroidism, Fibrocystic Breast Diseases, Diabetes Mellitus, Ageing, Ageing Characteristics and Biology. | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment | | | |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Gawkrödger, David J. (2003), Δερματολογία, Παρισιάνου Α.Ε., ISBN 960394064X. | | | |

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| | <p>2. Παπαγαρυφάλλου, Ιωάννης Δ. (2012) Επιλεκτική δερματολογία – Αφροδισιολογία του εξωτερικού ιατρείου, Εκδόσεις Ροτόντα, ISBN: 978-960-6894-44-2.</p> <p>3. Robin Graham - Brown, Johnny Bourke (2010), Έγχρωμος άτλας δερματολογίας, Εκδόσεις Ροτόντα, ISBN 978-960-6894-09-1.</p> <p>4. Οικονομίδης, Ι. Ευάγγελος (2003), Στοιχεία Δερματολογίας & Αισθητικής Ενδοκρινολογίας, Εκδόσεις ΙΩΝ, Περιστέρι, ISBN: 960-411-337-2.</p> <p>5. Γκρεκ, Ιωάννα (2005), Αισθητικά προβλήματα από ενδοκρινολογικά νοσήματα, Βήτα Ιατρικές εκδόσεις, Αθήνα, ISBN: 960-8071-83-6.</p> <p>English</p> <p>1. Rees, Aled, Levy, Miles, Lansdown, Andrew (2017) Clinical endocrinology and diabetes at a glance, Wiley- Blackwell, ISBN: 978-1119128717.</p> <p>2. Guyton, Arthur C (2006), Textbook of Medical Physiology, Elsevier Saunders, Philadelphia, ISBN: 0-7216-0240-1.</p> <p>3. Gaw, Allan (2013), Clinical biochemistry, Churchill Livingstone, Edinburgh, ISBN: 9780702051791.</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

20.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Make-Up | | | | |
| Course Code | BTHA207 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | | |
| Teacher's Name | Spyrou Evroula | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Make-Up is that the student should know the make-up history, the products, make-up techniques and apply make-up according to the time, clothes and occasion. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the history of makeup. ▪ Be able to use tools and cosmetics of makeup. ▪ Be able to prepare the environment for the make-up application. ▪ Be able to apply make-up rules depending on the time, clothing and occasion (morning, afternoon, evening, bridal makeup). ▪ Be able to combine colours and techniques to emphasise or improve the facial features. | | | | |
| Prerequisites | BTHA100 - Facial Morphology and Color | Required | | | |
| Course Content | <p><u>Theoretical Part</u> History of Make-up (from antiquity to modern times). Make-up definition, Make-up categories. Make-up importance. Working environment. Selection of cosmetics according to the skin type. Applying stages for morning, afternoon, evening and bridal makeup. Facial transformations with the make-up technique. Camouflage make-up, colouring naturalization, shading and highlights.</p> <p><u>Practical Part</u> Use of materials and their application depending on the desired effect on the makeup.</p> | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. | | | | |
| Bibliography | <p>Greek</p> <p>1. Σπύρου, Ευρούλα (2018), Διαδικασία Μακιγιάζ, KES College.</p> | | | | |

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| | <ol style="list-style-type: none"> 2. Σιαρλή, Μαρκέλλα (2018), Μορφολογία Προσώπου και Χρώμα, KES College. 3. Δικαιούλια, Ελένη (2008), Τεχνική ψιμυθίωσης προσώπου και σώματος, Εκδόσεις Παπαζήση, Αθήνα, ISBN: 978-960-02-2267-8. 4. Τσιγώνια-Ευλογία, Αλεξάνδρα (2002), Προσωπολογία η τεχνική του μακιγιάζ, Παπαζήση, Αθήνα, ISBN: 960-02-1618-5. 5. Σαββίδου Άννα (2014), Μορφολογία Ιδιότητες Προσώπου, εκδόσεις Σοφία, ISBN: 978-960-6706-71-4. <p>English</p> <ol style="list-style-type: none"> 1. Potter-Dixon, Lisa (2017) The Make-up manual, Ryland, Peter and Small Ltd, ISBN: 978-1849758048. 2. Eldridge, Lisa (2015) Face Paint: The Story of Makeup, Harry N. Abrams, ISBN: 978-1419717663. 3. Morris, Rae, Chee, Steven (2008) Makeup: the ultimate guide, Apple Press, ISBN: 978-1845432665. 4. Ririnui, Jana (2011), Makeup is art: Professional techniques for creating original looks, Carlton books, ISBN: 9781847326201. 5. Conway, Julia (2004) Make-up Artistry: for professional qualifications, Heinemann, ISBN: 978-0435453305. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

21.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Manicure and Pedicure | | | | |
| Course Code | BTHA304 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 3 rd Semester | | | | |
| Teacher's Name | Vasiliadou Erasmia | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Manicure and Pedicure is to provide sufficient knowledge and practice to the students, in order to offer proper service of nail care and nail extension according to the clients' desire. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to prepare a correct procedure of manicure and pedicure treatment. ▪ Study and understand the anatomy and physiology of hand and foot. ▪ Understand the results of a correct manicure and pedicure treatment. ▪ Recognize contra indications and nail disorders that restrict therapy or need therapy. ▪ Know all hygiene and safety rules and their significance. ▪ Be able to prepare correctly the natural nail of the client. ▪ Be able to apply correctly false nail. ▪ Know and apply correctly all methods of nail application. ▪ Know and apply the procedure of maintenance and removal. ▪ Recognize and correct nail problems. ▪ Be able to apply nail design | | | | |
| Prerequisites | MEDI100 - Anatomy | Required | | | |
| | MEDI106 - Physiology | | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Preparation for manicure treatment, Stages of procedure, Anatomy and physiology of hand, Structure, Composition, Chemical texture and parts of nail, Massage, Effects and contra – indications , Nail Disorder, Special treatments of skin and nails, Preparation and procedure of pedicure, Anatomy of foot, Common Problems, Contra Indications and client care after treatment, Preparing natural nail for nail extension, Application false extension, gel, acrylic, Fibreglass, Repairing false nails, Removal of false nails, Faults before and after application and correct treatment, Nail designs.</p> | | | | |

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| | <p><u>Practical Part</u></p> <p>A series of practical techniques following the theoretical part of the class.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> Lectures, Demonstration, Individual or group assignment, Practical work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> Βασιλειάδου, Ερασμία (2018), Ονυχοκομία, KES College. Αμαράντου, Χλόη Ν. (2009), Μανικιούρ-Πεντικιούρ, Εκδοτική Γκιούρδας, Αθήνα, ISBN: 9789603878919. Αμαράντου, Χλόη Ν. (2012), Περιποίηση άκρων: Μανικιούρ, πεντικιούρ, ονυχοπλαστική, Νίκος Αμάραντος Α.Ε., ISBN 978-618-80026-0-9. <p>English</p> <ol style="list-style-type: none"> Newman, Marian (2017) The complete nail technician, 4th edition, Cengage Learning, ISBN: 978-1473748736. Watson, Rosie (2008), New Holland professional: Manicure and pedicure, New Holland, London, ISBN: 978-1-84537-977-3. Baek, Ji (2008), Rescue your nails: A do-it-yourself guide to perfect fingers & toes, Workman publishing, New York, ISBN: 978-0-7611-4377-2. |
| Assessment | <ul style="list-style-type: none"> Class participation 10% Assignments 10% Intermediate Written Examination 15% Intermediate Practical Examination 15% Final Written Examination 25% Final Practical Examination 25% |
| Language | Greek |

22.

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|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Basic Principles of Marketing | | | | |
| Course Code | MRKT204 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | | |
| Teacher's Name | Kyriakidou Stella | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aims of the subject, Basic Principles of Marketing are the theoretical comprehension and practical application of various modern principles of customer-centric Marketing from the students in the competitive environment of businesses. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Gain factual knowledge of the terminology, methods, trends and concepts of the marketing discipline. ▪ Understand fundamental marketing principles and theories as they apply to international and domestic marketing ▪ Be able to apply professional skills and competencies including an understanding: <ul style="list-style-type: none"> a. of the types of decisions that must be made in planning the marketing mix for a firm, and b. of the steps involved in the market segmentation process. ▪ Become aware of all the types of ethical and social responsibility issues firms face that relate to marketing decisions. | | | | |
| Prerequisites | | Required | | | |
| Course Content | Marketing in a Changing World: Creating and Capturing Customer Value, Company and Marketing Strategy: Partnering to Build Customer Relationships, Strategic Planning and Marketing Process, the Marketing Environment, Marketing Information System and Marketing Research, Consumer Markets and Consumer Buyer Behavior, Business Markets and Business Buyer Behavior, Customer-Driven Marketing Strategy: Creating Value for Target Markets, Product, Services, and Brands: Building Customer Value, New- Product Development and Life-Cycle Strategies, Pricing: Understanding and Perceiving Customer Value, Pricing Strategies, Marketing Channels: Implementing Customer Value, Retailing and Wholesaling, Communicating Customer Value: Integrated Marketing Communication Strategy: Advertising, Sales Promotion, Direct and Online Marketing, Public Relations, Personal Selling and Customer Relationship | | | | |

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| | Management, Competitive Strategies: Attracting, Keeping, and Developing the Customer Base, Marketing and Society: Marketing Ethics and Social Responsibility. |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment, Project. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Μαλλιάρης, Πέτρος (2001) Εισαγωγή στο Μάρκετινγκ, Σταμούλη Α.Ε., Αθήνα, ISBN: 9603513679 . 2. Δημητριάδης, Σέργιος (2010), Μάρκετινγκ: Αρχές, Στρατηγικές, Εφαρμογές, Rosili, Αθήνα, ISBN: 9789607745286. 3. Kotler, Philip (2005), Αρχές του Μάρκετινγκ, Δεύτερη Ευρωπαϊκή Έκδοση, Κλειδάριθμος, Αθήνα, ISBN: 960-209-468-0. 4. Μπαλτάς, Γεώργιος (2013), Συμπεριφορά καταναλωτή, Εκδόσεις Rosili, ISBN: 9789607745309. <p>English</p> <ol style="list-style-type: none"> 1. Pushkov, Sergey (2016) Internet marketing: top 10 most effective strategies, Createspace Independent Publishing, ISBN: 978-1523698394. 2. Ferrell, O.C., Hartline, Michael D. (2010) Marketing Strategy, 5th edition, South- Western, ISBN: 978-0538467384. 3. Kotler, Philip (2012), Marketing management, Pearson, Prentice Hall, New Jersey, ISBN: 9780132102926. 4. Kotler, Philip-Armstrong, Gary (2012) Principles of marketing, Pearson, Prentice Hall, New Jersey, ISBN: 9780132167123. 5. Solomon, Michael R. (2016), Consumer Behavior, Pearson, ISBN: 9781292116723. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

23.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Body Aesthetics III | | | | |
| Course Code | BTHA212 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | | |
| Teacher's Name | Filippidou Antonia | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Body Aesthetics III is that the students will be able to apply correctly within safety electrotherapy treatment following all safety rules. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to apply electrotherapy treatments following safety and hygiene rules. ▪ Be able to prepare the client for the treatment. ▪ Understand and Recognize contra indications that need medical permission and contra indications that restrict body treatments. ▪ Be able to suggest and apply treatment according to clients problems and needs. ▪ Be able to explain and apply within safety all over the body, the following electrotherapy treatment galvanic, faradic, Micro currents, UV/IR radiation. ▪ Know all methods of sterilizing electrodes. ▪ Identify all muscles and where they are found on the body. ▪ Be able to apply correctly within safety faradic body treatments. ▪ Understand and explain possible reaction of electrotherapy. ▪ Be able to choose the correct placement of electrodes according to clients needs. ▪ Be able to correctly apply treatment with Micro currents on the thigh and stomach. ▪ Know the reactions of the body that might disappear after treatment. | | | | |
| Prerequisites | BTHA205 - Body Aesthetics II | Required | | | |

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| Course Content | <p><u>Theoretical Part</u></p> <p>Galvanic Power, Faradic power, Micro currents, Client preparation, Pre treatment care. Applying Body treatment with power, Indication, Contra-Indication, Safety rules, Applying treatment, UV/IR radiation.</p> <p><u>Practical Part</u></p> <p>Practice content is the same to theory. Most important is to follow safety rules while applying treatment. Contra indications control. Application of body treatments with galvanic power (iontophoresis).</p> <p>Faradic power: equipment regulators, desirable muscle contraction, Micro current treatment</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Φιλίππιδου, Αντωνία (2018), Θεραπείες Σώματος, KES College. 2. Συλλογικό έργο (2011) Ηλεκτροθεραπεία: βασικές αρχές και πρακτική εφαρμογή, Παρισιάνου Α.Ε., ISBN: 978-960-394-712-7. 3. Καράτση, Παναγιώτα (2014) Μέθοδοι ευεξίας και χαλάρωσης στην αισθητική σώματος, Εκδόσεις Πανεπιστημίου Μακεδονίας, ISBN: 978-960-8396-86-9. 4. Ρήγα Μαρία, Γρηγόρη Σοφία (2006), Αισθητική ηλεκτροθεραπεία, εκδ. Σταμούλης, Αθήνα, ISBN: 960-035-1629-5. <p>English</p> <ol style="list-style-type: none"> 1. Tucker, Louise (2016) An introductory guide to massage, 3rd revised edition, EMS publishing, London, ISBN: 978-1903348352. 2. Braun, Mary Beth (2008), Introduction to massage therapy, Wolters Kluwer, Baltimore, ISBN: 978-0-7817-7374-4. 3. Williams, Anne (2007), Spa Bodywork: A guide massage therapists, Lippincott Williams & Wilkins, Philadelphia, PA, ISBN: 978-0-7817-5578-8. 4. Scott, Joan (2006), Spa: The official guide to spa therapy at levels 2&3, Thomson Learning, London, ISBN: 978-1-84480-312-5. 5. Rosser, Mo (2006), Body therapy and facial work: Electrical treatments for beauty therapists, Hodder and Stoughton, Sevenoaks, ISBN: 9780340926055. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

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| Course Title | Dermatology III | | | |
| Course Code | MEDI203 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | |
| Teacher's Name | Dr. Pallouras Christos | | | |
| ECTS | 5 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Dermatology III is to make the students aware of various tumors of the skin, the risks posed by nevi and melanomas. Possess the basic knowledge to understand when and how the beauty therapist is able to make a positive contribution to the treatment. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Distinguish the types of warts existing and in what cases should be removed. ▪ Understand the dangers posed by melanoma. ▪ Recognize epitheliomata of the skin. ▪ Understand the severity of viral infections and be aware of the modes of transmission so that it can be protected. ▪ Know the factors that cause aging and various methods of treatment. | | | |
| Prerequisites | MEDI108 - Dermatology II | Required | | |
| Course Content | <p>Nevi (types, clinical picture, in which cases should be removed). Malignant melanoma of the skin – (pathogenesis, clinical presentation, diagnosis and therapy). Basal epithelioma skin, Prickly skin epithelioma (pathogenesis, clinical presentation, diagnosis and therapy). Erythema nodosum - (pathogenesis, clinical presentation, diagnosis and therapy). Parasitic knifi. Acute urticaria - clinical picture, diagnosis and therapy. Aphrodisiacs Diseases-- Syphilis, H.I.V, gonokokkikes non urethritis, chlamydial infections. Viral Infections-Herpes, HPV, aging skin.</p> <p>Demonstrate the use of clinical photos</p> | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work | | | |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Νικολαΐδου, Ηλέκτρα (2006), Εισαγωγή στη δερματολογία, Παπαζήση, 2. Αθήνα, ISBN: 960-02-1934-6. | | | |

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| | <ol style="list-style-type: none"> 3. Συλλογικό Έργο (2010) Έγχρωμος Άτλας κοσμητικής Δερματολογίας, Παρισιάνου Α.Ε., Αθήνα, ISBN: 978-960-394-690-8. 4. Gawkrödger, David J. (2003), Δερματολογία, Παρισιάνου Α.Ε., ISBN 960394064X. 5. Παπαγαρυφάλλου, Ιωάννης Δ. (2012) Επιλεκτική δερματολογία – Αφροδισιολογία του εξωτερικού ιατρείου, Εκδόσεις Ροτόντα, ISBN: 978-960-6894-44-2. 6. Robin Graham - Brown, Johnny Bourke (2010), Έγχρωμος άτλας δερματολογίας, Εκδόσεις Ροτόντα, ISBN 978-960-6894-09-1. <p>English</p> <ol style="list-style-type: none"> 1. Oakley, Amanda (2017) Dermatology: made easy, Scion Publishing Ltd, ISBN: 978-1907904820. 2. Bologna, Jean L., Schaffer, Julie V. (2014) Dermatology essential, Saunders, ISBN: 978-1455708413. 3. Soutor, Carol, Hordinsky, Maria (2013) Clinical Dermatology, McGraw-Hill Education, ISBN: 978-0071769150. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

25.

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|-------------------------------|---|-----------------|---|---------------------|
| Course Title | Nosology | | | |
| Course Code | MEDI206 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | |
| Teacher's Name | Dr. Markitani Constantina | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Nosology is for the students to be aware of the major histopathological lesions and disorders of the tissues and organs of the body so as to be able to adjust their aesthetic applications where needed. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to describe the clinical symptoms and the basic methods of clinical examination. ▪ Be able to distinguish the Blood, respiratory, digestive, circulatory and urinary diseases. ▪ Be able to apply protective measures and treatment methods. ▪ Be familiar with the peculiarities of the organism when aging as well as the diseases of old age. | | | |
| Prerequisites | MEDI100 - Anatomy MEDI106 - Physiology | Required | | |
| Course Content | <p>Introductory concepts-- health, diseases, prevention. Immune system.</p> <p>Blood Diseases--laboratory testing, Anemia-Types of anemia, iron, megaloblastic, hemolytic, haemoglobinopathies, aplastic. Diseases of white blood cells, leukemia-cell lymphoma, abnormal clotting, blood groups and transfusions. Respiratory diseases - respiratory failure, chronic respiratory pulmonary, bronchial asthma, pneumonia, pneumothorax, atelectasis, pleurisy, lung cancer. Urinary Tract Infections - urine test, kidney failure (acute, chronic), nephrotic syndrome, pyelonephritis, Speirometonefritides, urinary tract infection, Prostate Disorders, Kidney and Bladder Tumors.</p> <p>Digestive System Diseases - Methods of examination, peptic ulcer, gastroesophageal reflux disease, gastritis, colon cancer, Irritable Colon, Idiopathic inflammatory bowel disease (Ulcerative Colitis, Crohn Disease), Esophageal achalasia, hiatus hernia, ileus. Liver and Biliary Diseases - Jaundice, cirrhosis, hepatitis. Diseases of circulatory system – ECG (Electrocardiogram), Heart Risk Factors, hypertension, dyslipidemia, coronary heart disease, angina, myocardial infarction, heart failure, shock,</p> | | | |

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| | sudden death, cardiac arrhythmias, rheumatic fever, myocarditis, pericarditis. Rheumatic Diseases and Cancer - Autoimmune Disease, Rheumatoid Arthritis, Juvenile Rheumatoid arthritis, ankylosing spondylitis, lupus, scleroderma. Osteoporosis, Paget Bone Disease, tumors, Cancer Staging, Cancer Breast, Ovarian and Cervical cancer. Introduction to chemotherapy. Knowledge of geriatric medicine - Diseases of aging. |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Χανιώτης Φραγκίσκος (2008 -2002), Νοσολογία-Παθολογία, Τόμοι Α,Β,Γ,Δ , εκδ. Λίτσας, Αθήνα, ISBN: 960-372-057-7, ISBN: 960-372-058-5, ISBN: 960-372-059-3, ISBN: 960-372-060-7. 2. Χαροκόπος, Νικόλαος (2005) Στοιχεία νοσολογίας, Φιλομάθεια, ISBN: 960-87710-5-6. 3. Χαρατσή-Γιωτάκη, Ελένη (2014), Σύγχρονη εσωτερική παθολογία, Ελένη Χαρατσή-Γιωτάκη, ISBN: 9789609350969. <p>English</p> <ol style="list-style-type: none"> 1. Gaw, Allan (2013), Clinical biochemistry: an illustrated colour, 5th edition, Churchill Livingstone, ISBN: 978-0702051791. 2. Green, David (2011) Physic self – defense: the health and safety of spirituality, lulu.com, ISBN: 978-1471632198. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

26.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Depilatory Methods II | | | | |
| Course Code | BTHA214 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | | |
| Teacher's Name | Spyrou Evroula | | | | |
| ECTS | 4 | Lectures / week | 1 | Laboratories / week | 2 |
| Course Purpose and Objectives | The aim of the subject Depilatory Methods II is fundamental knowledge and practical work necessary to have the information and skills needed for the application of permanent depilation methods to treat excessive hair growth with the use of electric current. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand the Anatomy and Structure of hair. ▪ Know the types of hair. ▪ Understand the cycle and stages of hair growth. ▪ Understand the factors affecting hair growth (puberty, menstrual cycle, pregnancy, menopause) ▪ Understand the terms of Hirsutism and Hypertrichosis, know their differences, <i>to be able to diagnose and choose suitable treatment according to clients needs.</i> ▪ Be able to choose and apply the appropriate method to treat excessive hair growth. ▪ Be able to choose the correct needle size according to the area to be btreated. ▪ Understand the importance of stretching the skin during treatment. ▪ Understand the possible causes of making scars and preventing it | | | | |
| Prerequisites | BTHA109 - Depilatory Methods I | Required | | | |
| Course Content | <u>Theoretical Part</u> Hair, Type of hair, Stages of Hair growth (Anagen, Catagen, Telogen), Factors effecting hair growth. Hirsutism and Excessive hair growth, Choosing and applying methods to treat excessive hair growth (electrolysis, thermolysis, blend). Choosing the correct size of needle, Stretching the skin, Possible reasons to causing scars, Application of electrolysis at different parts of the body, Contra – indications, Precautions and Reactions during and after treatment. | | | | |

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| | <p>Practical Part</p> <p>Series of practical techniques following the theoretical part of the class. Safety measures.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical Work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Τσιγώνια – Ευλογία, Αλεξάνδρα (2010) Δερματικές συνθήκες και μέθοδοι ηλεκτρικής αποτρίχωσης, Εκδόσεις Παπαζήση, Αθήνα, ISBN: 978-960-02-2508-2. 2. Λεονταρίδου, Ιωάννα Χ. (2010) Μέθοδοι αποτρίχωσης: Τριχοσηγματικός Θύλακας: ανάπτυξη τριχών: αυξημένη τρίχωση γυναικών, UniversityStudioPress, ISBN: 978-960-12-1968-4. 3. Πρωτόπαπα Ευαγγελία Ε. (2004), Φυσιοπαθολογία & θεραπευτική διαταραχών της τριχοφυΐας, εκδ. Παπαζήση, Αθήνα, ISBN: 960-02-1746-7 . 4. Gerson, Joel (2004), Αποτρίχωση: Εργαστηριακός Οδηγός, Milady's, Ίων, Αθήνα, ISBN: 9604116799. <p>English</p> <ol style="list-style-type: none"> 1. Morris, Gill (2012) Practical Electrolysis: the official guide to electro-epilation, Cengage Learning, ISBN: 978-1408054973. 2. Gior, Fino (2005), Modern electrology: Excess hair, its causes and treatments - including laser, Hair Publishing, inc, New York, ISBN: 0-8735-01413-5. 3. Baumann, Leslie (2009) Cosmetic Dermatology: Principles and practice, 2nd edition, McGraw-Hill Education, ISBN: 978-0071490627. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

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| Course Title | Hygiene | | | | |
| Course Code | BTHA217 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | | |
| Teacher's Name | Dr. Papadopoulos Elias | | | | |
| ECTS | 3 | Lectures / week | 1 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Hygiene is to make the students understand the various <i>infectious</i> diseases that will make them able to recognize the clinical symptoms and other characteristics of the main findings of infectious diseases to take appropriate precautions. | | | | |
| Learning Outcomes | By the end of the course, student will be expected to: <ul style="list-style-type: none"> ▪ Differentiate types of infectious diseases. ▪ Understand the ways and sources of contamination ▪ Know the clinical picture, the incubation time and treatment ▪ Be able to implement protective measures for various infections | | | | |
| Prerequisites | | Required | | | |
| Course Content | Infection Diseases. (General) Categories of infections a) Virus Diseases (RNA, DNA) b) Bacterial Infections (Rickettsia, Chlamydia, Mycoplasma) c) Fungi Infections, Mycosis d) Protozoa-Parasites Infections. Clinical picture of various infectious diseases, epidemiology, Transmission modes, incubation time, contagiousness, treatment. Prevention of various infectious diseases and precautions in case of outbreak. | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment. | | | | |
| Bibliography | Greek <ol style="list-style-type: none"> 1. Macleod, John (2006), Macleod's Κλινική Εξέταση 11η έκδοση, ΠΑΡΙΣΙΑΝΟΥ Α.Ε., Αθήνα, ISBN: 960-394-434-3. 2. Davey, Patrick (2006), Παθολογία με μια Ματιά, Επιστημονικές Εκδόσεις Παρισιάνου Α.Ε., Αθήνα, ISBN: 960-394-399-1. 3. Γκρεκ, Ιωάννα (2005), Αισθητικά προβλήματα από ενδοκρινολογικά νοσήματα, Βήτα Ιατρικές εκδόσεις, Αθήνα, ISBN: 960-8071-83-6. 4. Καραγκούνη-Κύρτσου, Αμαλία Δ. (2012), Γενική μικροβιολογία, Εκδόσεις Αθ. Σταμούλης, ISBN: 9789603519041. | | | | |

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| | <p>5. Μαυρίδου, Αθηνά Θ. (2012), Γενική μικροβιολογία, Εκδόσεις Πασχαλίδη, ISBN: 9789604891634.</p> <p>6. Barrett, James T. (2002), Βασικές αρχές μικροβιολογία και ανοσολογία, Επιστημονικές Εκδόσεις Παρισιάνος, ISBN: 9603941549</p> <p>English</p> <p>1. Gaw, Allan (2013), Clinical biochemistry: an illustrated colour, 5th edition, Churchill Livingstone, ISBN: 978-0702051791.</p> <p>2. Green, David (2011) Psychic self defence: the health and safety of spirituality, lulu.com, ISBN: 978-1471632198.</p> <p>3. Champe, Pamela C. (2005), Biochemistry: Lippincotts' illustrated reviews, Lippincott Williams & Wilkins, Philadelphia, ISBN: 0-7817-2265-9</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

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| Course Title | Stress Management Techniques | | | | |
| Course Code | BTHA216 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 2 nd Year/ 4 th Semester | | | | |
| Teacher's Name | Dr. Georgiou Nicos (Theoretical) Sideri Andri (Practical) | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 2 |
| Course Purpose and Objectives | The aim of the subject Stress Management Techniques is the understanding by the students of the meaning of Stress and the effects to the <i>human</i> organism and to be able to demonstrate stress management techniques. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Realize the meaning of Stress. ▪ Be able to explain the various types of Stress. ▪ Understand the effects of stress to the systems of the organism and other natural symptoms. ▪ Explain “fight or flight” syndrome. ▪ Be able to apply Stress Management techniques. ▪ Know all consultation methods and evaluation of treatment results. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>The term of stress and understanding of the scale of Holmes – Rahe. The meaning of balance and harmony to the body, (homeostasis), Consequences of stress at biological (body systems), Physiological and Social level, Types of stress (positive – negative stress), Procedure of creation of stress and “Fight or Flight” syndrome, Natural signs and Symptoms of stress (short term and long-term). Client Consultation methods, Contra – Indications to the treatment, Client care, Hygiene Procedures, Treatment evaluation, Client home care advice.</p> <p>Strategy and Techniques of Stress Management:</p> <ul style="list-style-type: none"> ▪ Breathing and relaxing body exercises. ▪ Counselling ▪ Time Management. | | | | |

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| | <ul style="list-style-type: none"> ▪ Division of tasks and responsibilities ▪ Sleep. ▪ Nutrition . ▪ Exercise. ▪ Indian Head Massage <p><u>Practical Part</u></p> <p>A series of practical techniques following the theoretical part of the class.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Chopra , D., Simon, D. (2012) Διαχείριση του στρες και ο διαλογισμός αρχέγονου ήχου, Ασημάκης Π., ISBN: 978-960-7582-37-9. 2. Fleiszman, Nadine (2007), NoStress: Αναπνεύστε βαθιά, διώξτε το άγχος!, Κριτική, Αθήνα, ISBN: 978-960-218-508-7. 3. Σαπουντζή - Κρέπια, Δέσποινα (2006), Stress Management: Η διαχείριση τού Στρες, Έλλην, Αθήνα, ISBN: 960-286-898-8. <p>English</p> <ol style="list-style-type: none"> 1. Rowland, Sarah (2017) Stress management for beginners: guided meditation techniques to reduce stress , increase happiness and improve health, body, and mind, Createspace Independent Publishing, ISBN: 978-1542349796. 2. Elkin, Allen (2013) Stress management for Dummies, 2nd edition, For Dummies, ISBN: 978-1118523926. 3. Wingo, Mary (2016) The impact of the human stress response: the biologic origins of human stress (a practical stress management book about the mind body correction of stress), Roxwell Waterhouse, ISBN: 978-0997481310. 4. Davis, Martha (2008), The relaxation & stress reduction workbook, New Harbinger Publications, Oakland, CA, ISBN: 978-1-57224-549-5. 5. Lehrer P.M., Woolfolk R.L. & Sime W.E. (2008), Principles and Practice of Stress Management (3rd edition), New York: The Guilford Press. ISBN: 978-1606230008. 6. Egan, Angela (2007), Holistic Skincare: An essential guide for therapists, Word4word, ISBN: 978-1-906316-00-6. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

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|-------------------------------|---|-----------------|----------|---------------------|---|
| Course Title | Aromatherapy | | | | |
| Course Code | BTHA300 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | | |
| Teacher's Name | Filippidou Antoniou | | | | |
| ECTS | 6 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Aromatherapy is to give the opportunity to the students to take a theoretical basis for the beneficial ingredients of essential oils and put in practice the therapeutic uses of them for the improvement of health of the body and calm of the mind. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to prepare mixtures by mixing plants oils and fragrances. ▪ Be able to control the purity of essential oils. ▪ Understand the therapeutic properties of aromatherapy. ▪ Be able to correctly use essential oils on the basis on the beneficial properties for therapeutic purposes and massage. ▪ Know the beneficial ingredients of essential oils. ▪ Be aware of the indications and contra-indications of essential oils. ▪ Be able to apply the Aromatherapy techniques. | | | | |
| Prerequisites | MEDI100 - Anatomy MEDI106 - Physiology | | Required | | |
| Course Content | <p><u>Theoretical Part</u> Introduction to aromatherapy. History of aromatherapy. Essential oils, the production of essential oils from different parts of the plants, the essential oils and their properties, general features of essential oils, the main essential oils and reference table for the therapeutic indications for various diseases and situations, methods of extraction of essential oils, Certified of purity of the oil, the effects of essential oils in the human systems, chemical substances of essential oils. Base Oils (for mixing). Safety in aromatherapy, Indications and Contraindications of Aromatherapy, The technique – massage of aromatherapy. Aromatherapy results.</p> <p><u>Practical Part</u> A series of practical techniques which will cover the theoretical part of the lesson.</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> • Continuous Evaluation: <ul style="list-style-type: none"> • Attendance (Lectures and Demonstration) 10% • Participation (personal and group) 15% • Assignments, Essays, Tests 25% • Final Written Exams 50% |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Κασάπη, Ξάνθη (2018) Αρωματοθεραπεία, KES College. 2. Χρησιτίδης, Νίκος (2017) Αρωματοθεραπεία: τα αιθέρια έλαια και η θεραπευτική δράση τους, Αιώρα, Αθήνα, ISBN: 978-618-5048-49-5. 3. Σταύρος Κατσιώτης (2010), Αρωματικά φαρμακευτικά φυτά και αιθέρια έλαια: Παραγωγή, επεξεργασία, μεταποίηση, αξιοποίηση, διεθνείς αγορές, αρωματοθεραπεία, αρωματοποιία, Αδελφών Κυριακίδη Α.Ε., ISBN 9789604671861. 4. Harding, Jennie (2009), Αρωμαθεραπεία: Συμβουλές και μυστικά, Κλειδάριθμος, Αθήνα, ISBN: 9789604612253. 5. Γιώργος Έλληνας (2017), Το μικρό βιβλίο για τη βοτανοθεραπεία, Αλφάβητο Ζωής, ISBN 978-618-5340-01-8. <p>English</p> <ol style="list-style-type: none"> 1. Butje, Andrea (2017) The Heart of aromatherapy: an easy to use guide for essential oils, Hay house, ISBN: 978-1401951610. 2. Worwood, Valerie- Ann (2016) The complete book of essential oils and aromatherapy, revised and expand: over 800 natural, nontoxic, and fragrant recipes of create health, beauty and safe home and work environments, New York Library, ISBN: 978- 1577311393. 3. Purchon, Nerys, Cantele, Lora (2014) The complete aromatherapy and essential oils handbook for everyday wellness, Robert Rose, ISBN: 978-0778804864. 4. Tucker, Louise (2009) An introductory guide to aromatherapy, Holistic Thera-py Books, U.K, ISBN: 9781903348147. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Professional / Theatrical Make-Up | | | | |
| Course Code | BTHA303 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | | |
| Teacher's Name | Shiarly Markella | | | | |
| ECTS | 7 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Professional/Theatrical Make-up is the students to become capable make-up artists by using the specific application techniques, the appropriate products, to shape the face or and the body according with the character and the role they want to create. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to use various ways to <i>develop</i> characters for theatre, cinema, television and photography. ▪ Know and apply the appropriate colours which are used for the professional make-up. ▪ Know and apply the correct techniques for professional make-up. ▪ Be able to choose the appropriate colour tones according to the lighting. ▪ Be able to apply techniques of transformations of the face by using the appropriate colours. ▪ Be able to create special effects of the face and the body according to the role he/she will present (aging, wounds or cuts etc). ▪ Be able to understand the difference between the beauty make-up (beauty creation) and the professional, theatrical make-up (creation of characters) ▪ Be able to create aging image with the use of shading and highlights or special products as latex. | | | | |
| Prerequisites | BTHA207 - Makeup | Required | | | |
| Course Content | <u>Theoretical Part</u> Colouring, Lighting and Make-up. Selection of materials, products and tools for Professional Makeup, Research and Preparation of Professional Makeup, Centuries Make up, Make-up of Every Decade, Application of make-up for colour and black and white photography in men and women. Materials of | | | | |

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| | <p>theatrical make-up and ballet. Make-up for film and television. Media make-up. <i>Aging make-up and different Ethnic. Special Effect, Fashion and Catwalk Makeup. Body Painting. Use of Latex, Character Creation.</i></p> <p>Practical Part</p> <p>Application of a range of makeup styles according to the needs of theatrical, film, video and photography work.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. ▪ Assignment of Creation by the students an album/portfolio submitted at the end of the semester. Students are required to include In the assignment and personal external work of Professional Makeup application. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2018), Επαγγελματικό-Θεατρικό Μακιγιάζ , KES College. 2. Τσιγώνια-Ευλογία, Αλεξάνδρα (2010) Μακιγιάζ παραστατικών τεχνών: τεχνική προσθετικών υλικών, Δεσμός, Αθήνα, ISBN: 978-960-98884-5-5. 3. Δικαιούλια, Ελένη (2008), Τεχνική ψιμυθίωσης προσώπου και σώματος, Εκδόσεις Παπαζήση, Αθήνα, ISBN: 978-960-02-2267-8. 4. Τσιγώνια - Ευλογία, Αλεξάνδρα (2010), Τατουάζ, μόνιμο μακιγιάζ: Ειδικές φωτοσκιάσεις, Δεσμός, ISBN 978-960-98884-6-2. <p>English</p> <ol style="list-style-type: none"> 1. Potter-Dixon, Lisa (2017) The Make-up manual, Ryland, Peter and Small Ltd, ISBN: 978-1849758048. 2. Eldridge, Lisa (2015) Face Paint: The Story of Makeup, Harry N. Abrams, ISBN: 978-1419717663. 3. Davis, Gretchen (2012) The Makeup Artist Handbook: techniques for film, television, Photography and theatre, 2nd edition, Focal Press, ISBN: 978-0240818948. 4. West, Cathy (2011) Stage Makeup: set one, Ransom Publishing, ISBN: 978-1841674841. 5. Morris, Rae, Chee, Steven (2008) Makeup: the ultimate guide, Apple Press, ISBN: 978-1845432665. 6. Vinther, Janus (2005), Special effects, make-up, Routledge, New York, ISBN: 0-87830-178-X. 7. Ririnui, Jana (2011), Makeup is art: Professional techniques for creating original looks, Carlton books, ISBN: 9781847326201. 8. Conway, Julia (2004) Make-up Artistry: for professional qualifications, Heinemann, ISBN: 978-0435453305. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% |

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| | <ul style="list-style-type: none">• Intermediate Practical Examination 15%• Final Written Examination 25%• Final Practical Examination 25% |
| Language | Greek |

31.

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|-------------------------------|--|-----------------|---|---------------------|---|
| Course Title | Reflexology | | | | |
| Course Code | BTHA305 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | | |
| Teacher's Name | Vassiliadou Erasmia | | | | |
| ECTS | 6 | Lectures / week | 1 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject Reflexology is to make the students understand <i>and explain</i> the meaning of reflexology, and be able to demonstrate the treatment procedure. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand the reflexes and healing points which are in our body. ▪ Know the maps of the feet and the hands which are present the reflective points of the body. ▪ Be able to apply the techniques of Reflexology treatment. ▪ Be able to evaluate Reflexology treatments. | | | | |
| Prerequisites | MEDI100 – Anatomy | Required | | | |
| Course Content | <p><u>Theoretical Part</u> Holistic Treatments, History of Reflexology and its evolution, Reflective points and zones, Influence of the Environment (social life, economy and natural environment) in Health and well-being of the person, Anatomy of Foot, Ankle and Lower limbs, Anatomy of the hand, wrist and arm, diseases and disorders of hand and foot, sensory systems of the body. Results of the stress on the body systems, how Reflexology can help. Legislation in relation to reflexology treatment, Client consent to receiving the treatment. Importance of reflexology to people receiving Palliative or Social Care. Consultation methods, Contraindications to the Treatment, Client Care, “External Reading” of the feet. Clinical Observation of the body and its importance in client treatment. Procedure of Treatment. Map of feet and hands showing the points of reflective parts. Interpretation of reflective parts, Cross Referral Areas of hands and feet, Possible Reactions to the Treatment, Treatment Evaluation, Homecare advice to the client, Client referrals to other specialists, Self-treatment.</p> <p><u>Practical Part</u> A series of practical techniques which will cover the theoretical part of the lesson</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Τζιλάντερς, Αν (2008), Ρεφλεξολογία: Το πλήρες εγχειρίδιο, Εκδόσεις Αλκίμαχον, Αθήνα, ISBN: 978-960-6623-50-9. 2. McLaughlin, Chris (2017), Ρεφλεξολογία: Συμβουλές και λεξικά, Κλειδάριθμος, ISBN 978-960-461-728-9. 3. Kunz, Barbara (2012), Ρεφλεξολογία: Παίξτε την υγεία στα δάχτυλα, Κλειδάριθμος, ISBN 978-960-461-514-8. 4. Βρέττα, Ανθή Β. (2011), Η ρεφλεξολογία από το χθες στο σήμερα, Etra, ISBN 978-960-6830-21-1. 5. Κυριακίδης, Μιχάλης (2009), Ρεφλεξολογία: Πλήρης οδηγός ρεφλεξολογίας, Π. Κυριακίδη, Αθήνα, ISBN: 978-960-6775-25-3. 6. Marino, Carlos A. (2006), Μασάζ & Ρεφλεξοθεραπεία: Θεραπεύοντας με τα χέρια, Καλοκάθη, Αθήνα, ISBN: 960-396-253-8. <p>English</p> <ol style="list-style-type: none"> 1. Kunz, Barbara (2009) Complete reflexology for life, DK, ISBN: 978-0756655808. 2. Tucker, Louise (2009), An Introductory Guide to Reflexology, Ems publishing, London, ISBN: 9781903348581 3. Gillanders, Ann (2008) The complete reflexology tutor: everything you need to achieve professional expertise, Gaia, ISBN: 978-1856752831. 4. Oxenford, Rosalind (2007), Reflexology: A step-by-step practical guide to therapeutic healing with the hands and feet, Southwater, London, ISBN: 978-1-84476-444-0. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

32.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Organization of Beauty Units | | | | |
| Course Code | BTHA110 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | | |
| Teacher's Name | Vassiliadou Erasmia | | | | |
| ECTS | 3 | Lectures / week | 1 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Organization of Beauty Units is that the students will understand the way of organizing and operating Beauty Units and Fairness. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the writing of the business plan. ▪ Understand the importance of selecting and planning treatment. ▪ Understand the importance of proper organization and ergonomics of the premises. ▪ Gain knowledge about the design, layout and organization of area. ▪ Understand the importance of maintaining hygiene and safety of area. ▪ Understand the importance of proper professional conduct and appearance. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p>Vision – Mission Statement, Introduction to Business Plan, Name and design of logo, Product selection (treatment)-Planning and schedules of therapy (treatment plan). The concept of the five senses and their importance in the design of area, Design and Layout of area. Reception Area, Waiting Area. Food and Drink area, Relaxation area, Spaces/Rooms for treatments (wet and dry), Sanitary facilities (toilets / showers, customers' changing rooms / staff room, laundry), Administrative area / Offices / Staff Area, Storage of materials, Organization of area (environment, furnishings, equipment, ergonomics of area, decoration). Details of the designing (floor, walls, lighting, heating, air conditioning, ventilation of area, mechanical installations, Air Filtration, Drainage, Sound insulation, screens, styles, colours and materials). Equipment, products and supplies (maintenance and monitoring), Area Hygiene (sterilization and disinfection), safety procedures and the importance of accident prevention, Area functioning (planning of reception maintenance and cleanliness of premises). Process of preparation of rooms and customer</p> | | | | |

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| | reviews, Organization of customers files, Professional attitude and professional Appearance. |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Project |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2018) Οργάνωση μονάδων αισθητικής, KES College. 2. Γκρεκ Ιωάννα (2003), Αισθητική και Αισθητικοί: Η δεοντολογία του λειτουργήματος και του επαγγέλματος, Εκδ. Παπαζήσης, Αθήνα, ISBN: 960-02-1700-9. 3. Cameron, Wilcox D. (2014) Δημόσιες σχέσεις: στρατηγικές και τακτικές, 10η έκδοση, Εκδοτικός Όμιλος ΙΩΝ, ISBN: 978-960-508-153-9. 4. Πολύζος, Νικόλαος Μ. (2014), Διοίκηση και οργάνωση υπηρεσιών υγείας, Εκδόσεις Κριτική, ISBN: 9789602189429. 5. Μαρχαβίλας, Παναγιώτης Κ. (2016), Διαχείριση ασφαλείας και υγιεινής της εργασίας: Τεχνικές και μέθοδοι εκτίμησης της διακινδύνευσης, επικινδυνότητας στην ασφάλεια εργασίας, Τζιόλα, ISBN 978-960-418-633-4. <p>English</p> <ol style="list-style-type: none"> 1. Cardona, Dennise (2014) Salon Buzz: marketing and management ideas for ultimate success, ISBN: 1-463649290. 2. Tezak J.E. (2006), Successful Salon Management for Cosmetology Students, Milady, New York, ISBN: 978-1418034511. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

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|-------------------------------|---|-----------------|---|---------------------|
| Course Title | English Terminology | | | |
| Course Code | ENGL206 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | |
| Teacher's Name | Panteli Maria | | | |
| ECTS | 3 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject English Terminology is to enable students understand basic Aesthetics and Make-up <i>themes</i> in English Language and familiarize with its basic terminology. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to recognize the basic terms of Beauty Therapy in English bibliography and especially the skin. ▪ Know the terminology of the practical part ▪ <i>Understand the English terminology indicated on cosmetic products for facial and body care to be used safely and more effectively.</i> | | | |
| Prerequisites | | Required | | |
| Course Content | Terminology of skin and its properties, terminology of practical aesthetics for skin care, terminology for skin types and common skin problems, cosmetic make-up products terminology, basic vocabulary and terminology of facial and body care products used in facial and body treatments. | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstrations, Individual or group assignments | | | |
| Bibliography | <p>English</p> <ol style="list-style-type: none"> 1. Παντελή, Μαρία (2018) Αγγλική ορολογία, KES College. 2. Πανουτσόπουλος, Γεώργιος Ι. (2016), Αγγλική ορολογία για επιστήμονες υγείας, Εκδόσεις Δίσιγμα, ISBN: 9789609495936. 3. Leith, Sam (2017) Write to the Point: how to be clear, connect, and persuasive on the page, Profile books. 4. Williams, Phil, Wright, Bob (2014) The English Tenses Practical Grammar Guide, Phil Williams, ISBN: 978-0993180804. 5. Cressy, Susan (2008) Illustrated beauty therapy dictionary, Heinemann, Essex, ISBN: 978-0-435449-12-4. | | | |

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| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | English |

34.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Health and Safety at Work | | | | |
| Course Code | HESF302 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 5 th Semester | | | | |
| Teacher's Name | Hadjisymeou Panayiotis | | | | |
| ECTS | 5 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Health and Safety at Work is, to educate students about health issues, safety and protection required in the working environment. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be aware of the legislation of the government that has to do with safety and hygiene at work. • Understand the need to apply the relevant legislation. • Recognize common risks related to health, safety and protection and a methodology for an adequate assessment of these risks. • Understand the need to apply appropriate health and safety measures to reduce the significant risks and create the conditions for a safe work environment. • Understand the key role and responsibilities of the employer in following the appropriate measures. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Legislative framework for the health and safety of workers</u></p> <ul style="list-style-type: none"> ▪ Professional hygiene ▪ Occupational diseases ▪ Safety rules at work <p><u>Risks of occupational safety and health in the field of aesthetics</u></p> <ul style="list-style-type: none"> ▪ The prevention and promotion of health in aesthetics ▪ The risk of haematogenic transmissible infections ▪ The risk of infection through direct or indirect contact. ▪ Protection against radiation emitting devices (laser) ▪ Allergies <p><u>Behaviour in emergency situations</u></p> <ul style="list-style-type: none"> ▪ Emergency action plan ▪ Responsibility for health and safety issues in the workplace | | | | |

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| | <ul style="list-style-type: none"> ▪ Responsibilities of employers and administrators, employee responsibilities ▪ Employee responsibilities ▪ Addressing dangerous situations for safety and health <p><u>Prevention of labour accidents</u></p> <ul style="list-style-type: none"> ▪ Preventing accidents for the safety of workers ▪ Measures for the prevention of occupational diseases <p><u>Tools and equipment</u></p> <ul style="list-style-type: none"> ▪ Training for proper use ▪ Machine protection devices ▪ Sharp objects ▪ Electricity ▪ Maintenance <p><u>Ergonomic/ psychosomatic risks from the work environment</u></p> <ul style="list-style-type: none"> ▪ Back pain ▪ Injuries ▪ Hand health ▪ Feet safety ▪ Workload <p><u>Chemicals</u></p> <ul style="list-style-type: none"> ▪ Chemical compounds ▪ precautions from mixing materials ▪ Exposure to hazardous chemicals ▪ Fumes ▪ Chemical reagents, risk information, symbols and indications on packaging. ▪ Electric shock, Electrical accidents ▪ Appropriate measures to manage risks (avoidance of exposure, restriction of use of preparations, removal of vapours through adequate ventilation system, etc.) <p><u>Risk education</u></p> <ul style="list-style-type: none"> ▪ Training of new entrants • Re-training employees |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Stranks, Jeremy (2017), Μάνατζμεντ ασφάλειας και υγείας των εργαζομένων, Rosili, ISBN 978-618-5131-34-0. 2. Συλλογικό έργο (2007), Υγεία και ασφάλεια στο εργασιακό περιβάλλον, Τεχνικό Επιμελητήριο Ελλάδας, ISBN 978-960-8369-18-4. 3. Μαρχαβίλας, Παναγιώτης Κ. (2016), Διαχείριση ασφαλείας και υγιεινής της εργασίας: Τεχνικές και μέθοδοι εκτίμησης της διακινδύνευσης, επικινδυνότητας στην ασφάλεια εργασίας, Τζιόλα, ISBN 978-960-418-633-4. 4. Ο περί Εγγραφής Αισθητικών Νόμος του 1999 (40(I)/1999) |

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| | <p>5. Ο περί Ασφαλείας και Υγείας στην Εργασία Νόμος του 1996 (Ν. 89(I)/1996)- 2015 και οι σχετικοί κανονισμοί.</p> <p>English</p> <p>1. Hughes, Phil (2008), Easy guide to health and safety, Elsevier, ISBN: 978-0-7506-6954-2.</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

35.

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|-------------------------------|--|-----------------|----------|---------------------|--|
| Course Title | Research Methodology | | | | |
| Course Code | PROJ322 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | | |
| Teacher's Name | Dr. Demetris Sarris | | | | |
| ECTS | 5 | Lectures / week | 3 | Laboratories / week | |
| Course Purpose and Objectives | <p>The aim of the subject Research Methodology is the understanding by the students of the necessity of writing projects as a means of communication of scientific discoveries, the understanding of the method the project is processed in the form of a review or a research project and the writing of a project on a specific subject related to Beauty Therapy.</p> <p>Data and data categories. Demographics. Sample and sampling techniques. Analysis and presentation of data through the use of software packages (Excel, SPSS). Criteria for evaluating a scientific work.</p> | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be familiar with the use of the computer and software for the purpose of project writing. ▪ Develop research interest. ▪ Know the basic principles of statistics, its application and its uses. ▪ Understand the methods for organizing and describing data. | | | | |
| Prerequisites | | Required | | | |
| Course Content | The use of a scientific project and research, Information on the scientific project and research, Copyrights, Sides and choices of the scientific project, Theory and practice of the scientific method. Writing technique, Choosing subject, Basic principles of statistics and research, Applications and uses of statistics, Project writing and Project and research presentation, Project and research assessment. | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment. | | | | |
| Bibliography | <p>Greek</p> <p>1. Σιδέρη – Γιαλλουράκη Αντρή (2018), Μεθοδολογία Συγγραφής Επιστημονικής Εργασίας, KES College.</p> | | | | |

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| | <ol style="list-style-type: none"> 2. Κατή, Ελένη Δημ. (2014) Οδηγός για τη Συγγραφή Επιστημονικής Εργασίας: με προτάσεις για υποσημειώσεις και βιβλιογραφικές παραπομπές, Μέθεξις, Θεσσαλονίκη, ISBN: 978-960-6796-66-1. 3. Μπουρλιάσκος, Βασίλειος Γ.Ι. (2010) Πως γράφεται μια επιστημονική εργασία: πρακτικός οδηγός: συγγραφή επιστημονικής εργασίας και βιβλιογραφική έρευνα, Διόνικος, Αθήνα, ISBN: 978-960-6619-50-2. 4. Louis Cohen (2012), Μεθοδολογία εκπαιδευτικής έρευνας, Μεταίχμιο, ISBN 978-960-501-088-1. <p>English</p> <ol style="list-style-type: none"> 1. Bell, Judith (2014) Doing your research project: a guide for first-time researchers, 6th revised edition, Open University Press, ISBN: 978-0335264469. 2. Berry, Ralph (2000) The research project: How to write it, 4th edition, Routledge, London, ISBN: 0-415-20520-4. 3. O' Leary, Zina (2017) The essentials guide to doing your research project, 3rd edition, Sage Publications, ISBN: 978-1473952089. 4. Meraklis, V. (2011), A Guide for Planning and Writing a project (A research paper, Thesis or Dissertation), KES College. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

36.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Psychology | | | | |
| Course Code | PSOC302 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | | |
| Teacher's Name | Dr. Georgiou Nicos | | | | |
| ECTS | 5 | Lectures / week | 3 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Psychology is for students to develop the basic understanding of the content of psychology, the science that deals with the understanding of human behavior and mental procedures. Also students will become familiar with the main theoretical approaches, as well as empirical methods used for the study of the psychology course. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to describe in general the historical evolution psychology. • Be able to explain the main theoretical approaches if this topic. • Be able to think critically about the various theoretical approaches to psychology. • Understand empirical methods used in the psychology sector by each school of thought. • Be able to explain the cognitive, emotional and social development of the individual. • Understand and analyse the meaning and the parameters of the personality. • Obtain a basic knowledge of mental disorders and methods of treatment and more specific of body image disorders (dysmorphophobia, somatodysform disorder). • Understand the effect of body image and more on self-image on mental and physical health. • Understand and analyse the concept of social behaviour and interpersonal relationships. • Be able to analyse the concept of communication and its role in the interpersonal relationships of the individual. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <ul style="list-style-type: none"> ▪ Introduction to psychology ▪ Basic principal theoretical approaches and methods of research in psychology | | | | |

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| | <ul style="list-style-type: none"> ▪ Cognitive development (language, thought, perception) ▪ Social – emotional development ▪ Personality development ▪ Mental disorders ▪ Methods for the treatment of mental disorders ▪ Self and its role in mental and physical health ▪ Social behaviour and interpersonal relationships ▪ Communication and psychology (verbal and non – verbal communication) |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Συλλογικό έργο (2003), Εισαγωγή στην Ψυχολογία του Hilgard, Τόμοι Α' και Β', Εκδόσεις Παπαζήση, ISBN: ISBN 960-02-1701-7(set). 2. Βοσνιάδου, Στέλλα (2007), Εισαγωγή στην ψυχολογία. Τόμοι Α' και Β'. Gutenberg, ISBN: 960-01-0894-3 & ISBN: 978-960-01-0790-4. 3. Feldman S. Robert (2011), Εξελικτική Ψυχολογία, Τόμοι Α' και Β', Gutenberg, ISBN 978-960-01-1439-3 & ISBN 978-960-01-1312-9. 4. Κοκκινάκη, Φλώρα (2005), Κοινωνική Ψυχολογία. Τυπωθήτω, ISBN: 960-402-200-8. 5. Συλλογικό έργο (2016), Η ψυχολογία με απλά λόγια, Κλειδάριθμος, ISBN 978-960-461-696-1. <p>English</p> <ol style="list-style-type: none"> 1. Wayne Weiter (2011), Psychology: themes and variations, ISBN: 9780495811336. 2. Eliot R. Smith & Diane M. Mackie (2007), Social psychology, 3rd edition, Psychology Press, ISBN: 9781841694092. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

37.

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|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Human Recourse Management | | | | |
| Course Code | HRMG 302 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | | |
| Teacher's Name | Dr. Karayiannis Achilleas | | | | |
| ECTS | 4 | Lectures / week | 3 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Human Resource Management is to introduce the techniques and legal aspects of human resource management from a strategic business perspective. The lesson examines how to manage human resource effectively with legal power, social and economic conditions of today. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Understand the principles, policies and practices related to human resources management. • Get acquainted with choosing and recruiting the right human resource. • Understand issues related to human resource education. • Understand the concept of performance and evaluation of human resources. • Enabled with the strategies used to evaluate performance. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p>Human Resource Management explores the operation of human resources management as well as in the determination of these resources. It focuses on the development of knowledge and the skills that all executives need to know. Of course it will focus on issues such as the selection process, labour law, industrial relations, compensation, and the development of performance, the education, and a safe and healthy working environment.</p> <p>The main themes will be: Ethics of Business and Corporate Social Responsibility, Diversity of Labour Force, Equal Employment Opportunity, and Positive Action, Selection, Employment, Education, Development, and Performance Evaluation, Direct Financial Compensation, Benefits, Non-financial Compensation, and other compensation issues, a safe and Healthy Work Environment, Unions, and Collective Negotiations, and Internal Employee Relations.</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Παπαλεξανδρή, Νάνσυ Α. (2016), Διοίκηση ανθρώπινου δυναμικού, Μπένου Ε., ISBN 978-960-359-124-5. 2. Dessler, Gary (2015), Διοίκηση ανθρώπινου δυναμικού, Εκδόσεις Κριτική, ISBN: 9789605860769. 3. Κατσανέβας, Θόδωρος Κ. (2013), Εφαρμοσμένη διοίκηση ανθρώπινου δυναμικού, Εκδόσεις Πατάκη, ISBN 978-960-16-4965-8. 4. Παπακωνσταντίνου, Γιώργος (2013), Αρχές διαχείρισης ανθρώπινου δυναμικού: Η διοίκηση του ανθρώπινου δυναμικού της εκπαίδευσης, Gutenberg - Γιώργος & Κώστας Δαρδανός, ISBN 978-960-01-1570-3. 5. Τερζίδης, Κώστας (2004), Διοίκηση ανθρωπίνων πόρων: Διοίκηση προσωπικού, Rosili, Γέρακας, ISBN: 960-7745-11-6. <p>English</p> <ol style="list-style-type: none"> 1. Armstrong, Michael (2017), Armstrong's handbook of human resource management practice, Kogan Page, ISBN: 9780749474119. 2. Armstrong, Michael (2008), Strategic human resource management, Kogan page, London, ISBN: 978-0-7494-5375-6. 3. Mathis, Robert L., & Jackson, John H. (2008), <i>Human resource management</i> (12th ed.). Thomson/Southwestern, ISBN: 0324542755. 4. Nkomo, Stella M., Fottler, Myron D., & McAfee, R. Bruce (2008), <i>Human resource management applications: Cases, Exercises, and Skill Builders</i> (6th ed.), Thomson/Southwestern, ISBN: 0-324-42142-7. 5. Ulrich, Dave, & Wayne Brockbank. (2005), <i>The HR Value Proposition</i>. Boston: Harvard Business School Press, ISBN: 978-1-59139-707-6. 6. Hays, Steven W. (2009), Public human resource management: Problems and Prospects, Longman, New York, ISBN: 978-0-13-603769-9. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

38.

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|-------------------------------|--|-----------------|---|---------------------|
| Course Title | Nutrition - Dietetics | | | |
| Course Code | BTHA310 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | |
| Teacher's Name | Sophocleous Xanthi | | | |
| ECTS | 2 | Lectures / week | 1 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Nutrition - Dietetics is to provide students with knowledge and skills regarding nutritional needs and for the improvement of <i>quality</i> of their daily life as well as adapting a healthy eating habits. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Recognize the importance of nutrition in their everyday life. ▪ Know the different nutrients of food and their importance in nutrition. ▪ Understand that overconsumption of food (energy) leads to unpleasant health effects. ▪ Know the way of calculating daily energy needs. ▪ Identifies the relationship between foods, nutrients and maintaining and promoting health. | | | |
| Prerequisites | | Required | | |
| Course Content | <ul style="list-style-type: none"> ▪ Nutrition Science ▪ The necessity for food ▪ Recommended Dietary Allowances (RDA) ▪ Organism energy needs – Calories ▪ Basic metabolism ▪ The nutrients ▪ Carbohydrates ▪ Hormones that regulate carbohydrates metabolism ▪ Fat ▪ Proteins ▪ Metabolic Pathways of Nutrients ▪ Vitamins ▪ Fat-soluble Vitamins ▪ Water-soluble Vitamins ▪ Anaemia and Lack of Vitamins | | | |

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| | <ul style="list-style-type: none"> ▪ How we maintain the vitamins contained in foods ▪ Enriched and Enhanced Foods ▪ Inorganic elements and metals ▪ Macronutrients ▪ Micronutrients ▪ Water ▪ Fibres ▪ Digestion and Absorption of nutrients ▪ The Mediterranean Nutrition and its history ▪ The pyramid of Mediterranean Diet ▪ Food Processing ▪ Food Additives ▪ Food Labels ▪ Balanced Diet ▪ Food Control ▪ Weight Control ▪ Emotional Eating ▪ Unorthodox Diets ▪ The Yo-Yo Phenomenon ▪ Nutrition and Skin ▪ Obesity ▪ Treating Obesity ▪ Superfoods ▪ Nutrition in Life Cycle ▪ Nutrition during Pregnancy ▪ Nutrition during Infant age ▪ Nutrition during Childhood ▪ Nutrition during Preschool and School age ▪ Nutrition during Puberty ▪ Nutrition during Adult Life ▪ Nutrition during Menopause ▪ Nutrition during Third Age |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σοφοκλέους Ξάνθη (2017), Η Διατροφή του Ανθρώπου - Στοιχεία Διαιτολογίας, KES College, ISBN 978-9963-734-09-2 2. Πλέσσας, Σταύρος Τ. (2010), Διαιτητική του Ανθρώπου, Φάρμακον – Τύπος, Αθήνα, ISBN: 978-960-89845-1-6. 3. Χατζόπουλος, Νίκος (2017), Τα ελιξίρια του χειμώνα: Σωματική και ψυχική ευεξία, διατροφή, παραδοσιακές και φυσικές θεραπείες, Οξύ, ISBN 978-960-436-376-6. 4. Μπαζαΐος, Κώστας (2010) Συνδυασμοί βιταμίνες: τα μυστικά της υγιεινής διατροφής, Μπαζαΐος, Αθήνα, ISBN:978-960-7664-10-5. |

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| | <p>5. Χασαπίδου, Μαρία (2008), Διατροφή για υγεία, άσκηση και αθλητισμό, University Studio Press, Θεσσαλονίκη, ISBN: 978-960-12-1130-5.</p> <p>6. Πλέσσας, Σταύρος Τ. (2007), Παχυσαρκία και κυτταρίτιδα, Φάρμακον – Τύπος, Αθήνα, ISBN: 978-960-89845-0-9.</p> <p>7. Κουρέτας, Δημήτρης (2017), Τρώμε και ομορφαινουμε: Πολύτιμα μυστικά της υγείας μας, κρυμμένα στην ελληνική κουζίνα, Αρμός, ISBN 978-960-615-004-3.</p> <p>English</p> <p>1. Frazier, Karen (2015) Nutrition Facts: the truth about food, Rockridge Press, ISBN: 978-1623156114.</p> <p>2. Langley-Evans, Simon (2009), Nutrition: A lifespan approach, Wiley-Blackwell, U.K., ISBN: 978-1-4051-7878-5.</p> <p>3. Ballentine, Rudolph (2007) Diet and Nutrition: a holistic approach, Himalayan Institute Press, ISBN: 978-0893890483.</p> |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

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|-------------------------------|--|-----------------|---|---------------------|
| Course Title | Aesthetic Gymnastics | | | |
| Course Code | BTHA200 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | |
| Teacher's Name | Dr. Christodoulou Diana | | | |
| ECTS | 2 | Lectures / week | 1 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Aesthetic Gymnastics is to make students able to understand the basic principles of aesthetics gymnastics and its importance, to be able to use and recommend exercise programs that are applicable in the context of aesthetics as auxiliary means of implementation in practice of aesthetic programs. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to propose and provide workouts that are applicable in the context of aesthetics as weight loss, rehabilitation and relief from suffering injuries. ▪ Know the forms of physiotherapy and propose the suitable ones as regards diseases of the musculoskeletal system. ▪ Contributes to the physical development of clients. ▪ Suggest programs for special cases such as pregnancy and third age (elderly) | | | |
| Prerequisites | MEDI100 - Anatomy MEDI106 - Physiology | Required | | |
| Course Content | The importance of Physical education, Structure and Parts of exercise program, Warming up, Cooling down, Aerobic Exercise, Physical Exercises and Muscle Strength, Weight, Using body weight and its levers, isometric exercises, Diet, Body composition, Factors affecting Body composition, Metabolism and Physical Education, Factors influencing the rate of metabolism, Nutrition and Physical Activity, Physical Exercises for Weight Loss, Functionality of the spine, Spine Anatomy, Stability - Mobility of the spine, Posture faults, Standing, Sitting, Catalysis, Posture of lifting and carrying objects, Weakness of body posture, kyphosis, lordosis, scoliosis, Physiological and anatomical changes during pregnancy, Benefits of exercise during pregnancy, Pregnancy and diet, Role of Exercise in the Elderly, Structure and Parts of practical exercises for the third age (elderly). | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Ματσειντίδη, Μιχάλης (2017) Αισθητική γυμναστική: σημειώσεις, Kes College, Nicosia, ISBN 978-9963-734-07-8. 2. Δεδούκος, Σταύρος (2011), Εξαφανίστε την κυτταρίδα: Μόνο για γυναίκες: Γυμναστείτε στην άνεση του σπιτιού σας, Αθλότυπο, ISBN 978-960-7378-92-7. 3. Χασαπίδου, Μαρία (2008), Διατροφή για υγεία, άσκηση και αθλητισμό, University Studio Press, Θεσσαλονίκη, ISBN: 978-960-12-1130-5. 4. Κλεισούρας Βασίλης, (2007), Εργοφυσιολογία, Πασχαλίδης, Αθήνα, ISBN: 960-399-229-1. <p>English</p> <ol style="list-style-type: none"> 1. Galen, Jan Bishop (2008), Fitness through aerobics, Pearson, San Francisco, ISBN: 978-08053-4617-6. 2. Bricker, Kathryn (2007), Traditional aerobics / Step training, ACE, San Diego, ISBN: 978-1-58518-965-6. 3. Smith, Judy (2006), Yoga for everyone: A complete step-by-step guide to yoga and meditation from getting started to advanced, Lorenz Books, London, ISBN: 978-0-7548-1510-5. 4. Rosser, Mo (2005), Sports therapy: An introduction to theory and practice, Hodder Arnold, London, ISBN: 0-340-67320-6. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

40.

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|-------------------------------|---|-----------------|---|---------------------|
| Course Title | Cosmetic Surgery | | | |
| Course Code | BTHA308 | | | |
| Course Type | Theoretical | | | |
| Level | Bachelor | | | |
| Year / Semester | 3 rd Year/ 6 th Semester | | | |
| Teacher's Name | Dr. Demetriades Neofytos | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | The aim of the subject Cosmetic Surgery is for students to be aware of various treatments and surgeries in order to know how the aesthetic can help before and after surgery. | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know various malformations of the skin. ▪ Understand which lesions are acquired and which are congenital ▪ Be able to describe and apply various treatments available in the department of aesthetics. ▪ Be aware how the beauty therapist can help before and after surgery. ▪ Be familiar with the various implants. | | | |
| Prerequisites | MEDI100 - Anatomy MEDI106 - Physiology | Required | | |
| Course Content | <p>Malformations of human body. Skin lesions:1) volumes of the parts of the skin, 2) vesicles, 3) tumours of soft tissue, 4) hyperkeratosis damage, 5) pigmented lesions, 6) vascular lesions, 7) viral lesions.</p> <p>Congenital and acquired lesions. Surgical removal of benign and malignant skin lesions. Dermabrition or by tangential excision and thermocoagulation, cryotherapy (wart), radiotherapy, Laser. Implants (Botox, autologous fat, hyaluronic acid, polylactic acid).</p> <p>Presentation methods and aesthetic care before and after plastic surgery. Specific knowledge about the types of skin (oily or dry, young or aged, firm or soft, feeble or leather trim).</p> <p>Types of treatment, Preparation before the aesthetic plastic surgery, reshaping of the skin after surgery. Understanding of the preoperative and postoperative treatment of patients.</p> | | | |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment | | | |

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| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Δεμίρη, Ευτέρπη (2011) Βασικές αρχές πλαστικής χειρουργικής, Εκδόσεις Ροτόντα, Θεσσαλονίκη, ISBN: 978-960-6894-32-9. 2. Alster, Tina S. (2011), Αισθητική χειρουργική με Laser: Ένας οδηγός για τον ειδικό, Παρισιάνου Α.Ε., ISBN 978-960-394-645-8. 3. Δηλάκη, Γεωργία (2013), Φλερτάροντας με την αισθητική χειρουργική: Σώμα, ομορφιά, ταυτότητα, Λυκόφως, ISBN 978-618-80488-7-4. 4. Δηλάκη, Γεωργία (2015), Αισθητική χειρουργική: τα tips της επιτυχίας, Οσελότος, ISBN 978-960-564-247-1. 5. Βλάχος, Σπύρος (2011) Αισθητικές θεραπείες Laser στην πλαστική χειρουργική, Φερενίκη, Αθήνα, ISBN: 978-960-9513-06-7. 6. Μαδρέκας, Απόστολος Δ. (2007) Όλα όσα πρέπει να ξέρετε για την πλαστική χειρουργική, Ιατρικές Εκδόσεις Π.Χ. Πασχαλίδης, ISBN: 978-960-399-539-5. <p>English</p> <ol style="list-style-type: none"> 1. Loftus, Jean M. (2008), The smart woman's guide to plastic surgery, Mc Graw Hill, New York, ISBN: 978-0-07-149419-9. 2. Lin, Samel J. (2006), Plastic and reconstructive surgery, McGraw-Hill, New York, ISBN: 978-0-07-146447-5. 3. Goldberg, David (2007), Facial rejuvenation: A total approach, Springer, New York, ISBN: 978-3-540-69517-2. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

41.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Basic Principles of Laser/IPL | | | | |
| Course Code | BTHA309 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year / 6 th Semester | | | | |
| Teacher's Name | Spyrou Evroula | | | | |
| ECTS | 5 | Lectures / week | 1 | Laboratories / week | 2 |
| Course Purpose and Objectives | The aim of the subject Basic Principles of Laser/IPL is that the students will acquire sufficient knowledge about Laser/IPL, the indications and contra-indication from their use and to realize that it is a valuable aid with enormous applicability for permanent epilating purposes etc. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the Basic Principles of Laser/IPL. ▪ Understand the special conditions of function of Laser/IPL. ▪ Be able to distinguish Laser categories. ▪ Know the indications and contraindications of using IPL and Laser ▪ Know the protection measures from laser radiation ▪ Familiarize with the use of Laser/IPL as a valuable tool in Beauty Therapy. | | | | |
| Prerequisites | PHYS101 - Principles of Physics | Required | | | |
| Course Content | <p><u>Theoretical Part</u> Laser: Modern and effective Laser Treatment. General properties of Laser beam. Emission and absorption of Laser Radiation. Free emission of radiation and absorption in monochromatic radiation. Spontaneous emission. Population inversion (pumping). Visual feedback. General principles of Intense Pulse Light (IPL). <i>Specific treatments</i>, Categories of Laser according to the emission power. Radiation of high power laser (powerful laser radiation). Soft Laser radiation. Change of Q (Q switching) Methods of Q change. Solid state Laser, Gas Laser, (He-Ne,Co₂), Liquid Laser (Dye Laser), Semiconductor laser (diode Laser). Indications and contra-indications from the laser radiation. <i>Safety in laser applications</i> Skin protection from heat.</p> <p><u>Practice</u> A series of practical techniques following the theoretical part of the course. Within the course, LASER will be presented by Dermatologist.</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> ▪ Lectures, Demonstration, Individual or group assignment, Practical work. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Λεονταρίδου, Ιωάννα Χ. (2006), Αποτρίχωση με laser και IPL, University studio press, Θεσσαλονίκη, ISBN: 960-12-1564-8. 2. Αλεξανδρής, Αλέξανδρος Ν. (2015) Οπτοηλεκτρονική: θεωρία, εφαρμογές, πειράματα: εξαρτήματα, Laser, οπτικές ίνες, 2η έκδοση, Τζιόλα, ISBN: 978-960-418-234-3. 3. Ζευγώλης, Δημήτριος (2007) Εφαρμοσμένη οπτική με θέματα οπτοηλεκτρονικής και Laser, Τζιόλα, Θεσσαλονίκη, ISBN: 978-960-418-140-7. 4. Παπαδόπουλος Ιορδάνης (2015), Επιστήμη και τέχνη στις εφαρμογές των Laser και IPL στην αισθητική, εκδόσεις Ροτόντα, ISBN: 9789606894794. <p>English</p> <ol style="list-style-type: none"> 1. Baumann, Leslie (2009) Cosmetic Dermatology: Principles and practice, 2nd edition, McGraw-Hill Education, ISBN: 978-0071490627. 2. Gior, Fino (2005), Modern electrology: Excess hair, its causes and treatments - including laser, Hair Publishing, inc, New York, ISBN: 0-8735-01413-5. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

42.

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|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Professional Ethics | | | | |
| Course Code | ETHI301 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 3 rd Year / 6 th Semester | | | | |
| Teacher's Name | Vasiliadou Erasmia | | | | |
| ECTS | 3 | Lectures / week | 1 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Professional Ethics is to enable students to understand the Principles and the Concepts of the Scientific and Professional Ethics, <i>and to be able by</i> applying the ethical rules mechanisms, <i>to regulate their actions as to the practice of their profession.</i> | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Know the principles and definitions of Scientific and Professional Ethics. ▪ Learn the basic rules of the code of Professional Ethics that will lead to the progress of a Beauty Therapist in order to act as a professional in his/her every day practice. ▪ Become conscious of the participation of a Beauty Therapist to the conservation of physiological well being of the client during an Aesthetic treatment. ▪ Become conscious that for his/her benefit, business and the clients he/she must follow the values and apply professional ethics rules. ▪ Realize that to become a good professional Beauty Therapist, he/she must know his/her rights and liabilities. ▪ Deal and solve ethical problems that might appear while applying treatment. ▪ Understand the dialectic relationship between the Beauty Therapist and the Client. ▪ Detect ethical dilemmas that might appear while practising Beauty Therapy, apply procedures finding ethical dilemmas and deal with it following suitable actions. ▪ Develop critical and creative thinkink that allow the Beauty Therapist to solve problems and innovate. ▪ Identify prejudice, values, attitudes and beliefs that affect his/her professional ethics within the procedure of self-abnegation. ▪ Understand that knowledge and practice combined with correct thinking leads to much more better relationship and communication | | | | |

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| | <p>with the client.</p> <ul style="list-style-type: none"> Realize that Professional Ethics is the combination of business subsystem, as to the economical development and the system of human relation and society. |
| Prerequisites | Required |
| Course Content | <p>Ethics throughout philosophy, Value and way of Culture, Attitude and Behavior, History of activity of Ethics, Ethical dilemma and their creation, Ethics and new Biotechnologies, Code of Ethics, Ethics and Behavior codes, Professional Ethics, Ethics and Politics of Profession, Basic Principles of Professional Ethics, Ethics of professional practice, Meaning of observing Professional Ethics, Medical Confidentiality, Literary property, Diagnostic or Therapeutic fault and development of Beauty Science . Rights and Duties of a Beauty Therapist. Limits of Professional Attitude Codes.</p> <p>Ethics and Beauty Therapist. Ethics elements of Deontology. Interpersonal relationship (Beauty Therapist – Client). Contribution of Beauty Therapist to the conservation of psychological well-being of the client during an Aesthetic Treatment</p> |
| Teaching Methodology | <ul style="list-style-type: none"> Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> Αλεξιάδου, Ελισάβετ – Αθανασία (2010), Δίκαιο υγείας, επιχειρήσεις υγείας, αισθητικής και κοσμητολογίας : Θεωρία, νομοθεσία, νομολογία, γνωμοδοτήσεις, University Studio Press, ISBN 978-960-12-1896-0. Πατζικά, Τιμοθέα (2017), Το άγγιγμα: Η συμβολή της αισθητικής στις ευπαθείς ομάδες, Εκδόσεις Παπαζήση, ISBN 978-960-02-3307-0. Θανόπουλος Γιάννης Ν.,(2009), «Επιχειρηματική ηθική και δεοντολογία»: Στην εποχή της εταιρικής διακυβέρνησης, Εκδ. Interbooks, Αθήνα, ISBN: 978-960-390-120-2. Πρωτόπαπα, Ευαγγελία Ε. (2001) Δεοντολογία επαγγέλματος αισθητικού: Η δεοντολογία στο επάγγελμα του αισθητικού και πρακτικές γνώσεις για την άσκηση του, Παπαζήση, Αθήνα, ISBN: 960-02-1516-2. Αλεξιάδου, Ελισάβετ – Αθανασία (2012), Γενικές αρχές της δεοντολογίας της υγείας: Θεωρία, νομοθεσία, νομολογία, γνωμοδοτήσεις, University Studio Press, ISBN 978-960-12-2110-6. <p>English</p> <ol style="list-style-type: none"> Banks, Sarah, Gallagher, Ann (2009) Ethics in professional life: virtues for health and social care, Palgrave, ISBN: 978-0230507197. |

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| | 2. Oakley Justin, Cocking Dean (2006), <i>Virtue Ethics and Professional Roles</i> , Cambridge University Press, New York, ISBN: 978-0521027298. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

43.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | SPA Therapies | | | | |
| Course Code | BTHA402 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Filippidou Antonia | | | | |
| ECTS | 7 | Lectures / week | 2 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject SPA Therapies is for students to receive a thorough understanding and meaning of the word SPA, and to be able to demonstrate different SPA treatments (i.e. hydrotherapy services). | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to explain spa terminology. • Understand the different types of spa. • Understand the overall effects and results of spa treatments. • Distinguish the spa treatments categories. • Be able to apply basic spa treatment procedures. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Definition of Spa, History background and Spa development. Basic principles of Spa treatments, 10 Spas and Spa experiences, Types of Spas, Spa clients, Overall general results of Spa treatments, Indications and Contraindications of Spa treatments, Customer and client care during and after treatments, Homecare advice to clients, Spa treatment categories (water treatments, thermal therapies and cryotherapies, chromotherapy, sound therapy) Water treatments: moor baths, mineral pool, dead sea mineral pool), Hydrotherapies (Hydro baths/hydra pools, Hydro shower/Vichy-Affusion shower), Thalassotherapy, Climatotherapy, Floatation, Hydro massage/aqua wellness massage, Jacuzzi, Scottish tube, Watsu, Rasul bath, Cleopatra slipper bath, Kneipp therapy.</p> <p>Thermal Treatments: Sauna (Tyrolean, Laconium, Finnish), Steam room and Steam baths, Body wraps, Cryotherapies: Ice fountain, Ice room.</p> <p><u>Practical Part</u></p> | | | | |

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| | A range of laboratory techniques will cover basic Spa treatments: Bath treatment, Hydrotherapy, Thalassotherapy, Hydro massage, Sauna, Steam room, Steam bath, Mud therapy, Seaweed treatment, Chocolate treatment. |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2014), Θεραπείες ΣΠΑ, KES College, ISBN: 9789963734016. 2. Καράτση, Παναγιώτα (2014), Μέθοδοι ευεξίας και χαλάρωσης στην αισθητική σώματος, Εκδόσεις Πανεπιστημίου Μακεδονίας, ISBN 978-960-8396-86-9. 3. Trulock, Alison (2009), Μασάζ με ζεστές πέτρες: Ένας απαραίτητος οδηγός για το μασάζ με ζεστές πέτρες και την αρωματοθεραπεία, Εκδόσεις Κτίστη, ISBN 978-960-7080-28-8. 4. Σφετσιώρης Δ. (2003), <i>Θεραπευτική μάλαξη</i>, Εκδ. DKS, Αθήνα, ISBN: 960-87547-1-2. 5. Hollis, Margaret (2002), <i>Θεραπευτική μάλαξη</i>, Παρισιανού Α.Ε., Αθήνα, ISBN: 9603941530. <p>English</p> <ol style="list-style-type: none"> 1. Foulston, Jane (2011), <i>The art and science of spa & body therapy</i>, Ems publishing, ISBN: 9781903348123. 2. Capellini, Steve (2010), <i>The complete Spa book for massage therapists</i>, Milady, Clifton Park, NY, ISBN: 978-1-4180-0014-1. 3. Crebbin - Bailey, Jane (2005), <i>The Spa book: The official guide to Spa therapy</i>, Cengage Learning, London, ISBN: 978-1-86152-917-6. 4. Leavy, Hannelore R. (2003), <i>The Spa encyclopedia: A guide to treatments & their benefits for health & healing</i>, Thomson Delmar Learning, Clifton Park, NY, ISBN: 978-1-56253-868-3. 5. Mernagh-Ward D. & Cartwright J. (2004), <i>Health and Beauty Therapy: A practical approach for NVQ Level 3</i>, 3rd edition, Nelson Thornes, United Kingdom, ISBN: 978-0748790357. 6. Scott, Joan (2006), <i>Spa: The official guide to Spa therapy at levels 2&3</i>, Thomson Learning, London, ISBN: 978-1-84480-312-5. 7. Smith, Nicky (2007), <i>Thai massage and shiatsu body work for health and well-being</i>, Lorenz Books, London, ISBN: 978-0-7548-1706-2. 8. Williams, Anne (2007), <i>Spa Bodywork: A guide massage therapists</i>, Lippincott Williams & Wilkins, Philadelphia, PA, ISBN: 978-0-7817-5578- |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

44.

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|-------------------------------|---|-----------------|----------|---------------------|---|
| Course Title | LASER/IPL Applications in Aesthetics | | | | |
| Course Code | BTHA401 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Spyrou Evroula | | | | |
| ECTS | 7 | Lectures / week | 2 | Laboratories / week | 3 |
| Course Purpose and Objectives | The aim of the subject LASER/IPL Applications in Aesthetics is for students to become familiar with the application of soft intensity Laser and IPL knowing the indications but also the contraindications by taking precautionary measures to avoid any consequences. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be able to choose the appropriate epilating method depending on the situation. • Know the different epilating methods: electrical, enzymatic, laser. • Get acquainted with the use of new permanent hair removal methods. • Be able to advice clients which epilating method is appropriate based on their indications. • Be aware of precautions due to the use of laser radiation. | | | | |
| Prerequisites | BTHA309 - Basic Principles LASER-IPL | | Required | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Histology of the skin, Study of the soft laser radiation and its effect mechanisms on tissue, Main phenomena due to low powered lasers, Actions of low and high power laser in cells, Effects of electromagnetic radiation on the skin.</p> <p>Laser machines which are used in aesthetics, Protection and safety from laser radiation, Security issues, Determining the hazard zones, Selection of the wavelength, Measurement of the electromagnetic radiation: energy flow, power and density of the radiation, Diameter of the radiation, Range of the pulse, General Principles of operation IPL machines, Sources of intense pulsed light-IPL, Effect of radiation action inside the hair follicle, Selection of wavelengths and their parameters, Dosage, Pulsed light and heat sources LHE: way of action, biochemical and clinical studies, Frequency and number of sessions per case, Methods and application points, Protection measurements, Contraindications of light radiation epilating, Electricity and hair removal, Choosing the appropriate method for treating unwanted hair, Electrolysis, Thermolysis and Laser.</p> <p><u>Practical Part</u></p> <p>Safety in applying light radiation for hair removal, Risks of using Laser/IPL radiation and the protection measures, select the most appropriate method for treating unwanted hair, Detection of skin diseases and deciding which treatment can be applied, Use of radiation to treat areas with unwanted hair.</p> | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Αλεξανδρής, Αλέξανδρος (2015), Οπτοηλεκτρονική, Εκδόσεις Τζιόλα, ISBN: 9789604182343. 2. Βλάχος, Σπύρος (2011), Αισθητικές Θεραπείες Laser στην πλαστική χειρουργική, Εκδόσεις Φερενίκη, ISBN: 9789609513067. 3. Ανδριτσάκης, Αντώνης (2000), <i>Laser & Οπτοηλεκτρονικές Διατάξεις</i>, Λύχνος, Αθήνα ISBN: 960-7097-71-8. 4. Λεονταρίδου, Ιωάννα Χ. (2010), <i>Αποτρίχωση με laser και IPL</i>, University studio press, ISBN: 9789601215648. <p>English</p> <ol style="list-style-type: none"> 1. Morris, Gill (2012), Practical electrolysis, Cengage Learning, ISBN: 9781408054970. 2. Gior, Fino (2005), <i>Modern electrology: Excess hair, its causes and treatments - including laser</i>, Hair Publishing, New York, ISBN: 0-8735-01413-5. 3. Orazio Svelto (2010), <i>Principles of Lasers</i>, 5th ed, Springer, ISBN: 978-1441913012. William T. Silfvast (2008), <i>Laser Fundamentals</i>, 2nd edition, Cambridge University Press, ISBN: 978-0521541053. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

45.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Entrepreneurship | | | | |
| Course Code | ENTR300 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Gerocostas Costas | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Entrepreneurship is for students to understand the concept of entrepreneurship and to acquire knowledge and skills that will enable them to create their own business and manage its development. This lesson will also present their current theoretical thinking of entrepreneurship, which mainly concerns the creation and operation of a small business and will provide them with the practical tools to start a new business and to enrich their business with a modern business behaviour. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Understand entrepreneurship by understanding the characteristics and way of thinking of entrepreneurs. • Be able to carry out a feasibility study. • Draft a business plan. • Understand the key aspects of your marketing plan. • Understand the key aspects of the economic plan. • Begin to develop the necessary entrepreneurial way of thinking in order to be able to think in all ways about the business. • Is aware of all successful development strategies. | | | | |
| Prerequisites | | Required | | | |
| Course Content | Starting your little business, Ownership of small businesses, programming, the organization, and the management of a small business, The business mission, and the strategic vision, Designing a competitive business model, and building a strong strategic plan, Conduct of a feasibility study, and the creation of a business plan, basic marketing plan, basic financial plan, Multiculturalism of human resources in a small business, How to maintain good relations with employees, Development strategies and managements engagement development, Access resources for development from external sources. | | | | |

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| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Deakins, David & Freel, Mark (2007), Επιχειρηματικότητα, 1η εκ., Κριτική, ISBN: 9789602185018. 2. Meyer, Earl C. & Allen, Kathleen R. (2004), Επιχειρηματικότητα: διοίκηση μικρών επιχειρήσεων, Έλλην, ISBN: 9602867566 3. Storey, David J. & Greene, Francis J. (2011), Επιχειρηματικότητα για μικρές και μεσαίες επιχειρήσεις, ISBN: 978-960218740. 4. Κώτσιος, Παναγιώτης (2015), Επιχειρηματικότητα και καινοτομία, GRAPHICA, ISBN: 9789609371544. 5. Bessand, John (2016), Καινοτομία και επιχειρηματικότητα, Τζιόλα, ISBN 978-960-418-603-7 . 6. Συλλογικό έργο (2016), Θέματα κοινωνικής οικονομίας: Από την κοινωνική επιχειρηματικότητα στις κοινωνικές επενδύσεις και την κοινωνική τραπεζική, Ινστιτούτο Κοινωνικής Οικονομίας, ISBN 978-618-80232-3-9 . <p>English</p> <ol style="list-style-type: none"> 1. Deakins, David (2003), Entrepreneurship and small firms, McGraw-Hill Education, London, ISBN: 0-07-709993-1. 2. Barringer, Bruce R. (2010), Entrepreneurship successfully launching new ventures, Pearson education, New Jersey, ISBN: 9780138158088. 3. Norman M. Scarborough (2011), Essentials of Entrepreneurship and Small Business Management: Global Edition (6th Edition), Pearson/Prentice Hall, ISBN: 9780273756040 4. Steve Mariotti, Caroline Glackin (2013), Entrepreneurship: Starting and Operating a Small Business, (3rd Edition) Pearson/Prentice Hall, ISBN: 9780132784085 5. Charles E. Bamford, Garry D. Bruton (2011), Entrepreneurship: A Small Business Approach, (1st Edition) McGraw-Hill, ISBN: 9780073403113 6. Mary Jane Byrd, Leon C. Megginson (2009), Small Business Management: An Entrepreneur's Guidebook, (6th Edition) McGraw-Hill ISBN: 9780073405070. 7. Robert D. Hisrich, Michael P. Peters, Dean A. Shepherd (2010), Entrepreneurship, (8th Edition) McGraw-Hill, ISBN: 9780073530321. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

46.

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|-------------------------------|---|-----------------|---|---------------------|---|
| Course Title | Herbal Therapy | | | | |
| Course Code | BTHA405 | | | | |
| Course Type | Theoretical and Practical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Filippou Elli (Theoretical) Filippidou Antonia (Practical) | | | | |
| ECTS | 4 | Lectures / week | 1 | Laboratories / week | 1 |
| Course Purpose and Objectives | The aim of the subject Herbal Therapy is to provide students with the necessary theoretical and practical knowledge of herbal (plant) actions on the human body. Also students will learn the importance of handling the various formulations with caution and safety when performing aesthetic therapies. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Know the terminology of herbal therapy • Know the history background of herbal therapy • Be aware of the effects of herbal therapy • Be able to responsibly apply the appropriate preparations of herbal therapy in the field of aesthetics. • Be able to explain the various uses of herbs, how to use them and the results they provide. • Be aware of the indications and contraindications of using herbs. • Know how to suggest the most appropriate herb and the different ways of using herbs in aesthetics. • Be able to use safely various formulations of herbs in aesthetics. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p><u>Theoretical Part</u></p> <p>Introduction to Herbal Therapy, History background, nature of Herbal therapy and its mode of actions, Factors that affect plant performance: Atmospheric conditions, Soil and cultivation, Age and Health of the plant, Harvest, Drying, Plant conservation, Ranking and Reference to main Herbs, Terminology of Herbs, Basic preparations, Plant properties and effects, Indications, Contraindications and Precautions when using Herbs, Correct choice of Herbs, Ways of using Herbs, Possibilities of Herbal therapy, Use of Herbs in aesthetics, Safety topics when using Herbs in aesthetics (ways of checking plant quality, marking, instructions for use, approval from the authorities of the country).</p> | | | | |

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| | <p><u>Practical Part</u></p> <p>A series of practical techniques that will be related to the theoretical part of the lesson and will cover major herbal treatments in aesthetics.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. |
| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Σιαρλή, Μαρκέλλα (2013), Βοτανοθεραπεία-Ασφάλεια προϊόντων, KES College, ISBN: 9789963285273. 2. Γιώργος Έλληνας (2017), Το μικρό βιβλίο για τη βοτανοθεραπεία, Αλφάβητο Ζωής, ISBN 978-618-5340-01-8. 3. Γκόλιου, Ρούλα (2016), 250 βότανα και οι θεραπευτικές τους ιδιότητες, Μαλλιάρης Παιδεία, ISBN 978-960-457-843-6. 4. Τσίτσα Ευγενία Π. (2007), Φυσικά καλλυντικά, Εκδόσεις Τσουκάτου, Αθήνα, ISBN: 960-7922-46-8. 5. Γουλά Δήμητρα (2009), Τα ελιξίρια ομορφιάς - Μυστικά από τη φύση, Εκδότης: Διόπτρα, ISBN: 960-364-380-7. 6. Chancellor Philip (Μεταφραστής: Κουτσούκης Δημήτρης) (2009), Ανθοθεραπεία του δρ Ε. Μπαχ, Εκδόσεις Καστανιώτη, ISBN: 960-03-4928-2. 7. Μπαζαΐος, Κώστας (2002), 100 βότανα 1000 θεραπείες, Μπαζαΐος, Αθήνα, ISBN: 960 7664 03 5. 8. Ο περί Καλλυντικών Προϊόντων Νόμος, Ν106(Ι) 2001 (σε ηλεκτρονική μορφή) <p>English</p> <ol style="list-style-type: none"> 1. Barnes, Joanne(2002), Herbal medicines, Pharmaceutical Press, London, ISBN: 0-85369-474-5. 2. Barceloux, Donald G. (2008), Medical toxicology of natural substances: Foods, fungi, medicinal herbs, plants, and venomous animals, John Wiley & Sons, USA, ISBN: 978-0-471-72761-3. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 15% • Intermediate Practical Examination 15% • Final Written Examination 25% • Final Practical Examination 25% |
| Language | Greek |

47.

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|-------------------------------|---|-----------------|---|---------------------|--|
| Course Title | Business Strategy | | | | |
| Course Code | MGMT404 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Gerocostas Costas | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject Business Strategy is the students understanding of how businesses and, in particular, modern aesthetics institutes will manage strategy and programming to be able to set short term, medium and long-term objectives taking into account external and unstable environmental factors which are obstacles and challenges for modern businesses. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> • Be aware of the main organizational structures and the way of operation. • Understand the means of communication, control and supervision of all company personnel. • Be able to prepare and evaluate corporate strategy and programming. • Be able to use modern methods of analysis of the internal and external environment to set realistic goals for the company. • Be able to manage with flexibility the aesthetic unit and be able to deal with alternating changes in the competitive aesthetic environment. | | | | |
| Prerequisites | | Required | | | |
| Course Content | This subject is a basic tool for students to manage modern aesthetic institutes by giving them the ability to know the way on how to organize and manage the organizational structures of the company e.g. simple structure, hierarchical structure, matrix structure etc., they will control and supervise the staff e.g. vertical communication – control, horizontal communication – control etc., they will organize and manage the business strategy and programming by analysing modern methods such as SWOT, PEST etc., internal as well as external factors which affect the business positively and negatively in order to be able to set realistic goals. | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. | | | | |

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| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Πολυχρονόπουλος Γ., Κόρρες Γ., Ρόντος Κ. (2005), <i>Βασικές αρχές οικονομίας και διοίκηση: Μακροοικονομική ανάλυση και εφαρμογές</i>, Εκδόσεις ΑΘ. Σταμούλης, Αθήνα, ISBN: 960-351-624-4. 2. Μπουράντας-Παπαλεξάνδρη (2003), <i>Εισαγωγή στη διοίκηση επιχειρήσεων</i>, Εκδ. Μπένος Ευάγγελος, Αθήνα, ISBN: 978-960-3590-071. 3. Παπαδάκης, Βασίλης Μ. (2012), <i>Στρατηγική των επιχειρήσεων</i>, Εκδόσεις Ε. Μπένου, ISBN: 9789603591085. 4. Νεκτάριος, Μιλτιάδης (2016), <i>Μεθοδολογία διαχείρισης κινδύνων επιχειρήσεων</i>, Εκδόσεις Παπαζήση, ISBN 978-960-02-3191-5. 5. Συλλογικό έργο (2015), <i>Σύγχρονες αντιλήψεις διοίκησης και ελέγχου επιχειρήσεων</i>, Σταμούλη Α.Ε., ISBN 978-960-351-984-3. <p>English</p> <ol style="list-style-type: none"> 1. Brumfitt, Keith (2001), <i>Business planning</i>, Nelson Thornes, Cheltenham, ISBN: 0-7487-6364-3. 2. Jankowicz, A. D. (2000), <i>Business Research Projects</i>, Thomson Learning, U.K., ISBN: 1-86152-549-4. 3. Campbell, David J., Stonehouse, George (2003), <i>Business strategy: An Introduction</i>, Butterworth-Heinemann, Oxford, ISBN: 0-7506-5569-0. 4. Johnson, Gerry, Scholes, Kevan, Whittington Richard (2008), <i>Exploring corporate strategy</i>, Eighth edition, Prentice Hall Europe, Harlow, ISBN: 978-0-273-71192-6. 5. D' Angelo, Janet M. (2010), <i>Spa business strategies</i>, Milady, ISBN: 978-1-4354-8209-8. 6. Beall, Anne E. (2014), <i>Strategic market research</i>, iUniverse LLC, ISBN: 9781936236169. 7. Abrams, Rhonda (2010), <i>Successful Business Plan, Secrets & Strategies</i>, The Planning Shop, ISBN: 9781933895147. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

48.

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|-------------------------------|--|-----------------|---|---------------------|--|
| Course Title | Basic Principles of Accounting | | | | |
| Course Code | ACCT401 | | | | |
| Course Type | Theoretical | | | | |
| Level | Bachelor | | | | |
| Year / Semester | 4 th Year/ 7 th Semester | | | | |
| Teacher's Name | Demetriou Demetris | | | | |
| ECTS | 4 | Lectures / week | 2 | Laboratories / week | |
| Course Purpose and Objectives | The aim of the subject, Basic Principles of Accounting , is to introduce students to the basic principles of accounting, its uses, and its various applications. | | | | |
| Learning Outcomes | <p>By the end of the course, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Understand and implement account balance in accounting transactions. ▪ Be able to open accounts, to trade and prepare the balance sheet. ▪ Make corrections and close entries using spreadsheets. ▪ Prepare and interpret financial statements with a predetermined profit. ▪ Be able to enter accounting records, calculate the cost of purchases and prepare financial statements. ▪ Be able to record trade transactions. | | | | |
| Prerequisites | | Required | | | |
| Course Content | <p>An introductory course in accounting, which includes accounting areas, financial accounting, types of businesses, individual business, general partnerships, limited partnerships, Companies LTD.-S.A., Audit – accounting rules, categorization of rules, limit conversions, measurement conversions, moral conversions, assets/property, resources and obligations, accounting reports-references, the concept of double-entry bookkeeping, measurement and reporting of financial position revenue and expense report, revenue expenses with real key example, profit and loss account / income reporting, recognition of costs, profit-loss calculation, a real example, balance sheet, categorization of debts / claims, the form of the balance sheet, calculation processes for fixed assets and available – for –sale assets-depreciation, balance sheet based on a real example, problems/weaknesses in financial reporting, numbers, classification of economic ratios / indicators, ratios-performance indicators.</p> | | | | |
| Teaching Methodology | <ul style="list-style-type: none"> • Lectures, Demonstration, Individual or group assignment. | | | | |

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| Bibliography | <p>Greek</p> <ol style="list-style-type: none"> 1. Καλαμαράς, Νικόλαος Διον. (2013), Γενική λογιστική, Εκδόσεις Αθ. Σταμούλης, ISBN: 9789603519218. 2. Καρδακάρης, Κωνσταντίνος Ν. (2008), <i>Γενική λογιστική</i>, Ίων, Αθήνα, ISBN: 978-960-286-991-8. <p>English</p> <ol style="list-style-type: none"> 1. Dyson, John R. (2010), <i>Accounting for non-accounting students</i>, Financial Times Prentice Hall, Harlow, England, ISBN: 978-0-273-72297-7. 2. Garrison, Ray (2006), <i>Managerial Accounting</i>, McGraw Hill, New York, ISBN: 0-07-283494-3. 3. Charles T. Horngren, Walter T. Harrison (2007), <i>Accounting ch 1-13</i>, 7th Edition, Prentice Hall, ISBN: 978-0132249959. 4. Sheila Robison (2017), LCCI Bookkeeping Level 1, ISBN: 978-1-78447-663-2. 5. Steve Astbury (2017), LCCI Bookkeeping and Accounting Level 2, ISBN: 978-1-78447-664-9. 6. Samantha Hannigan (2017), LCCI Accounting Level 3, ISBN: 978-1-78449-130-7. 7. Williams, Jan R. (2015), <i>Financial & managerial accounting</i>, McGraw Hill Education, ISBN: 9781259255830. |
| Assessment | <ul style="list-style-type: none"> • Class participation 10% • Assignments 10% • Intermediate Written Examination 30% • Final Written Examination 50% |
| Language | Greek |

49.

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|-------------------------------|--|-----------------|----------|---------------------|
| Course Title | Practical Training | | | |
| Course Code | PRCT403 | | | |
| Course Type | Practical | | | |
| Level | Bachelor | | | |
| Year / Semester | 4 th Year/ 8 th Semester | | | |
| Teacher's Name | Shiarly Markella | | | |
| ECTS | 10 | Lectures / week | | Laboratories / week |
| Course Purpose and Objectives | <p>The aims of the subject Practical Training is the practical application of the knowledge acquired during the studies as a student in the science of aesthetics.</p> <p>Practical Training takes place formally during the eighth (8th) semester of studies and requires the student to have a minimum of twenty (20) teaching periods per week during the last semester of their studies in aesthetics in beauty salons. During his/her employment, the student is trained not only in practical applications in aesthetics, but also in matters of administration and management of modern beauty salons. Practical training is done in close cooperation with the student's guidance of a supervising member of the academic staff who teaches at the college and is appointed as the student's counselor.</p> <p>This training should be of an educational nature, its application is crucial and keeps students up to date with the new trends in science and to aim in applying the knowledge acquired during the student's studies, but also to develop communication skills with customers and other colleagues.</p> | | | |
| Learning Outcomes | <p>By the end of Practical Training, student will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to apply what was taught during his/her studies in theory and practical. ▪ Acquire job self-confidence. ▪ Develop communication skills with clients and colleagues. ▪ Acquire management skills of an aesthetic unit. ▪ Expand his/her knowledge in the subject of applied aesthetics. | | | |
| Prerequisites | <p>Knowledge of all aesthetical – related subjects that were taught throughout the course are required: Anatomy, Physiology, Dermatology I, II, III, Basic Principles of physics, Face morphology and colour, Basic principles of chemistry, Beauty Therapy I, II, III, Body Therapy I, II, III, Hair Removal Methods I, II, First Aid, Cosmetology, Kinesiology,</p> | | Required | |

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| | Endocrinology, Make up, Professional Make up, Nosology, Definitions and Applications of information technology, Hygiene, Stress and its Management Techniques, Aromatherapy, Reflexology, Professional Ethics, English Terminology, Nutrition – Dietetics, Aesthetic Gymnastics, Basic principles of LASER-IPL, Plastic Surgery, Marketing principles, Business administration and Management. | | |
| Course Content | <p>During the practical training, the employer cooperates with the competent educational supervisor appointed by the department. The supervisor visits the workplace of the trainee and becomes aware of the work that he/she takes over. The supervisor of the trainee examines on a weekly basis the Practical Work Book (log book), available to the trainee and makes observations. The supervisor of the trainee completes the fields related to the qualitative assessment of the specific practical placement work with questions concerning the trainee, the academic supervisor, etc.</p> <p>The student's supervisors visit the workplace, get informed about their job, keep an eye on, and update their Practical Work Book (log book), monitor their performance, and work together to solve their problems, both with themselves and with the work supervisor defined by the firm/ employer of the trainee.</p> <p>The student's supervisor submits his/her general remarks to the trainee during the course of practical training. At the same time the supervisor has the possibility of filing and generalizing observations related to all the activities related with the practical training.</p> <p>Finally, the supervisor, taking into account the above reports, performs the overall assessment of the practical training by assessing the activity of the student and also by submitting his/her opinion of the employer. This report is endorsed by the programme coordinator, thus acquiring knowledge for the evaluation of both the student and the employer.</p> <p><u>Duration</u></p> <p><i>The duration of the practical work experience is the period from the beginning of the Spring semester until 31st May. The period is the minimum allowed and can be extended automatically until September 30th if the given circumstances are approved by the Programme Coordinator, to increase the best final result.</i></p> <p><i>In the case where the practical work experience is not completed correctly, the student is again obliged to participate in the practical work experience of the new academic year.</i></p> | | |
| Teaching Methodology | <p>Practical Training typically takes place during the eighth (8th) semester of study and requires from the student to spend substantial time, for at least one semester, in a beauty salon, which is approved by the college. Students are periodically inspected from college to their place of work.</p> <p>The completion of the training program is a prerequisite for graduation from the programme.</p> | | |

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| Bibliography | Practical Work Book (log book), |
| Assessment | The Manager/Supervisor of the Place of Practical Training prepares and submits to KES COLLEGE a properly completed evaluation report on the student's progress. At the end of the Practical Training the student is assessed by the KES COLLEGE Inspector, taking into consideration the completed evaluation report of the Manager / Supervisor of the Practice Exercise. |
| Language | Greek |

50.

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|-------------------------------|---|-----------------|----------|---------------------|
| Course Title | Bachelor Thesis | | | |
| Course Code | PROJ409 | | | |
| Course Type | Theoretical and Practical | | | |
| Level | Bachelor | | | |
| Year / Semester | 4 th Year/ 8 th Semester | | | |
| Teacher's Name | Shiarly Markella | | | |
| ECTS | 20 | Lectures / week | 2 | Laboratories / week |
| Course Purpose and Objectives | <p>The aim of the subject Bachelor Thesis is the development of self-action and the depth of the student in a cognitive aspect of the science of aesthetics that he/she has to promote.</p> <p>The Thesis is formally conducted during the eighth (8th) semester of studies and requires the student's effective focus at least for a regular semester of the study. The thesis is created and worked on in close co-operation and guidance of the student by the supervising member of the academic staff teaching at the college.</p> <p>This work should be in a research nature form, its implementation is crucial and should keep up with the new trends of science but also to gain self-confidence in the written language on behalf of the student.</p> | | | |
| Learning Outcomes | <p>By the end of the course, students will be expected to:</p> <ul style="list-style-type: none"> ▪ Be able to conduct scientific work, in a subject related to the field of study, of at least eight thousand (8000) words. ▪ Be able to acknowledge the contribution of the research to improving the quality of human life. ▪ Be able to practice in scientific thinking, scientific methodology and rationally approach in any new positions related to his/her profession. ▪ Be able to use scientific terminology, distinguish, classify, and describe chemical phenomena, materials and processes. ▪ Acquire research confidence. ▪ Develop writing skills. ▪ Expand his/her knowledge in the particular subject that he/she will choose for the bachelor thesis. ▪ Acquire the judgment to choose the appropriate bibliography. | | | |
| Prerequisites | Knowledge of all aesthetical – related subjects that were taught throughout the course | | Required | |
| Course Content | <p>Assignment of Bachelor Thesis</p> <p>The thesis is done only in cognitive subjects which belong in the field of study that are attended by the student. The thesis is set at the beginning of each</p> | | | |

academic year by the department's academic staff. Each member submits by the 20th October for approval from the head of department the topics of the proposed bachelor thesis for the current academic year.

The approval of the proposed topics of the Department is done with basic criteria and the contribution of diplomacy in the science of aesthetics, the feasibility, and the required amount of time for development and suitability of the proposing member of the course to supervise the proposed thesis.

The program coordinator has the power to approve, to reject or modify the topics of the proposed thesis, so that the above criteria are best met. The approved content is committed for the selection board about the final grade of the thesis.

The program coordinator until the 10th of November is required to decide on the thesis topics and approves them for the current academic year and announces the approved topics with their description and the names of the supervisors and the members of the examining committee.

The student's until the 30th of November are required to come in contact with the supervisors of the proposed topics and declare their choice and priority of choice (1st, 2nd, 3rd) to secure the subject of their thesis.

A change in the thesis subject for superiority reasons shall be carried out on a sufficiently reasoned basis application from the student, which they co-sign with the supervisor and at least one of the two members of the examining board and the approval department.

The extent of the thesis is set to 8000 words.

Duration

The duration of the thesis is estimated between the beginning of the spring semester until the 31st of May. This period is the minimum allowed and may be extended automatically until September 30th if the given conditions, and the judgement of the head of department, require it to optimize the final result.

In the case where the thesis is not submitted, it is then considered unsuccessful and the student is again obliged to participate in the thesis for the new academic year.

Delivery of the Thesis

A bachelor thesis is considered complete when the supervisor agrees is printed and delivered to the supervisor in four copies (one for each member of the examination board and one for the college library). The cost of printing and bookbinding of the bachelor thesis is covered by the student.

After a period of ten days from the delivery of the bachelor thesis, the examination board, after being informed about the content of the bachelor thesis, is required by the supervisor's letter is co-signed by the members of the examination board, to announce the date of examination. This date must allow the student to graduate in the current period. The thesis is examined by the committee on a date in a classroom of the college premises which will be

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| | <p>announced by the main secretary. Under the responsibility of the supervising member, the examination of the thesis is also widely announced to the academic community.</p> <p>Assessment of Thesis</p> <p>The head of department ensures the existence and observance of uniform criteria for the degree and scientific level of work.</p> |
| Teaching Methodology | <ul style="list-style-type: none"> ▪ Individual assignment with guidance by the responsible teacher |
| Bibliography | Bibliography is according to the topic chosen by the student |
| Assessment | <ul style="list-style-type: none"> ▪ Accuracy of the data collected ▪ Principle and approach of the topic ▪ Presentation and appearance of the topic ▪ Introduction and methodology ▪ The results/findings ▪ Bibliography |
| Language | Greek |

TABLE 2: COURSE DISTRIBUTION PER SEMESTER

| A/A | Course Type | Course Name | Course Code | Periods per week | Period duration | No of weeks/ Academic semester | Total periods/ Academic semester | Number of ECTS |
|-------------------|-------------|--|-------------|------------------|-----------------|--------------------------------|----------------------------------|----------------|
| Semester 1 | | | | | | | | |
| 1. | Compulsory | Anatomy | MEDI100 | 3 | 55' | 14 | 42 | 5 |
| 2. | Compulsory | Physiology | MEDI106 | 3 | 55' | 14 | 42 | 5 |
| 3. | Compulsory | Dermatology I | MEDI105 | 2 | 55' | 14 | 28 | 3 |
| 4. | Compulsory | Principles of Physics | PHYS101 | 2 | 55' | 14 | 28 | 4 |
| 5. | Compulsory | Face Morphology and Colour | BTHA100 | 4 | 55' | 14 | 56 | 4 |
| 6. | Compulsory | Principles of Chemistry | CHEM103 | 2 | 55' | 14 | 28 | 4 |
| 7. | Compulsory | Facial Aesthetics I | BTHA101 | 4 | 55' | 14 | 56 | 5 |
| Total : | | | | 20 | | | | 30 |
| Semester 2 | | | | | | | | |
| 1. | Compulsory | Facial Aesthetics II | BTHA106 | 4 | 55' | 14 | 56 | 6 |
| 2. | Compulsory | Body Aesthetics I | BTHA107 | 4 | 55' | 14 | 56 | 6 |
| 3. | Compulsory | Dermatology II | MEDI108 | 2 | 55' | 14 | 28 | 4 |
| 4. | Compulsory | Depilatory Methods I | BTHA109 | 4 | 55' | 14 | 56 | 4 |
| 5. | Compulsory | First Aid | MEDI112 | 2 | 55' | 14 | 28 | 3 |
| 6. | Compulsory | Cosmetology | CHEM105 | 2 | 55' | 14 | 28 | 4 |
| 7. | Compulsory | Basic Concepts and Applications of Computers | COMP303 | 2 | 55' | 14 | 28 | 3 |
| Total : | | | | 20 | | | | 30 |

TABLE 2: COURSE DISTRIBUTION PER SEMESTER (Continued)

| A/A | Course Type | Course Name | Course Code | Periods per week | Period duration | No of weeks/ Academic semester | Total periods/ Academic semester | Number of ECTS |
|-------------------|-------------|--|-------------|------------------|-----------------|--------------------------------|----------------------------------|----------------|
| Semester 3 | | | | | | | | |
| 1. | Compulsory | Fundamentals of Management | MGMT200 | 2 | 55' | 14 | 28 | 4 |
| 2. | Compulsory | Facial Aesthetics III | BTHA202 | 4 | 55' | 14 | 56 | 6 |
| 3. | Compulsory | Body Aesthetics II | BTHA205 | 4 | 55' | 14 | 56 | 5 |
| 4. | Compulsory | Kinesiology | BTHA206 | 1 | 55' | 14 | 14 | 2 |
| 5. | Compulsory | Cosmetic Endocrinology | BTHA201 | 2 | 55' | 14 | 28 | 3 |
| 6. | Compulsory | Make-Up | BTHA207 | 4 | 55' | 14 | 56 | 5 |
| 7. | Compulsory | Manicure and Pedicure | BTHA304 | 4 | 55' | 14 | 56 | 5 |
| Total : | | | | 21 | | | | 30 |
| Semester 4 | | | | | | | | |
| 1. | Compulsory | Basic Principles of Marketing | MRKT204 | 2 | 55' | 14 | 28 | 4 |
| 2. | Compulsory | Body Aesthetics III | BTHA212 | 4 | 55' | 14 | 56 | 5 |
| 3. | Compulsory | Dermatology III | MEDI203 | 2 | 55' | 14 | 28 | 5 |
| 4. | Compulsory | Nosology | MEDI206 | 2 | 55' | 14 | 28 | 4 |
| 5. | Compulsory | Depilatory Methods II | BTHA214 | 3 | 55' | 14 | 42 | 4 |
| 6. | Compulsory | Hygiene | BTHA217 | 1 | 55' | 14 | 14 | 3 |
| 7. | Compulsory | Stress and Their Management Techniques | BTHA216 | 3 | 55' | 14 | 42 | 5 |
| Total : | | | | 17 | | | | 30 |

TABLE 2: COURSE DISTRIBUTION PER SEMESTER (Continued)

| A/A | Course Type | Course Name | Course Code | Periods per week | Period duration | No of weeks/ Academic semester | Total periods/ Academic semester | Number of ECTS |
|-------------------|-------------|---------------------------------|-------------|------------------|-----------------|--------------------------------|----------------------------------|----------------|
| Semester 5 | | | | | | | | |
| 1. | Compulsory | Aromatherapy | BTHA300 | 4 | 55' | 14 | 56 | 6 |
| 2. | Compulsory | Professional-Theatrical Make-Up | BTHA303 | 4 | 55' | 14 | 56 | 7 |
| 3. | Compulsory | Reflexology | BTHA305 | 4 | 55' | 14 | 56 | 6 |
| 4. | Compulsory | Organization of Beauty Units | BTHA110 | 1 | 55' | 14 | 14 | 3 |
| 5. | Compulsory | English Terminology | ENGL206 | 2 | 55' | 14 | 28 | 3 |
| 6. | Compulsory | Health and Safty at Work | HESF302 | 2 | 55' | 14 | 28 | 5 |
| Total : | | | | 17 | | | | 30 |
| Semester 6 | | | | | | | | |
| 1. | Compulsory | Research Methodology | PRCT322 | 2 | 55' | 14 | 28 | 5 |
| 2. | Compulsory | Psychology | PSOC302 | 3 | 55' | 14 | 42 | 5 |
| 3. | Compulsory | Human Resource Management | HRMG302 | 3 | 55' | 14 | 42 | 4 |
| 4. | Compulsory | Nutrition - Dietetics | BTHA310 | 1 | 55' | 14 | 14 | 2 |
| 5. | Compulsory | Aesthetic Gymnastics | BTHA200 | 1 | 55' | 14 | 14 | 2 |
| 6. | Compulsory | Cosmetic Surgery | BTHA308 | 2 | 55' | 14 | 28 | 4 |
| 7. | Compulsory | Basic Principles of Laser/IPL | BTHA309 | 3 | 55' | 14 | 42 | 5 |
| 8. | Compulsory | Professional Ethics | ETHI301 | 1 | 55' | 14 | 14 | 3 |
| Total : | | | | 16 | | | | 30 |

TABLE 2: COURSE DISTRIBUTION PER SEMESTER (Continued)

| A/A | Course Type | Course Name | Course Code | Periods per week | Period duration | No of weeks/ Academic semester | Total periods/ Academic semester | Number of ECTS |
|-------------------|-------------|--------------------------------------|-------------|------------------|-----------------|--------------------------------|----------------------------------|----------------|
| Semester 7 | | | | | | | | |
| 1. | Compulsory | SPA Treatments | BTHA402 | 5 | 55' | 14 | 70 | 7 |
| 2. | Compulsory | LASER/IPL Applications in Aesthetics | BTHA401 | 5 | 55' | 14 | 70 | 7 |
| 3. | Compulsory | Entrepreneurship | ENTR300 | 2 | 55' | 14 | 28 | 4 |
| 4. | Compulsory | Herbal Therapy | BTHA405 | 2 | 55' | 14 | 28 | 4 |
| 5. | Compulsory | Business Strategy | MGMT404 | 2 | 55' | 14 | 28 | 4 |
| 6. | Compulsory | Basic Principles of Accounting | ACCT401 | 2 | 55' | 14 | 28 | 4 |
| Total : | | | | 18 | | | | 30 |
| Semester 8 | | | | | | | | |
| 1. | Compulsory | Practical Training | PRCT403 | - | | | - | 10 |
| 2. | Compulsory | Thesis | PROJ409 | 2 | 55' | 14 | 28 | 20 |
| Total : | | | | 2 | | | | 30 |

Curriculum Vitae of the Teaching Staff on the approved form by the CY.Q.A.A

Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|----------------------|
| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | ΓΕΡΟΚΩΣΤΑ Δ. |
| Όνομα: | ΚΩΣΤΑΣ |
| Βαθμίδα: | ΚΑΘΗΓΗΤΗΣ |
| Πρόγραμμα Σπουδών: | MARKETING/MANAGEMENT |
| Επιστημονικό Πεδίο: * | BUSINESS |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|---------------------------------|----------|----------------------------------|
| MBA | 2000 | FLORIDA METROPOLITAN UNIVERSITY | BUSINESS | INTERNATIONAL MARKETING ANALYSIS |
| BSc | 1999 | FLORIDA METROPOLITAN UNIVERSITY | BUSINESS | MARKETING/MANAGEMENT |
| DIPLOMA | 1992 | INTERCOLLEGE | HOTEL | HOTEL MANAGEMENT |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|---------|------------------|----------|--------------------------------|
| Από | Μέχρι | | | |
| 2006 | CURRENT | KES COLLEGE | ΛΕΥΚΩΣΙΑ | ΚΑΘΗΓΗΤΗΣ |
| 2008 | 2010 | POWER PUBLISHING | ΛΕΥΚΩΣΙΑ | ΔΙΕΥΘΥΝΤΗΣ ΜΑΡΚΕΤΙΝΓΚ |
| 2004 | 2006 | CREDITINFO | ΛΕΥΚΩΣΙΑ | ΕΠΙΚΕΦΑΛΗΣ ΤΜΗΜΑΤΟΣ ΜΑΡΚΕΤΙΝΓΚ |

| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|--------|------------------|---------------------------------|
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|---|-------------|--------------|--------------------|
| Ref. Number | Date | Title | Awarded by: |
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| Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
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| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|---|
| Ίδρυμα: | <i>Εκπαιδευτήρια ΚΕΣ</i> |
| Επίθετο: | <i>Γεωργίου</i> |
| Όνομα: | <i>Νίκος</i> |
| Βαθμίδα: | <i>Ανώτερος Λέκτορας</i> |
| Πρόγραμμα Σπουδών: | <i>Κοινωνικές Επιστήμες</i> |
| Επιστημονικό Πεδίο: * | <i>Εκπαιδευτική-Αναπτυξιακή Ψυχολογία</i> |

** Εξειδίκευση*

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|-------------|--|-----------------------------|---|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| <i>Διδακτορικό</i> | <i>2014</i> | <i>Πανεπιστήμιο Κύπρου</i> | <i>Ψυχολογίας</i> | <i>Ρυθμιστικοί και διαμεσολαβητικοί παράγοντες στη σχέση μεταξύ των γονικών πρακτικών και των εσωτερικευμένων/εξωτερικευμένων προβλημάτων των παιδιών</i> |
| <i>Μάστερ</i> | <i>2011</i> | <i>Πανεπιστήμιο Κύπρου</i> | <i>Ψυχολογίας</i> | <i>Διαχρονικές συσχετίσεις μεταξύ του γονικού στίλ και του στίλ προσκόλλησης με τη ψυχοκοινωνική προσαρμογή των παιδιών</i> |
| <i>Πτυχίο</i> | <i>2009</i> | <i>Πανεπιστήμιο Λευκωσίας</i> | <i>Κοινωνικών Επιστημών</i> | <i>-</i> |
| <i>Πτυχίο</i> | <i>2004</i> | <i>Τεχνολογικό Πανεπιστήμιο Κύπρου</i> | <i>Επιστημών Υγείας</i> | <i>-</i> |

Ιστορικό Εργοδότησης–να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|--------|--------------------------|------------------------------------|---------------------------|
| Από | Μέχρι | | | |
| 2/2016 | Σήμερα | Πανεπιστήμιο Λευκωσίας | Τμήμα Κοινωνικών Επιστημών | Διδάσκων |
| 10/2010 | Σήμερα | Εκπαιδευτήρια ΚΕΣ | Ακαδημαϊκό προσωπικό | Διδάσκων |
| 11/2005 | 2/2009 | Υπηρεσίες Ψυχικής Υγείας | Ψυχιατρικό τμήμα κεντρικών φυλακών | Νοσηλεύτης Ψυχικής Υγείας |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
|-----|------|---|--|---|-------|---------|
| 1 | 2016 | Parenting and children's adjustment problems: The mediating role of self-esteem and peer relations. | Georgiou, N.A., Staurinides, P, & Georgiou, S. | <i>Journal of Behavioral and Emotional Difficulties</i> | 21(4) | 433-446 |

Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
|-----|------------|---|--|------------------|-------------------|
| 1 | 2016 | Ο διαμεσολαβητικός ρόλος της αυτοεκτίμησης και των σχέσεων με τους συνομηλίκους με την προσαρμογή των παιδιών | Διεθνής (Ελληνική Ψυχολογική Εταιρεία) | Λευκωσία, Κύπρος | Εισηγητής |
| 2 | 2014 | Κύριες επιδράσεις και αλληλεπιδράσεις μεταξύ των | Διεθνής (Ελληνική Ψυχολογική Εταιρεία) | Κρήτη, Ελλάδα | Εισηγητής |

| | | | | | |
|---|-----------|--|---|------------------|-----------|
| | | γονικών πρακτικών και της ιδιοσυγκρασίας ως προς τα προβλήματα προσαρμογής των παιδιών | | | |
| 3 | 2011 | Διαχρονικές συσχετίσεις μεταξύ του γονικού στιλ και του στιλ προσκόλλησης με τη ψυχοκοινωνική προσαρμογή των παιδιών | Διεθνής (Ευρωπαϊκό Συνέδριο Ψυχολογίας) | Κωνσταντινούπολη | Εισηγητής |
| 4 | 2009-2014 | Σειρά σεμιναρίων με θέματα: «οικογένεια και ανάπτυξη του παιδιού» | Τοπική (Δήμος Στροβόλου) | Λευκωσία, Κύπρος | Εισηγητής |
| 5 | 2008 | Νοσηλευτικές παρεμβάσεις σε ψυχωτικούς κρατούμενους | Τοπική (Παγκύπριο Συνέδριο Ψυχιατρικής) | Λεμεσός, Κύπρος | Εισηγητής |
| 6 | 2007 | Οι κρατούμενοι ως ευάλωτος πληθυσμός | Τοπική (Παγκύπριο Συνέδριο Νοσηλευτικής και Μαιευτικής) | Λευκωσία, Κύπρος | Εισηγητής |

*Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.



Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|----------------|
| Ίδρυμα: | CYPRUS COLLEGE |
| Επίθετο: | DEMETRIADES |
| Όνομα: | ΝΕΟΡΗΥΤΟΣ |
| Βαθμίδα: | |
| Πρόγραμμα Σπουδών: | ΑΙΣΘΗΤΙΚΗ |
| Επιστημονικό Πεδίο: * | |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|------------------|--------------------------|--------------------|--|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| Assistant Professor Oral and Maxillofacial Surgery, | 2008-2012 | Tufts University, Boston | | Assistant Professor Oral and Maxillofacial Surgery |
| Assistant Professor University | 2014-2015 | University of Cyprus | School of Medicine | |
| Associate Professor | Current position | EUROPEAN UNIVERSITY | SCHOOL OF MEDICINE | |
| | | | | |

| Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες | | | | |
|---|-------|------------------|-------|------|
| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
| Από | Μέχρι | | | |
| 11/2011 | | PRIVATE PRACTICE | | |
| | | | | |
| | | | | |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
|-----|------|---|---|---|--------|------|
| 1 | 2018 | : 'Periorbital Rejuvenation with Application of Fat Transfer.' | N.Demetriades, D. Madnani | Atlas of Science | | |
| 2 | 2010 | Effects of mandibular retro-positioning, with or without maxillary advancement , on the oro-naso-pharyngeal airway and the development of sleep related breathing disorders | N.Demetriades, C. Laskarides, J. David Chang, M. Papageorge | J. Oral Maxillofac. Surg. | 2431 | 6 |
| 3 | 2009 | Primary Ewing's sarcoma of the mandibular body-ramus. | Demetriades, Solomon, Shastri, Papageorge. | J Mass Dent Soc. 2009, Summer | 38-41 | |
| 4 | 2010 | Retrospective clinical evaluation of an Alternative bone expansion technique for implant placement in atrophic maxilla and mandible | N. Demetriades, C. Laskarides, Jong Park, M. Papageorge. | J. Mass Dent Soc. 2009 | 58(2) | 3841 |
| 5 | 2008 | Extramedullary Plasmacytoma | N. Demetriades, R.Kumar, N.Pokrovskaya, L.Solomon | J Mass Dent Soc | 57 (3) | 56-8 |
| 6 | | | | | | |
| 7 | | | | | | |
| 8 | | | | | | |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
|-----|------------|------|------------------|------------|-------------------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|---|------------------|---------------------------------|
| 1 | | Effects of mandibular retro-positioning with or without maxillary advancement, or oro naso pharyngeal airway and the development of the sleep related breathing disorders | | |
| 2 | | Evaluation of post operative edema and pain following third molar extraction with the co administration of iv ketorolac and dexamethasone | NHI | |
| 3 | | Facial characteristics of patients with obstructive sleep apnea syndrome | | |

| | | | | |
|----|--|--|-----------|--|
| 4 | | A prospective randomized controlled study of prevail implants restored using medicalized seating platform in the aesthetic area of the maxilla | BIOMED 3i | |
| 5 | | Biomechanical stability of polyctic acid biodegradable fixation system used to provide functional stable fixation after bilateral sagittal split osteotomy | Stryker | |
| 6 | | | | |
| 7 | | | | |
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**Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.*

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
|-----|----------|------------|--------------------------|-----------------------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |

Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
|-------------|-----------|--|--------------------------------------|
| 1 | 1998-2003 | Scholarhip of academic excellence/ | government of cyprus |
| 2 | 2008 | Dr Kenneth M stern Award for Academic Excellence and clinical Aptitude | Tufts University Scholl, Boston, USA |
| 3 | | | |
| 4 | | | |
| 5 | | | |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
|-----|------------|--------|-----------------------|
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Academic Personnel Short Profile / Short CV

| | |
|-----------------------------|------------------------|
| Institution: | KES College |
| Surname: | Demetriou |
| Name: | Demetris |
| Rank: | Lecturer |
| Program of Study: | |
| Scientific Domain: * | Accounting and Finance |

**Field of Specialization*

Academic qualifications (list by highest qualification)

| Qualification | Year | Awarding Institution | Department | Thesis title |
|-----------------------|------|---------------------------|----------------------|--------------|
| Master's in education | 2013 | Open University of Cyprus | Pedagogic | |
| Bachelor of science | 1988 | University of North Texas | Accounting & Finance | |
| | | | | |
| | | | | |

Employment history – List by the three (3) most recent

| Period of employment | | Employer | Location | Position |
|----------------------|------|--------------------------------------|----------------------|----------|
| From | To | | | |
| 2000 | 2014 | Pascal Education | Nicosia | Teacher |
| 1999 | 2001 | Higher Hotel Institute of Cyprus | Nicosia | Lecturer |
| 1988 | 1991 | Costuris Michaelides & Co (Overseas) | Riyad – Saudi Arabia | Auditor |



Academic Personnel Short Profile / Short CV

Institution: S C.a\ Pdj f:
 Surname: Q E... J. - 0: \ \ E: O - S
 Name: S f: > ... / Y \ S
 Rank: t E: p C. \ - L < S: : C. \ \ J. S 2: (:
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 Scientific Domain: * MANAGEMENT

IT: > 0 e "" < O \ 1 - a \ . I. E: < \ J \ c \ "" - .
 *Field of Specialization

Academic qualifications
 list by highest qualification

| Qualification | Year | Awarding Institution | Department | Thesis title |
|----------------|------|----------------------|-----------------------|------------------------|
| 100c1012-0 | 2012 | CP | 6w | "100c £!.. \) u \ S. : |
| O, ?LO P-f \ \ | 2011 | Sr | Svc \ < : . (: \ \ t | |

Employment history - List by the three most recent

| Period of employment | Employer | Location | Position |
|-------------------------------|--|--|--|
| From | To | | |
| 10101 \ 9C \ \ : 1 O \ - | fi00 \ 291 .! C \ | N. \ < : ... S \ - C' < \ > St - 1 . A " | (n } c . u . \ l e . c . \ \) . f r : |
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| 101 \ . o C \ \ : J . O \ L \ | 1 < - U . ' < < " : \ t 1 1 \ \ f . \ ou ' A t < E : : O C . . \ - 1 ' N . c _ o S . \ _ A - - C - 5 . 3 - ' " S : . | | 1 - \mu t : C I Q . Q . \ (- D \ x 1 2 . . |

Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|---|
| Ίδρυμα: | KES College |
| Επίθετο: | Θεοχάρους |
| Όνομα: | Σπύρος |
| Βαθμίδα: | Συντονιστής Προγράμματος, Ανώτερος Λέκτορας |
| Πρόγραμμα Σπουδών: | Ιατρικοί Επισκέπτες (2 έτη, Δίπλωμα), Ιατρικοί Επισκέπτες (3 έτη, Ανώτερο Δίπλωμα), Βοηθοί (Τεχνικοί) Φαρμακείου (2 έτη, Δίπλωμα) |
| Επιστημονικό Πεδίο: * | Χημεία – Εκπαιδευτική Ηγεσία |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|------|----------------------------------|-----------------------|---|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| MA Εκπαιδευτική Ηγεσία | 2016 | Ευρωπαϊκό Πανεπιστήμιο Κύπρου | Επιστήμες της Αγωγής | «Ο ρόλος του ηγέτη στη διαχείριση των συγκρούσεων στις σχολικές μονάδες» |
| MSc Κατάλυση και Προστασία του Περιβάλλοντος | 2013 | Ελληνικό Ανοικτό Πανεπιστήμιο | Χημείας | «Χρήση ζεόλιθων για την παραγωγή βιοκαυσίμων με μη – εκλεκτική αποξυγόνωση τριγλυκεριδίων των φυτικών ελαίων» |
| MBA | 2006 | Μεσογειακό Ινστιτούτο Διεύθυνσης | Διοίκηση Επιχειρήσεων | «Οργάνωση και Παραγωγικότητα του χημικού εργαστηρίου του Νοσοκομείου Αρχιεπίσκοπος Μακάριος» |
| BSc Χημεία | 2005 | Πανεπιστήμιο Κύπρου | Χημείας | «Σύνθεση, χαρακτηρισμός και χημεία πολυμερικών πλεγμάτων διασταυρωμένων στο κέλυφος» |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|--------|-------------|----------|---|
| Από | Μέχρι | | | |
| 2006 | Σήμερα | KES College | Λευκωσία | Συντονιστής Προγράμματος Σπουδών Ανώτερος Λέκτορας Χημείας |
| | | | | |
| | | | | |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
|-----|------|--|---|---|-------|------|
| 1 | 2015 | «Αποξυγονομένο βιοντίζελ με μη –εκλεκτική αποξυγόνωση» | | Περί Χημείας, Παγκύπρια Ένωση Επιστημόνων Χημικών | 15 | |
| 2 | 2014 | «Χρήση αντιβιοτικών και συσχέτιση διασταυρούμενων αλλεργιών πενικιλινών και κεφαλοσπορινών» | Μαρίνα Μαρκίδου | Περί Χημείας, Παγκύπρια Ένωση Επιστημόνων Χημικών | 13 | |
| 3 | 2015 | «Το παρόν και το μέλλον των επαγγελματιών του Ιατρικού Επισκέπτη και Βοηθού (Τεχνικού) Φαρμακείου» | Αρτούρος Ισσέγιεκ | 7 ^ο Παγκύπριο Φαρμακευτικό Συνέδριο | 7 | |
| 4 | 2009 | «Φαρμακοθεραπεία της κατάθλιψης και συμμόρφωση των ασθενών με την αντικαταθλιπτική φαρμακευτική αγωγή» | Χρίστος Χατζημιχαήλ, Βασίλης Χατζηβασίλης, Κωνσταντία Παπαγεωργίου, | 6 ^ο Παγκύπριο Φαρμακευτικό Συνέδριο | 6 | |

| | | | | | | |
|----|------|--|--|--|----|--|
| | | | Χριστόδουλος Χριστοδούλου | | | |
| 5 | 2006 | «Νοσηλευτές και η χρήση φαρμακευτικών προϊόντων στην Κύπρο» | Χατζημιχαήλ Χ., Παπαγεωργίου Κ., Χριστοδούλου Χ. | 14 ^ο Παγκύπριο Νοσηλευτικό Συνέδριο | 14 | |
| 6 | 2006 | «Διερεύνηση των απόψεων των Νοσηλευτικών Λειτουργών της Κύπρου για θέματα Νοσηλευτικής Δεοντολογίας και Βιοηθικής» | Χατζημιχαήλ Χ., Παπαγεωργίου Κ., Χριστοδούλου Χ. | 13 ^ο Παγκύπριο Νοσηλευτικό Συνέδριο | 13 | |
| 7 | 2006 | «Οι ιατροί του ιδιωτικού τομέα και η ιατροφαρμακευτική επιστημονική ενημέρωση στην Κύπρο» | Χατζημιχαήλ Χ., Σάββα Σ., Γεροκώστας, Κ | 5 ^ο Παγκύπριο Φαρμακευτικό Συνέδριο | 5 | |
| 8 | 2006 | «Διερεύνηση των απόψεων των Φαρμακοποιών του ιδιωτικού τομέα της Κύπρου για θέματα δεοντολογίας και φαρμακευτικής πρακτικής» | Χατζημιχαήλ Χρίστος | 5 ^ο Παγκύπριο Φαρμακευτικό Συνέδριο | 5 | |
| 9 | 2006 | «Ζητήματα Βιοηθικής και οι λειτουργοί υγείας στην Κύπρο» | Χατζημιχαήλ Χ., Σάββα Σ., Παπαγεωργίου Κ., Χριστοδούλου Χ. | 5 ^ο Παγκύπριο Φαρμακευτικό Συνέδριο | 5 | |
| 10 | | | | | | |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|--|--|---------------------------------|
| 1 | 2018 | «Αναγνωρισιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό» | KES College MAC Cosmetics Cyprus | Μέλος Ερευνητικής Ομάδας |
| 2 | 2006 | «Φαρμακοθεραπεία της κατάθλιψης και συμμόρφωση των ασθενών με την αντικαταθλιπτική φαρμακευτική ανγωγή» | ΙΠΕ | Μέλος Ερευνητικής Ομάδας |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν

ΟΙ ΠΕΝΤΕ (5) ΠΙΟ ΠΡΟΣΦΑΤΕΣ

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Academic Personnel Short Profile / Short CV

| | |
|-----------------------------|--------------------------|
| Institution: | KES COLLEGE |
| Surname: | KYRIAKIDOU |
| Name: | STELLA |
| Rank: | LECTURER |
| Program of Study: | HOTEL MANAGEMENT |
| Scientific Domain: * | MANAGEMENT AND MARKETING |

**Field of Specialization*

Academic qualifications (list by highest qualification)

| Qualification | Year | Awarding Institution | Department | Thesis title |
|---|------|--------------------------------------|------------------|--|
| – MCom Master of Commerce in Marketing for Industrialising Countries. | 1987 | Strathclyde University | Business School | The export of Cyprus Potatoes in UK |
| BA (Hons) in Business Studies Recognised by KYSATS as a University Degree. | 1985 | The Philips College, Nicosia, Cyprus | Business Studies | The Marketing of Cyprus Potatoes abroad. |
| | | | | |
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Employment history – List by the three (3) most recent

| Period of employment | | Employer | Location | Position |
|----------------------|------|---------------------|----------|---|
| From | To | | | |
| 1987 | 2008 | The Philips College | Nicosia | Senior Lecturer & Acting Head of the Business Studies Dept. (1994 – 2008) |

| | | | | |
|------|------|--------------------------------------|---------|---|
| | | | | <ul style="list-style-type: none"> Administrative and Supervisory duties including programming, organization, coordinating and monitoring work.) <p>Lecturer in Marketing and Management (1987 – 1993)</p> <ul style="list-style-type: none"> Member of the Administrative Committee (Recruiting and Advertising) |
| 2011 | 2013 | Ministry of Justice and Public Order | Nicosia | Administrative Officer for European Matters |
| 2013 | 2016 | University of Nicosia/ MIGS/MOEC | Nicosia | Trainer for Gender Segregation of Employment Seminars |

Key refereed journal papers, monographs, books, conference publications etc. List the five (5) more recent and other five (5) selected –(max total 10)

| Ref. Number | Year | Title | Other authors | Journal and Publisher/ Conference | Vol. | Pages |
|-------------|------|-------|---------------|--------------------------------------|------|-------|
|-------------|------|-------|---------------|--------------------------------------|------|-------|

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| Exhibitions (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) | | | | | |
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| Ref. Number | Date | Topic | International / Local | Location* | Role in Exhibition |
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** Specify venue, geographic location etc*

| Research Projects. List the five (5) more recent and other five (5) selected (max total 10) | | | | |
|---|------|---|----------------|---------------------|
| Ref. Number | Date | Title | Funded by | Project Role* |
| 1 | 2017 | United to end Female Genital Mutilation | European Funds | Project Coordinator |
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*Project Role: i.e. Scientific/Project Coordinator, Research Team Member, Researcher, Assistant Researcher, other

| Consulting Services and/or Participation in Councils / Boards/ Editorial Committees. List the five (5) more recent | | | | |
|---|-----------|-----------------|--|--|
| Ref. Number | Period | Organization | Title of Position or Service | Key Activities |
| 1 | 1987-2008 | Philips College | Member of the Administrative Committee | (Recruiting and Advertising) |
| 2 | 1987-2008 | Philips College | Member of the Academic Committee | (Designing courses and Setting Policies) |
| 3 | 1987-2008 | Philips College | Director of Students' Affairs | (Recreational activities, Students' Placement, and Counseling) |

| | | | | |
|---|------|-----------------------|------------|---|
| 4 | 2001 | NGO Management Centre | Consultant | Consultation paper for Cyprus Forest Industries |
| 5 | | | | |

| Awards / International Recognition (where applicable). List the five (5) more recent and other five (5) selected. (max total 10) | | | |
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| Other Achievements. List the five (5) more recent and other five (5) selected. (max total 10) | | | |
|--|-------------|--------------|------------------------|
| Ref. Number | Date | Title | Key Activities: |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|--|
| Ίδρυμα: | Kes College |
| Επίθετο: | Κώστα Ιωάννου |
| Όνομα: | Φρόσω |
| Βαθμίδα: | Συντονίστρια |
| Πρόγραμμα Σπουδών: | Προσωπικός Προπονητής και Προπονητής Ομαδικών Προγραμμάτων Fitness |
| Επιστημονικό Πεδίο: * | Δίπλωμα |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|-------------|--|---|---|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| Μεταπτυχιακό | 2003 | Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης | Τμήμα Επιστήμης Φυσικής Αγωγής και Αθλητισμού | Διερεύνηση των ψυχολογικών χαρακτηριστικών που συμβάλουν στην εκδήλωση της παχυσαρκίας: ο ρόλος της άσκησης και της διατροφής |
| Πτυχίο | 1999 | Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης | Τμήμα Επιστήμης Φυσικής Αγωγής και Αθλητισμού | Αντιλαμβανόμενη και πραγματική αποτελεσματικότητα τις επίδεσης και στηριγμάτων της ποδοκνημικής |
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| Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες | | | |
|--|------------------|--------------|-------------|
| Περίοδος Εργοδότησης | Εργοδότης | Τόπος | Θέση |
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| Από | Μέχρι | | | |
|------|--------|------------------------|----------|---------------------------|
| 2015 | 2018 | Πανεπιστήμιο Λευκωσίας | Λευκωσία | καθηγήτρια |
| 2006 | Σήμερα | Les Mills Cyprus | Λευκωσία | Επικεφαλής Εκπαιδευτρια |
| 2006 | 2009 | GCS of Careers | Λευκωσία | Καθηγήτρια Φυσικής Αγωγής |

| Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|---|------|---|---|--|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2002 | Effectiveness of Taping and Bracing in Balance and Motor skills | Μπαρκούκης Βασίλειος, Συκαράς Ευάγγελος, Τσορμπαντζούδης Χαράλαμπος | Δημοσίευση | | |
| 2 | 2001 | Προκαταρκτική μελέτη της κλίμακας ανασταλτικών παραγόντων συμμετοχής στον αθλητισμό. | Αλεξανδρή Κ., Κορολόγου Σ. Μπαρκούκης Β. | Ένατο συνέδριο Φυσικής Αγωγής και Αθλητισμού, Κομοτηνή | | |
| 3 | 2001 | Επίδραση των ανασταλτικών παραγόντων στην συμμετοχή ηλικιωμένων ατόμων σε αθλητικές δραστηριότητες. | Κορολόγου Σ., Μπαρκούκης Β. | Ένατο συνέδριο Φυσικής Αγωγής και Αθλητισμού, Κομοτηνή | | |
| 4 | 2001 | Διερεύνηση της δυνατότητας πρόβλεψης της πρόθεσης ηλικιωμένων ατόμων σε αθλητικές δραστηριότητες. . | Μπαρκούκης Β., Κορολόγου Σ. Τσορμπαντζούδης Χ. | Ένατο συνέδριο φυσικής αγωγής και αθλητισμού Κομοτηνή | | |
| 5 | 1999 | Εκτίμηση της αναερόβιας ικανότητας νεαρών αθλητών καλαθοσφαίρισης. | Κορολόγου Σ., Μπαρκούκης Β. | Έβδομο συνέδριο Φυσικής Αγωγής και Αθλητισμού Κομοτηνή | | |

| | | | | | | |
|----|------|---|---------------------------------|---|--|--|
| 6 | 1999 | Προσαρμογή του AMS στην ελληνική γλώσσα: πρώτη προκαταρκτική μελέτη. | Μπαρκούκης Β., Τσορματζούδης Χ. | Έβδομο συνέδριο Φυσικής Αγωγής και Αθλητισμού Κομοτηνή | | |
| 7 | 1999 | Σχέση των προσανατολισμών επίτευξης με την απόδοση. Έβδομο συνέδριο φυσικής αγωγής και αθλητισμού | Μπαρκούκης Β. | Έβδομο συνέδριο Φυσικής Αγωγής και Αθλητισμού, Κομοτηνή | | |
| 8 | 1999 | Μελέτη των Ψυχομετρικών χαρακτηριστικών του PELES. Πρώτη προκαταρκτική μελέτη. | Μπαρκούκης Β Τσορματζούδης Χ. | Έβδομο συνέδριο φυσικής αγωγής και αθλητισμού Κομοτηνή | | |
| 9 | | Κίνητρα ενασχόλησης νεαρών αθλητών με την καλαθοσφαίριση | Μπαρκούκης Β., Τσορματζούδης Χ. | Έβδομο συνέδριο φυσικής αγωγής και αθλητισμού Κομοτηνή | | |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|--|--|---------------------------------|
| 1 | 1999 | Κίνητρα και στάσεις μεταπτυχιακών φοιτητών | Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης | Μέλος ερευνητικής ομάδας |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
|-----|------------|---|-----------------------|
| 1 | 1994 | 2 ^η θέση σε Παγκύπριους αγώνες | 400μ με εμπόδια |
| 2 | 1994 | 1 ^η θέση σε Παγκύπριους αγώνες | Σκυταλοδρομία 4x400 |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|-----------------------------|
| Ίδρυμα: | KES College |
| Επίθετο: | Παλλούρας |
| Όνομα: | Χρίστος |
| Βαθμίδα: | Ανώτερος Λέκτορας |
| Πρόγραμμα Σπουδών: | Αισθητική |
| Επιστημονικό Πεδίο: * | Δερματολογία/Αφροδισιολογία |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|-----------------------------|------|--|--|------------------|
| Δερματολόγος-Αφροδισιολόγος | 2017 | Ιατρικός Σύλλογος Βόρειας Ρηνανίας-Βεσφαλίας, Γερμανία | Ιατρικός Σύλλογος Βόρειας Ρηνανίας-Βεσφαλίας, Γερμανία | |
| Αλλεργιολόγος | 2017 | Ιατρικός Σύλλογος Βόρειας Ρηνανίας-Βεσφαλίας, Γερμανία | Ιατρικός Σύλλογος Βόρειας Ρηνανίας-Βεσφαλίας, Γερμανία | |
| Πτυχίο Ιατρικής | 2009 | Αριστοτέλειο Πανεπιστήμιο Θεσσαλονίκης | Ιατρική Σχολή | |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-------|--|---|---------|
| Από | Μέχρι | | | |
| 2018 | | Αυτοεργοδοτούμενος | Κέντρο Δερματολογίας και ιατρικών Laser Δρ. Παλλούρας | |
| 2014 | 2018 | Dr. Nuechel Private Dermatology Office | Moenchengladbach, Γερμανία | Ειδικός |

| | | | | |
|------|------|---|-------------------|---|
| 2012 | 2014 | Πανεπιστημιακή Δερματολογική Κλινική Κολωνίας | Κολωνία, Γερμανία | Ειδικευόμενος Δερματολογίας-Αφροδισιολογίας |
| 2010 | 2012 | Πανεπιστημιακή Δερματολογική Κλινική Jena | Jena, Γερμανία | Ειδικευόμενος Δερματολογίας-Αφροδισιολογίας |

| Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|---|-------------|--|-------------------------|--|--------------|-------------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2014 | Phenotypes and clinical implications of hereditary lipomatosis | Schreml J | 1 st International Congress of Cypriot dermatological Society | | |
| 2 | 2014 | Bilateral Adult Gonoblenorrhoea (DOI: 10.1111/ddg.12304) | Rasokat H. | DDG Kompakt Hamburg, Germany | | |
| 3 | 2013 | Familiar Multiple Lipomatosis: Case Report and clinical Implications | Hartmann K, Schreml J. | DWFA Cologne | | |
| 4 | 2013 | Paraneoplastic Autoimmunsyndrom | Hartmann K. | DWFA Cologne | | |
| 5 | 2012 | Ingenol Mebutate Gel for the treatment of actinic keratosis | | Dermatology Clinic of University of Cologne, Germany | | |
| 6 | 2009 | Surgical Problems of immunsupressed Patients | Kesisoglou I | 5th Congress of Medical Faculty of Aristoteles University of Thessaloniki, | | |

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|---|------|---------------------------|---------|---|--|--|
| | | | | Greece | | |
| 7 | 2007 | Selen und Prostate-Cancer | Giala M | 13. Scientific Congress of greek medical students, Athens, Greece | | |

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
|-----|----------|--|--------------------------|-----------------------|
| 1 | 2018 | Δερματολογική και Αφροδισιολογική Εταιρία Κύπρου | Μέλος Συμβουλίου | |

Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
|-------------|------|--|--------------------------------|
| 1 | 2014 | Phenotypes and clinical implications of hereditary lipomatosis | Cypriot Dermatological Society |

Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|----------------|
| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | Παντελή |
| Όνομα: | Μαρία |
| Βαθμίδα: | ΛΕΚΤΟΡΑΣ |
| Πρόγραμμα Σπουδών: | Αγγλική Γλώσσα |
| Επιστημονικό Πεδίο: * | |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|---|-----------|---|---------|---|
| MA in Contemporary English Language and Linguistics | 2001-2002 | The University of Reading | Αγγλικά | Children Discourse: Gender Differences in linking devices |
| BA in English Literature (Concentration in Linguistics) | 1997-2001 | The American College of Greece, Deree College | Αγγλικά | / |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|---------|-----------------------------|----------|---------------------|
| Από | Μέχρι | | | |
| 2002 | Present | KES COLLEGE | Λευκωσία | Καθηγήτρια Αγγλικών |
| 2002 | 2009 | PASCAL INSTITUTE | Λευκωσία | Καθηγήτρια Αγγλικών |
| 2009 | 2010 | TEACHWELL PRIVATE INSTITUTE | Λευκωσία | Καθηγήτρια Αγγλικών |

| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

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| Ίδρυμα: | KES College |
| Επίθετο: | Πρατζιώτη |
| Όνομα: | Σοφία |
| Βαθμίδα: | Λέκτορας |
| Πρόγραμμα Σπουδών: | |
| Επιστημονικό Πεδίο: * | Πληροφορική |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|------|------------------------------|--|--|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| MSc Information and Communications Systems | 2018 | Ανοικτό Πανεπιστήμιο Κύπρου | Τμήμα Θετικών και Εφαρμοσμένων Επιστημών | Μεταμόρφωση Επιχειρήσεων με τη Βοήθεια του Υπολογιστικού Νέφους |
| MSc International Business | 2011 | University of Birmingham, UK | Birmingham Business School | How Companies Minimize Tax Liabilities through Locating in Tax Havens - International Financial and Business Centres |
| Πτυχίο Πληροφορικής | 2008 | Ιόνιο Πανεπιστήμιο, Ελλάδα | Τμήμα Πληροφορικής | Επιχειρηματικά Μοντέλα Παροχής Ασύρματων Υπηρεσιών |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-----------|---|-------------------|---|
| Από | Μέχρι | | | |
| 10/2017 | Σήμερα | KES College | Λευκωσία - Κύπρος | Λέκτορας Πληροφορικής |
| 10/2011 | Σήμερα | American College | Λευκωσία - Κύπρος | Λέκτορας Πληροφορικής |
| 10/2010 | Μάιο 2018 | CASA College, Educational Organisation of Chr. C. Savveriades | Λευκωσία - Κύπρος | Λέκτορας Διοίκησης Επιχειρήσεων & Λέκτορας Πληροφορικής |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

| Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες | | | | |
|--|----------|------------|--------------------------|-----------------------|
| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|--|------|--|-------------|
| Ref. Number | Date | Title | Awarded by: |
| 1 | 2010 | Υποτροφία από το Ι.Κ.Υ.Κ. για μεταπτυχιακές σπουδές για πτυχιούχους με άριστη επίδοση. | Ι.Κ.Υ.Κ. |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

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|------------------------------|--|
| Ίδρυμα: | KES College |
| Επίθετο: | Σαρρής |
| Όνομα: | Δημήτριος |
| Βαθμίδα: | Συντονιστής Προγραμμάτων Σπουδών |
| Πρόγραμμα Σπουδών: | Τεχνικός Παραγωγής Βιολογικών Προϊόντων & Τεχνικός Περιβαλλοντικής Διαχείρισης |
| Επιστημονικό Πεδίο: * | Βιολογία Φυτών-Οικολογία Φυτών/Δασών-Επιστήμη του Περιβάλλοντος |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|------|---|-----------|--|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| Διδάκτορας Βιολογικών Επιστημών | 2008 | Πανεπιστήμιο Πατρών (σε συνεργασία με το Ινστιτούτο Βοτανικής του Πανεπιστημίου της Βασιλείας της Ελβετίας) | Βιολογίας | Μείωση της Βροχόπτωσης στην Α. Μεσόγειο και η Σχέση της με το Φαινόμενο ENSO-Διερεύνηση με τις Μεθόδους της Δενδροκλιματολογίας. |
| Μεταπτυχιακό Δίπλωμα Ειδίκευσης στην Οικολογία Διαχείριση και Προστασία Φυσικού Περιβάλλοντος | 2004 | Πανεπιστήμιο Πατρών (σε συνεργασία με το Ινστιτούτο Βοτανικής του Πανεπιστημίου της Βασιλείας της Ελβετίας) | Βιολογίας | Το Αυξανόμενο Στρες Ξηρασίας στη Σάμο όπως αυτό προκύπτει από τους Αυξητικούς Δακτυλίου της Τραχείας Πεύκης [<i>Pinus halepensis</i> subs. <i>brutia</i> (Ten.) Holmboe]. |
| Πτυχίο Βιολογίας | 2001 | Πανεπιστήμιο Πατρών | Βιολογίας | Συγκριτική Οικολογική Διερεύνηση των Υγροτόπων Γλυκού και Υφάλμυρου Νερού στην Παράκτια Περιοχή του Όρους Βαράσοβα, (νομός Αιτωλοακαρνανίας) |
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Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|--------|-----------------------------|----------|--|
| Από | Μέχρι | | | |
| 2017 | σήμερα | KES College | Λευκωσία | Διευθυντής KES Research Centre & Συντονιστής Προγραμμάτων Σπουδών Τεχνικός Παραγωγής Βιολογικών Προϊόντων & Τεχνικός Περιβαλλοντικής Διαχείρισης |
| 2012 | σήμερα | Πανεπιστήμιο Κύπρου | Λευκωσία | Επίκουρος Καθηγητής - Ακαδημαϊκός Επισκέπτης & Ειδικός Επιστήμονας, |
| 2013 | σήμερα | Ανοικτό Πανεπιστήμιο Κύπρου | Λευκωσία | Συνεργαζόμενο Εκπαιδευτικό Προσωπικό (Συντονιστής Θ.Ε. Διαχείριση & Προστασία Φυσικών Πόρων 2014-16) και Επιβλέπων Μεταπτυχιακών Διατριβών |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μηνίσκος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
|-----|------|---|---|---|-------|-----------|
| 1 | | | | | | |
| 1 | 2018 | The influence of low-frequency variability on tree-rings based climate reconstruction: a case study from central Italy (Roman coast). | Mazza G | Annals of Silvicultural Research | 42 | 68-78 |
| 2 | 2018 | An intra-stand approach to identify intra-annual growth responses to climate in Pinus nigra subsp. laricio Poiret trees from southern Italy | Mazza G, Chiavetta U, Ferrara MR, Rana G | Forest Ecology and Management | 425 | 9-20 |
| 3 | 2017 | A synthesis of radial growth patterns preceding tree mortality | Cailleret M, Jansen S, Robert EMR, Desoto L, Aakala T, Antos JA, Beikircher B, Bigler C, Bugmann H, Caccianiga M, Čada V, Camarero JJ, Cherubini P, Cochard H, Coyea MR, Čufar K, Das AJ, Davi H, Delzon S, Dorman M, Gea-Izquierdo G, Gillner S, Haavik LJ, Hartmann H, Hereş AM, Hultine KR, Janda P, Kane JM, Kharuk VI, Kitzberger T, Klein T, Kramer K, Lens F, Levanic T, Linares Calderon JC, Lloret F, Lobo-Do-Vale R, Lombardi F, Rodríguez RL, Mäkinen H, Mayr S, Mészáros I, | Global Change Biology | 23 | 1675-1690 |

| | | | | | | |
|---|------|--|---|-------------------------------------|-----|-----------|
| | | | Metsaranta JM, Minunno F, Oberhuber W, Papadopoulos A, Peltoniemi M, Petritan AM, Rohner B, Sangüesa-Barreda G, Smith JM, Stan AB, Sterck F, Stojanović DB, Suarez ML, Svoboda M, Tognetti R, Torres-Ruiz JM, Trotsiuk V, Villalba R, Vodde F, Westwood AR, Wyckoff PH, Zafirov N, Martínez-Vilalta J | | | |
| 4 | 2016 | Mediterranean Island Ecosystems and Climate Change: the last 10,000 years and the future. | Vogiatzakis IN, Mannion AM | Biodiversity and Conservation | 25 | 2597-2627 |
| 5 | 2015 | What determines tree mortality in dry environments? A multi-perspective Approach. | Dorman M, Svoray T, Perevolotsky A, Moshe Y | Ecological Applications | 25 | 1054–1071 |
| 6 | 2015 | The effect of rainfall and competition intensity on forest response to drought: Lessons learned from a dry extreme | Dorman M, Perevolotsky A, Svoray T | Oecologia | 177 | 1025-1038 |
| 7 | 2014 | Increasing extremes of heat and drought associated with recent severe wildfires in southern Greece | Christopoulou A, Angelonidi E, Koutsias N, Fulé PZ, Arianoutsou M | Regional Environmental Change | 14 | 1257-1268 |
| 8 | 2013 | Inter- and intra-annual stable carbon and oxygen isotope signals in response to drought in Mediterranean pines | Siegwolf R, Körner C | Agricultural and Forest Meteorology | 168 | 59-68 |
| 9 | 2011 | Impact of recent climatic change on growth of low elevation eastern Mediterranean forest trees | Christodoulakis D, Körner C | Climatic Change | 106 | 203-223 |

| | | | | | | |
|----|------|--|------------------------------|-----------------------|----|-----------|
| 10 | 2007 | Recent decline in precipitation and tree growth in the eastern Mediterranean | Christodoulakis D, Körner C. | Global Change Biology | 13 | 1187–1200 |
|----|------|--|------------------------------|-----------------------|----|-----------|

| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|---|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

| Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | |
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| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
| 1 | 2019 | Carobs, the Black Gold of Cyprus: science meets industry (INTEGRATED/0916/0019) | Ίδρυμα Προώθησης | Μέλος Ερευνητικής Ομάδας |

| | | | | |
|---|------|--|--|-----------------------------|
| | | | Έρευνας Κύπρου | |
| 2 | 2018 | A novel carob intercropping agro-system for improving productivity and sustainability (CERAVITA) | Πανεπιστήμιο Κύπρου Πρόγραμμα «Μαύρος Χρυσός» | Ερευνητής |
| 3 | 2018 | Αναγνωσιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό | KES COLLEGE | Επιστημονικός Συντονιστής |
| 4 | 2014 | Monitoring & evaluation of the conservation status of habitats types of Community interest in Greece, within the Natura 2000 network | EC/ Hellenic Ministry of Environment | Μέλος Ερευνητικής Ομάδας |
| 5 | 2014 | Επίδραση της κλιματικής αλλαγής στη δασική θνησιμότητα | Ευρωπαϊκό Κοινωνικό Ταμείο (ESF-EC) & Ίδρυμα Κρατικών Υποτροφιών (I.K.Y) | Ερευνητής |
| 6 | 2010 | Forest fires under climate, social and economic changes in Europe, the Mediterranean and other fire-affected areas of the world (FUME) | EC/ FP7 | Μέλος Ερευνητικής Ομάδας |
| 7 | 2009 | Actions for the conservation of coastal dunes with Juniperus spp. in Crete and the South Aegean (JUNICOAST) | EC/ LIFE+ Nature and Biodiversity | Μέλος Ερευνητικής Ομάδας |
| 8 | 2009 | Χαρτογράφηση και μελέτη για την παρακολούθηση και εξέλιξη περιβαλλοντικών (Βιοτικών) παραμέτρων και των υδροτοπικών οικοσυστημάτων στους ταμιευτήρες του συγκροτήματος Αχελώου | ΔΕΗ Συγκρότημα Αχελώου | Ερευνητής |

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|----|------|---|---|-----------|
| 9 | 2008 | Εφαρμογή συστήματος αξιολόγησης κατάστασης διατήρησης ειδών οικοτόπων και τοπίων εντός των Εθνικών Δρυμών Βίκου-Αώου και Πίνδου | EC/INTERREG Greece-Albania | Ερευνητής |
| 10 | 2003 | Οικολογική μελέτη της χασμοφυτικής χλωρίδας που απαντάται στο αστικό τμήμα της Πάτρας | Πρόγραμμα Βασικής Έρευνας «Κ. Καραθεοδωρή» της Επιτροπής Ερευνών του Πανεπιστημίου Πατρών | Ερευνητής |

**Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.*

| Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες | | | | |
|---|-----------------|---|---------------------------------|--|
| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
| 1 | 2019-σήμερα | Annals of Silvicultural Research (ASR) Scientific Journal | Μέλος Συντακτικής Επιτροπής | Σύμβουλος σε θέματα δημοσιεύσεων και σε θέματα Δενδροοικολογίας-Αγροδασικών Οικοσυστημάτων και Διαχείρισης Χερσαίων Οικοσυστημάτων |
| 2 | 2018-σήμερα | Πανεπιστήμιο Κύπρου (Στρατηγικό Έργο Μαύρος Χρυσός) | Επιστημονικός Σύμβουλος | Σύμβουλος σε θέματα Οικολογίας Φυτών-Αγροδασικών Οικοσυστημάτων και Βιολογικής Καλλιέργειας Χαρουπιάς |
| 3 | 2018-σήμερα | Σύνδεσμος Βιοκαλλιεργητών Κύπρου | Επιστημονικός Σύμβουλος | Σύμβουλος σε θέματα Οικολογίας Φυτών και Αγροδασικών Οικοσυστημάτων για την ανάπτυξη της Βιολογικής Καλλιέργειας στην Κύπρο |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

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|------------------------------|---------------------------------|
| Ίδρυμα: | KES College |
| Επίθετο: | Σιαρλή |
| Όνομα: | Μαρκέλλα |
| Βαθμίδα: | Ανώτερος Λέκτορας |
| Πρόγραμμα Σπουδών: | Αισθητική |
| Επιστημονικό Πεδίο: * | Αισθητική – Εκπαιδευτική Ηγεσία |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|------|-------------------------------|---------------------------------------|---|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| Μεταπτυχιακό - Εκπαιδευτική Ηγεσία | 2017 | Ευρωπαϊκό Πανεπιστήμιο Κύπρου | Επιστήμες της Αγωγής | «Η σημασία του Ανθρώπινου Παράγοντα στην ανάπτυξη των Εκπαιδευτικών Οργανισμών» |
| Πτυχίο - Αισθητική | 2002 | ΤΕΙ Αθηνών | Σχολή Επαγγελματιών Υγείας & Πρόνοιας | «Λεμφική Μάλαξη» |
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| Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες | | | | |
|---|--------|-------------|----------|--|
| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
| Από | Μέχρι | | | |
| 2010 | Σήμερα | KES College | Λευκωσία | Συντονίστρια Προγραμμάτων Σπουδών Αισθητικής |

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|------|------|----------------------|---------|--|
| | | | | Τριετούς και Τετραετούς φοίτησης |
| 2003 | 2010 | The Limassol College | Λεμεσός | Συντονίστρια Προγραμμάτων Σπουδών Αισθητικής |
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| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|--|--|--|
| 1 | 2018 | «Αναγνωρισιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό» | KES College MAC Cosmetics Cyprus | Επικεφαλής – Συντονίστρια του Ερευνητικού Έργου |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|-------------|
| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | ΣΙΔΕΡΗ |
| Όνομα: | ΑΝΤΡΗ |
| Βαθμίδα: | |
| Πρόγραμμα Σπουδών: | ΑΙΣΘΗΤΙΚΗ |
| Επιστημονικό Πεδίο: * | |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|-------------|------------|---|
| Πτυχίο | 2015 | KES COLLEGE | ΑΙΣΘΗΤΙΚΗΣ | ΑΙΣΘΗΤΙΚΗ ΚΑΙ ΔΙΑΧΕΙΡΙΣΗ ΜΟΝΑΔΩΝ ΑΙΣΘΗΤΙΚΗΣ |
| Ανώτερο Δίπλωμα | 2014 | KES COLLEGE | ΑΙΣΘΗΤΙΚΗΣ | ΑΙΣΘΗΤΙΚΗ |
| Δίπλωμα | 1987 | KES COLLEGE | ΑΙΣΘΗΤΙΚΗΣ | ΑΙΣΘΗΤΙΚΗ |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-------|---------------------|----------|---|
| Από | Μέχρι | | | |
| 1997 | Παρόν | KES COLLEGE | ΛΕΥΚΩΣΙΑ | ΣΥΝΤΟΝΙΣΤΡΙΑ ΠΡΟΓΡΑΜΜΑΤΟΣ/ΑΝΩΤΕΡΟΣ ΛΕΚΤΟΡΑΣ |
| 1989 | 1991 | ΕΠΙΜΟΡΦΩΤΙΚΑ ΚΕΝΤΡΑ | ΛΕΥΚΩΣΙΑ | ΕΚΠΑΙΔΕΥΤΡΙΑ |
| 1987 | 1991 | KES COLLEGE | ΛΕΥΚΩΣΙΑ | ΑΝΩΤΕΡΟΣ ΛΕΚΤΟΡΑΣ |

| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|-----------|---------------------------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2010/2018 | Αισθητική Προσώπου I | | Εγχειρίδιο | 1 | 230 |
| 2 | 2017 | Αισθητική Ηλεκτροθεραπεία | | Εγχειρίδιο | 1 | 123 |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

| Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | |
|--|-------------------|---|-------------------------|--|
| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
| 1 | 2/2018-5/2018 | Αναγνωσιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό. | | |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

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|------------------------------|--------------------------------------|
| Ίδρυμα: | KES College |
| Επίθετο: | Σίμου |
| Όνομα: | Σίμος |
| Βαθμίδα: | Λέκτορας |
| Πρόγραμμα Σπουδών: | Διοίκηση Επιχειρήσεων |
| Επιστημονικό Πεδίο: * | Οικονομικά και Διοίκηση Επιχειρήσεων |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|---------------------|-----------------------|-------------------------------|
| MA | 1998 | Columbia University | Οικονομικές Επιστημες | Education and Economic Growth |
| BA | 1996 | Fordham University | Οικονομικές Επιστήμες | |
| Απολυτήριο | 1990 | Α' Λύκειο Κύκκου | Οικονομικός Κλάδος | |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|--------|----------------|----------|-----------------------|
| Από | Μέχρι | | | |
| 2018 | Σήμερα | KES College | Λευκωσία | Λέκτορας |
| 2016 | 2017 | Accounting Lab | Λευκωσία | Καθηγητής |
| 2015 | 2016 | Cyprus Weekly | Λευκωσία | Οικονομικός Συντάχτης |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
|-----|------------|------|------------------|------------|-------------------|
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
|-----|----------|------------|--------------------------|-----------------------|
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
|-----|------------|---------------|--|
| 1 | 1996 | Επίτιμο μέλος | ΟΔΕ International Honor Society in Economics |
| 2 | 1998 | Επίτιμο μέλος | ΚΔΠ International Honor Society in Education |
| 3 | | | |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|-------------|
| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | Σοφοκλέους |
| Όνομα: | Ξάνθη |
| Βαθμίδα: | |
| Πρόγραμμα Σπουδών: | |
| Επιστημονικό Πεδίο: * | |

* Εξειδίκευση

| Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο) | | | | |
|--|---------------|---------------------------------|--------------------------------------|--|
| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
| Phd Candidate | (2019pending) | Πανεπιστήμιο Λευκωσίας | Health and Nutrition | The impact of television food advertising on children's eating behaviour in Cyprus |
| MBA | 2004 | Maastricht School of Management | Business Administration (Management) | Strategic alliances for the prevention and control of childhood obesity in Cyprus |
| Bsc Nutrition and Dietetics | 1999 | Χαροκοπείο Πανεπιστήμιο Αθήνας | Nutrition and Dietetics | Food preservatives and cancer |
| | | | | |

| Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες | | | | |
|---|-------|---------------------------------------|---------|--------|
| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
| Από | Μέχρι | | | |
| 2017 | now | Kes College | Nicosia | Λέκτορ |
| 2010 | now | Αυτοεργοδοτούμενη Κλινική διαιτολόγος | Nicosia | |

| | | | | |
|------|------|----------------------------|---------|---------------------|
| 2000 | 2010 | MSD Pharmaceutical company | Nicosia | Ιατρικός Επισκέπτης |
|------|------|----------------------------|---------|---------------------|

| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
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| Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|--|-------------------|---------------|------------------------------|
| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|-------------|
| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | ΣΠΥΡΟΥ |
| Όνομα: | ΕΥΡΟΥΛΑ |
| Βαθμίδα: | |
| Πρόγραμμα Σπουδών: | Αισθητική |
| Επιστημονικό Πεδίο: * | |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|-------------|-------|---|
| Πτυχίο | 2015 | KES COLLEGE | | Αισθητική και Διαχείριση Μονάδων Αισθητικής |
| Ανώτερο Δίπλωμα | 2014 | KES COLLEGE | | Αισθητική |
| Δίπλωμα | 1994 | KES COLLEGE | | Αισθητική |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-------|-----------------------------|----------|------------|
| Από | Μέχρι | | | |
| 1999 | Παρόν | KES COLLEGE | ΛΕΥΚΩΣΙΑ | ΛΕΚΤΟΡΑΣ |
| 1996 | 1998 | ΙΝΣΤΙΤΟΥΤΟ ΑΙΣΘΗΤΙΚΗΣ ΜΑΡΙΑ | ΛΕΥΚΩΣΙΑ | ΑΙΣΘΗΤΙΚΟΣ |
| 1996 | 1998 | ΤΗΛΕΟΠΤΙΚΟΣ ΣΤΑΘΜΟΣ ΣΙΓΜΑ | ΛΕΥΚΩΣΙΑ | ΜΑΚΙΓΙΕΡ |

| Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|-----------|---------------------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2010/2018 | Διαδικασία Μακιγιάζ | | Εγχειρίδιο | 1 | 106 |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|---------------|---|------------------|---------------------------------|
| 1 | 2/2018-4/2018 | Αναγνωσιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό. | | |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
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| Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|--|-------------------|---------------|------------------------------|
| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|-----------------------|---------------------------|
| Ίδρυμα: | ΚΟΛΛΕΓΙΟ ΚΕΣ |
| Επίθετο: | ΦΙΛΙΠΠΙΔΟΥ |
| Όνομα: | ΑΝΤΩΝΙΑ |
| Βαθμίδα: | ΚΑΘΗΓΗΤΡΙΑ |
| Πρόγραμμα Σπουδών: | ΣΧΟΛΗ ΕΠΑΓΓΕΛΜΑΤΩΝ ΥΓΕΙΑΣ |
| Επιστημονικό Πεδίο: * | ΑΙΣΘΗΤΙΚΗ |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|--------------|---------------------------|--|
| Πτυχίο | 2015 | Κολλέγιο ΚΕΣ | Σχολή Επαγγελματών Υγείας | Αισθητική και Διαχείριση Μονάδων Αισθητικής |
| Ανώτερο Δίπλωμα | 2014 | Κολλέγιο ΚΕΣ | Αισθητικής | Αισθητική |
| Ανώτερο Δίπλωμα | 1994 | Κολλέγιο ΚΕΣ | Αισθητική | Beauty Therapy |
| Πιστοποιητικό | 2004 | Κολλέγιο ΚΕΣ | | City & Guilds International Teaching & Training Skills |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-------|-------------|----------|------------|
| Από | Μέχρι | | | |
| 1999 | 2019 | KES COLLEGE | Λευκωσία | Καθηγήτρια |
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| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|---------------------------------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2018 | Θεραπείες Σώματος Σημειώσεις | | ISBN: 97899663734146 | | |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
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| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
|-----|------------|--|------------------|---------------------------------|
| 1 | 6/2018 | Αναγνωρισιμότητα και ικανοποίηση των πελατών της MAC Cosmetics στην Κύπρο, από επαγγελματίες Αισθητικούς και το ευρύ κοινό | Kes College | Μέλος Ερευνητικής Ομάδας |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|--|------|-------|-------------|
| Ref. Number | Date | Title | Awarded by: |
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| Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
|---|------------|--------|-----------------------|
| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

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| Ίδρυμα: | KES COLLEGE |
| Επίθετο: | ΦΙΛΙΠΠΟΥ |
| Όνομα: | ΕΛΛΗ |
| Βαθμίδα: | ΛΕΚΤΟΡΑΣ |
| Πρόγραμμα Σπουδών: | ΦΑΡΜΑΚΕΥΤΙΚΗ |
| Επιστημονικό Πεδίο: * | ΦΑΡΜΑΚΟΛΟΓΙΑ ΚΑΙ ΤΟΞΙΚΟΛΟΓΙΑ |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|---|--------------|----------------------------------|
| ΦΑΡΜΑΚΟΠΟΙΟΣ (MSc) | 2014 | Veterinary and Pharmaceutical Sciences Brno | ΦΑΡΜΑΚΕΥΤΙΚΗ | ΘΕΡΑΠΕΙΑ ΚΑΡΚΙΝΟΥ ΤΟΥ ΠΑΓΚΡΕΑΤΟΣ |
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Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|----------|-----------------------|----------|--|
| Από | Μέχρι | | | |
| Φεβ 2017 | Σήμερα | University of Nicosia | Λευκωσία | Καθηγήτρια εργαστηρίων |
| Σεπ 2017 | Σήμερα | Kes College | Λευκωσία | Λέκτορας |
| Απρ 2015 | Σεπ 2016 | Cycon Chemicals LTD | Λευκωσία | Υπεύθυνη χονδρεμπορίου και Φαρμακοεπαγρύπνησης |

| Κύρια άρθρα σε επιστημονικά περιοδικά <u>με κριτές</u> , μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--------|------------------|---|-------|------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|--|------------|------|------------------|------------|-------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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| Βραβείσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
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| Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | |
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| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|------------------------------------|
| Ίδρυμα: | KES College |
| Επίθετο: | Χατζησυμεού |
| Όνομα: | Παναγιώτης |
| Βαθμίδα: | Ανώτερος Λέκτορας |
| Πρόγραμμα Σπουδών: | Ξενοδοχειακά |
| Επιστημονικό Πεδίο: * | Ξενοδοχειακά/ Γαστρονομικές Τέχνες |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--|------|------------------------------------|-----------------|--|
| M.A. [Hons] Hospitality & Culinary Arts Management | 2008 | Middlesex University, UK | Business School | <i>Corporate Social Responsibility in the Hotel Industry of Cyprus</i> |
| B.A. [Hons] Hospitality Management | 2001 | Middlesex University, UK | Business School | <i>Motivating People in the Catering Industry</i> |
| HND in Culinary Arts | 1973 | Hotel & Catering Institute, Cyprus | Hospitality | |

Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|-------|----------------------|-----------|-----------------------|
| Από | Μέχρι | | | |
| 2007 | 2019 | KES College | Nicosia | Programme Coordinator |
| 1985 | 2006 | Cyprus Airways | Larnaca | Head of Catering |
| 1980 | 1985 | Hilton International | Worldwide | Executive Chef |

Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
|-----|------|---|---|--|-------|---------|
| 1 | 2018 | Increase in the efficiency of Functioning of Processing lines Based on the System Analysis of Stability of Specific Operations. | Aleksanyan I.Yu., Titov E.I., Nugmanov A.Kh.-Kh., Kalmanovich S.A., Maksimenko Yu.A., and Hadjisimeou P | Foods and Raw Materials:. DOI: 10.21603/2308-4057-2018-1-163-171. | 6(1) | 163-171 |
| 2 | 2017 | Hydrocolloid effect on the stabilization of vegetable purees in the process of freezing, refrigerating and defrosting | Petrov A.N., Hadjisimeou P, Aleksanyan I.Yu., Titov L.M., Nugmanov A.Kh.-Kh. | Under submission in Food and Raw Materials, University of Astrahan | | |
| 3 | 2017 | Rempetiki Kouzina | | The book specializes on a specific type of Greek food with its roots from Asia Minor | | |
| 4 | 2016 | The scientific work of young people is the effective education, strong society | | Conference Ukraine March 2016 Kharkiv College of Trade and Economics (Kiev National Trade and Economic University) | | |
| 5 | 2011 | Certification of Professional Chefs | Cyprus Industrial Authority | ISBN: 978-9963-43-858-7 | | |
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| Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10)) | | | | | |
|---|-------------------|-------------|-------------------------|-------------------|--------------------------|
| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

| Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | |
|--|-------------------|---------------|-------------------------|--|
| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
| 1 | 2018-2020 | PECVET | ERASMUS | Special teacher |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
|-----|------------|-------------------------------------|--------------------------|--|
| 1 | 1997-2017 | Eurotoques Chef's Association | President | Chefs Association |
| 2 | 1998-today | Consultant | Senior Advisor | Hospitality & Management Consultant |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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Σύντομο Προφίλ Ακαδημαϊκού Προσωπικού / Σύντομο Βιογραφικό Σημείωμα

| | |
|------------------------------|-------------------------------------|
| Ίδρυμα: | KES College |
| Επίθετο: | Χριστοδούλου |
| Όνομα: | Νταϊάνα |
| Βαθμίδα: | Λέκτορας |
| Πρόγραμμα Σπουδών: | Αισθητική Γυμναστική - Κινησιολογία |
| Επιστημονικό Πεδίο: * | Φυσική Αγωγή |

* Εξειδίκευση

Ακαδημαϊκά Προσόντα / Τίτλοι Σπουδών (οι καταχωρήσεις να γίνουν αρχίζοντας από τον πιο υψηλό τίτλο)

| Ακαδημαϊκός Τίτλος | Έτος | Ίδρυμα | Τμήμα | Τίτλος Διατριβής |
|--------------------|------|--|----------------|--|
| Διδακτορικό | 2011 | School of Doctoral Studies - Semmelweis University | Sports Science | Social Status of Qualified PE Teachers in Cyprus |
| Μεταπτυχιακό | 2007 | Semmelweis University | Sports Science | Sport students' opinion about deviant behaviour |
| | | | | |
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Ιστορικό Εργοδότησης – να καταχωρηθούν οι τρεις (3) πιο πρόσφατες

| Περίοδος Εργοδότησης | | Εργοδότης | Τόπος | Θέση |
|----------------------|--------|---------------------------|----------|------------|
| Από | Μέχρι | | | |
| 2016 | Σήμερα | Αθλητικό Γυμνάσιο Έγκωμης | Λευκωσία | Καθηγήτρια |
| 2017 | Σήμερα | | Λευκωσία | |

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|------|--------|--------------------------------------|----------|--|
| 2010 | Σήμερα | Υπουργείο Παιδείας - Επιμορφωτικά | Λευκωσία | |
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| Κύρια άρθρα σε επιστημονικά περιοδικά με κριτές, μονογραφίες, βιβλία, εκδόσεις συνεδρίων. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10)) | | | | | | |
|--|------|--|------------------|--|-------|---------|
| A/A | Έτος | Τίτλος | Άλλοι συγγραφείς | Επιστημονικό Περιοδικό και Εκδότης / Συνέδριο | Τόμος | Σελ. |
| 1 | 2010 | The Status of Physical Education in Cypriot Schools | - | <i>Physical Culture and Sport Studies and Research</i> | 50 | 110-117 |
| 2 | 2010 | Health Awareness and Sporting Behaviour of Qualified Cypriot Physical Education Teachers | - | <i>Biomedical Human Kinetics</i> | 2 | 54-57 |
| 3 | 2009 | Cypriot PE Teachers' Opinions on Occupational Prestige and Social Capital | - | <i>Physical Culture and Sport Studies and Research</i> | 46 | 116-122 |
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Εκθέσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Θέμα | Διεθνής / Τοπική | Τοποθεσία* | Ρόλος στην Έκθεση |
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* Να καταχωρηθεί ο χώρος, η πόλη κ.τ.λ.

Ερευνητικά Projects. Να καταχωρηθούν τα πέντε (5) πιο πρόσφατα και άλλα πέντε (5) επιλεγμένα – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Επιχορήγηση Από: | Ρόλος στο Ερευνητικό Projects * |
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*Ρόλος στο Ερευνητικό Project: πχ Επιστημονικός Συντονιστής, Μέλος Ερευνητικής Ομάδας, Ερευνητής, Βοηθός Ερευνητής, άλλα.

Συμβουλευτικές Υπηρεσίες ή/και Συμμετοχή σε Συμβούλια / Επιτροπές - Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες

| A/A | Περίοδος | Οργανισμός | Τίτλος Θέσης ή Υπηρεσίας | Κύριες Δραστηριότητες |
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Βραβεύσεις / Διεθνείς Διακρίσεις (όπου εφαρμόζεται). Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| Ref. Number | Date | Title | Awarded by: |
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| 1 | 2015 | Ομοσπονδιακή Προπονήτρια Ρυθμικής Γυμναστικής Ειδικών Ολυμπιακών | Οι αθλήτριες μου έλαβαν 1 χρυσό 2 αργυρά και 1 χάλκινο στους Παγκόσμιους Ειδικούς Ολυμπιακούς στο Λος Άντζελες |
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Άλλες Διακρίσεις. Να καταχωρηθούν οι πέντε (5) πιο πρόσφατες και άλλες πέντε (5) επιλεγμένες – (μέγιστος αρ. δέκα (10))

| A/A | Ημερομηνία | Τίτλος | Κύριες Δραστηριότητες |
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